Considering how cold and wintry it was, the first meeting of the year for the Harbour W.I. was very well attended with over 70 members and 5 guests. The speaker for the afternoon was Brian Freeland who gave the Ladies an interesting talk on the history of Eastbourne's Theatres. He'd had a career as a Theatre Manager, having started as a trainee at the London Palladium, so he knew a good theatre from a bad one and the Ladies forgave him when he said that none of Eastbourne's Theatres were particularly good or well designed! He went on to explain that the Devonshire Park is 'pretty but impractical', the Hippodrome is falling down and the Congress was only built to last 50 years which is up this year! He suggested that they should all be demolished and have a new purpose built Theatre. He finished by saying – "We deserve something better!"

The Craft Club postponed their January meeting because of the snow but will meet again next month at Pevensey Bay Baptist Church on 18th February to make decoupage cards. Twenty-one members of the Lunch Club enjoyed a delicious lunch at the Hydro on the 23rd January and the 4th Monday Club met on 28th January in Simply Italian for a book review discussion on Jenny Éclair's book – 'Life, Death and Vanilla Slices'.

Social Secretaries, Beryl Lloyd-Jones and Pauline Hale told the Ladies about trips and outings planned for the coming months – an afternoon shopping trip to Shoreham on February 21st, a matinee performance of 'Midnight Tango' on March 14th at the Congress and Afternoon Tea and a 'Bring and Buy' at the Langham Hotel on April 4th – all of these outings are already very well supported!

The meeting in February will be on the 11th and the speaker, Pam Goodall is giving a talk on the demise of our High Streets entitled 'The Tesco Effect'

The Harbour W.I. has reached a maximum for the premises where it is held, but visitors are welcome by prior arrangement with Frances Harrap on 01323 472649.

President, Gill Nokes, welcomed nearly 80 Members and guests to the monthly meeting of the Harbour W.I. on 11th February. They had expected their speaker, Pam Goodall, to give a talk entitled 'The Tesco Effect' about the demise of our High Sreets. Instead, she told the Ladies about her trip round the world – on a bike! – alone!! – at the age of 59!!! Her reason for doing it? It seemed like a good idea at the time!

She cycled over 10,000 miles, through 22 countries in just over 12 months and had some fascinating tales to tell. Including a bike crash in India at 5am when a truck driver picked her up with her wrecked bike, drove her in complete silence for 5 hours to a man who repaired her very expensive bike in under 24 hours for the equivalent of 20p! She had been warned against dangerous fundamentalists in Pakistan but again only encountered nice people who wanted to drink tea with her and hear her stories. Pam also spoke of the amazing kindness and generosity shown by nearly everyone she met; the help and cooperation she received from all the officials she came in contact with - that was until she arrived in the USA! They forgot to give her an entry permit when she arrived from Hong Kong and when she reached the Texas border without it they confiscated her bike and passport and locked her up for 2 hours in handcuffs and chains!!

The afternoon continued with social Secretaries, Beryl Lloyd-Jones and Pauline Hale telling the Ladies about trips and outings planned for the coming months – a matinee performance of 'Midnight Tango' on March 14th at the Congress and Afternoon Tea and a 'Bring and Buy' at the Langham Hotel on April 4th. The Annual Council Meeting for the East Sussex Federation is at the Winter Gardens on the 25th March. This clashes with the date of the 4th Monday Club which may or may not be held depending on how many go to the A.C.M.

The Craft Club met at Pevensey Bay Baptist Church on 18th February to make decoupage cards with Christine French. The meeting on the 18th March is extended from 10am – 2pm to give Mary Unsworth time to show the Ladies how to crochet! [Crochet for Beginners!]

The Shoreham shopping trip on the 21st February was a great success. 22 Ladies took their plastic [and cash] to Marks&Spencer and Next to view the Spring and Summer merchandise. This was followed by the 4th Monday Club meeting in Simply Italian on the 25th February for a selection of short quizzes with Pat Lake – with a break for coffee/tea and Danish! – and the Lunch Club went to 'Buffet Club' in Terminus Road for lunch on the 27thMarch. Next month's Lunch Club is meeting at the King's Head in Horsebridge.

The Harbour W.I. meets in the Sovereign Suite of the Sovereign Harbour Yacht Cub on the second Monday of the month at 2pm. The meeting on the 11th March will be about 'Tastes of Gourmet Food for the Freezer' – a talk by Jane and Duncan Clarke from 'Cook of Lewes'.

The Harbour W.I. has reached a maximum for the premises where it is held, but visitors are welcome by prior arrangement with Frances Harrap on 01323 472649.

Due to a snow blizzard, the March meeting of the Harbour W.I. was cancelled; but the Craft Club on the following Monday went ahead as usual with a good turn-out to learn how to crochet with Mary Unsworth from Westham W.I.. They are hoping to make 'stitch and pin' cards at their April meeting. The Craft Club meets at the Pevensey Bay Baptist Church every third Monday of the month at 2pm.

The snow also stayed away for the Lunch Club to go to Horsebridge for a very nice lunch in the King' Head on the 13th March and a visit to a Matinee performance of 'Midnight Tango' at the Congress Theatre on the following day.

The ACM of the East Sussex federation was held at the Winter Gardens on the 25th March. Ten members of the Harbour W.I. attended, with two of them, Heather Hyrapiet and Pat Pearce in charge of the W.I. produce stall, which sold out!

Coming up, the Harbour W.I. are holding a 'Bring and Buy' and Afternoon Tea at the Langham Hotel on the 4th April – always very popular – and the Lunch Club are having lunch at Pasha on the 23rd April. A trip to Canterbury is planned for May, a Garden Centre in June, Chartwell in August and Winchester Christmas Market in November. So lots to look forward to!

The Harbour W.I. meets in the Sovereign Suite of the Sovereign Harbour Yacht Cub on the second Monday of the month at 2pm. The meeting on the 8th April is entitled 'Kill or Cure' – a talk by Lady Teviot about medicine in the 19th century.

The Harbour W.I. has reached a maximum for the premises where it is held, but visitors are welcome by prior arrangement with Frances Harrap on 01323 472649.

The teas at the Langham Hotel seem to get better and better as the Harbour W.I. held their annual 'Bring and Buy' and cream tea there again on the 4th April. There were about 50 Ladies and the sale raised over £100 which will be split between the Harbour W.I. and Denman College.

On the following Monday approximately 70 Ladies met for the April Meeting with the speaker, Lady Teviot, giving a talk about medicine in the 19th Century. It was entitled 'Kill or Cure' and it soon became apparent why! Lady Teviot spoke about the various causes of death recorded when it became law to have the death certificate signed by a doctor in 1873. These included 'Visitation of God', 'Indiscreet Bathing' and 'The King's Evil'. The remedies for these illnesses were obviously not very effective as the average life expectancy for men was only 40 and women 42! We are so lucky now to have the NHS. We must look after it!

The Meeting was chaired by Programme Secretary, Jacquie Frost in the absence of President, Gill Nokes. Social Secretary, Beryl Lloyd-Jones told the Ladies about events for the future. The Craft Club is held on the third Monday of each month at Pevensey Bay Baptist Church and the Fourth Monday Club is held in Simply Italian. This month they intend holding a 'Beetle Drive'. The Lunch Club is going to Pasha on the 30th April and Charmers on the 15th May. There is an outing to Canterbury planned for the 4th June and a trip to the theatre to see 'Priscilla Queen of the Desert' at the Congress Theatre on the 15th August. With a visit to Winchester Christmas Market and the Christmas Lunch already earmarked for Cooden Beach Hotel, the Ladies have a busy time ahead.

Member Heather Hyrapiet asked if anyone would be interested in forming the 'Harbour W.I. Choir' and had a good response. They will now look for somewhere to practice.

The Harbour W.I. meets in the Sovereign Suite of the Sovereign Harbour Yacht Cub on the second Monday of the month at 2pm. The meeting on the 13th May is the Resolution Meeting with a discussion and vote, followed by a light-hearted quiz.

The Harbour W.I. has reached a maximum for the premises where it is held, but visitors are welcome by prior arrangement with Frances Harrap on 01323 472649.

The Harbour W.I. met in the Sovereign Suite of the Sovereign Harbour Yacht Club on the second Monday of the month at 2pm. The meeting on the 13th May was the Resolution Meeting with a discussion and vote, followed by a discussion and vote on the changes to the National Federation's Constitution. The main changes were due to modern technology. A light-hearted quiz devised by Carole Kilby rounded the afternoon off with the winning table taking home a bottle of wine each!

Chris French showed the Ladies at the Craft Club how to do stamping and embossing [combined with scrap booking] on the 20th May at Pevensey Bay Baptist Church Hall. Chris also organised a 'Beetle Drive' for the 4th Monday Club which was held at Simply Italian. Two very enjoyable lunches were arranged for the Lunch Club. The first was to Pasha's on the 30th April, for a taste of Turkey! The second was to The Fish Restaurant in North Street on the 15th May. Social Secretary, Beryl Lloyd-Jones, informed the Ladies of future events. The 4th Monday Club will meet on the 24th June for a Scrabble Tournament and Jan Field will host her annual Afternoon Tea Party in her garden on the 24th July. The proceeds will go to St. Wilfred's Hospice.

The next meeting will be on the 10th June at 2pm when the speakers will be the Kent, Sussex and Surrey Air Ambulance. The sales table will be a 'Produce Table', with the proceeds going to the Air Ambulance.

The Harbour W.I. has reached a maximum for the premises where it is held, but visitors are welcome by prior arrangement with Frances Harrap on 01323 472649.

Decorating cup cakes kept 12 Ladies from Harbour W.I. Craft club very busy when they met on the 17th June. Under instructions from member, Heather Hyrapiet they had great fun with sugar paste, paint, dusting powder and all of Heather's many stamps and moulds! It was all edible but ended up looking too pretty to eat! The Craft Club is held on the third Monday of each month at Pevensey Bay Baptist Church. Next month they are being shown how to do 'Blackwork Embroidery' by Christine French,

At the meeting on the previous Monday the Ladies held a minutes silence in memory of Maureen Chesterman, a founder member and former committee member who died suddenly on the 19th May. Maureen was a fun loving member with a wicked sense of humour and will be very much missed.

Approximately 70 Ladies met for the June Meeting with a speaker from the Kent, Sussex and Surrey Air Ambulance telling the Ladies all about the great work carried out by the Charitable Trust with photographs and illustrations. The second half of the meeting had one of their own members, Jenny Walker, who gave a very lively account of her life as an artist in Art Design.

Social Secretary, Beryl Lloyd-Jones told the Ladies about events past and for the future. The outing to Canterbury on the 4th June was very enjoyable. The Fourth Monday Club is held in Simply Italian. This month they intend holding a 'Scrabble afternoon'. The Lunch Club went to The Smugglers in Pevensey on the 19th June and have a Cream Tea in member, Jan Field's garden on the 24th July with proceeds going to St. Wilfred's Hospice. A Chef's Demo and Lunch at the Langham Hotel is on the 14th August and a trip to the theatre is planned for 15th August to see 'Priscilla Queen of the Desert' at the Congress Theatre. With a visit to Winchester Christmas Market and the Christmas Lunch already earmarked for Cooden Beach Hotel, the Ladies have a busy time ahead.

The Harbour W.I. meets in the Sovereign Suite of the Sovereign Harbour Yacht Cub on the second Monday of the month at 2pm. The meeting on the 8th July will bring back a very popular speaker, poet Joan Harding to give a talk entitled 'World beyond Poetry'.

The Harbour W.I. has reached a maximum for the premises where it is held, but visitors are welcome by prior arrangement with Frances Harrap on 01323 472649.

THE HARBOUR W.I.

At the Meeting of the Harbour W.I. on 8th July the Ladies were told that a cheque for £167.20 was sent to the Kent, Sussex and Surrey Air Ambulance from the June Meeting. Dorothy Pageant from Sovereign W.I. who was the East Sussex delegate at the National W.I. AGM in Cardiff then followed with a précis of the event and spoke about how moving it was when 4,000 Members sang 'Jerusalem'.

The speaker for the afternoon was Joan Harding who gave another of her lovely talks about her late start in life – learning to read and write – becoming a published poet! – and learning to drive at the age of 43! She was a real inspiration and her poems were lovely.

The Craft Club met at Pevensey Baptist Church the next Monday with Chris French teaching them 'Blackwork Embroidery', and the 4th Monday Club met in Simply Italian for a very enjoyable quiz afternoon arranged by Phyllis Cooksley and Sylvia Williams. [There will be no Craft Club or 4th Monday Club in August.]

On the 24th July, 35 members of the Luncheon Club enjoyed a very pleasant Strawberry Cream Tea in member Jan Field's garden in aid of the St.Wilfred's Hospice. The weather was marvellous and members were able to enjoy Jan's beautiful garden as well as the numerous home-made cakes and scones on offer! With a raffle and cake sale adding to the entrance fees, Jan was able to send a very healthy donation of £230 to the Hospice. The next Luncheon Club meeting is at the Langham Hotel on the 14th August. This lunch will include a Chef's demo.

The following day, on the 15th August, the Ladies will enjoy a trip to the Congress Theatre to see 'Priscilla Queen of the Desert'. There's an outing to Rye and Tenterden on Thursday the 26th September – Market Day! – and also a trip to the Christmas Markets in Winchester on Tuesday 26th November. The Christmas Lunch is booked again at the Cooden Beach Hotel on the 11th December. The end of another year!

The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm. Next month the meeting will be held on the 12th August when the speaker, Mr.D.Marsh, will be giving a talk on 'Your Daily Pinta' – from the cow to the table.

The Harbour W.I. has reached a maximum for the premises where it is held, but visitors are welcome by prior arrangement with Frances Harrap on 01323 472649

Information is also available on the S.H.R.A. website.
www.shra.co.uk/wi

THE HARBOUR W.I.

The Ladies of the Harbour W.I. were treated to two speakers at their August meeting. David Marsh ex-Milk Marketing Board scientist gave the Ladies a fascinating talk about the history and progression of milk in our lives. Right from when the Romans made cheese with it – until today when it is an important part of our diet. Nowadays a great deal of our milk comes from France and Poland – daily! – We are not self-sufficient any more, which was quite a shock. We've all got it in our fridges and most of us buy from the supermarkets. They use it as a 'loss leader' to encourage us to shop with them. How we're manipulated! The second speaker was Sylvia Baker, a member of Hove W.I. who carried the Olympic torch last year at the age of 87! She intends to visit as many W.I.s as she can by using her bus pass to tell them about her amazing experience and to raise money for charity. Her journey to the Harbour by bus was certainly memorable. The bus broke down and left her stranded! Then, when she eventually got to the Harbour, she realised that she had left her jacket on the bus!! After a cup of tea and a sit down, Sylvia told the Ladies how her daughter had put her name forward because she had been a swimming teacher. When filling in the application, for 'sexual orientation' she had put – 'past it'! Sylvia said that when the sponsors wrote and told her she had been chosen, they said – "This is your moment to shine", but she said the 'moment' keeps going on and on. She's had the best year of her life. – And raised a lot of money! August turned out to be a busy month for the Harbour W.I. in spite of there being no Craft Club or 4th Monday Club meetings. These will be resumed in September. The Craft Club will meet at Pevensey Bay Baptist Church on the 16th September to make items to sell for funds for the Club and the 4th Monday Club will meet in Simply Italian on the 23rd September. The Lunch Club enjoyed a demonstration by Michael Titherington - Head Chef at the Langham Hotel - followed by a delicious lunch on the 14th August and go to the Star at Norman's Bay in September. The Trip to the Congress Theatre to see 'Priscilla Queen of the Desert' on the 15th August finished off the month nicely! Coming up there's an outing to Rye and Tenterden on Thursday the 26th September – Market Day! – And also a trip to the Christmas Markets in Winchester on Tuesday 26th November. Christmas Carols are on the 6th December and the Christmas Lunch is booked again at the Cooden Beach Hotel on the 11th December. The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm. Next month the meeting will be held on the 9th September when the speaker, Oliver Symons, will be giving a talk on 'Covent Garden – In and Around the Royal Ballet'. The Harbour W.I. has reached a maximum for the premises where it is held, but visitors are welcome by prior arrangement with Frances Harrap on 01323 472649

THE HARBOUR W.I.

Speaker Oliver Symons asked for 'a bit of space' when he arrived to talk to the Ladies of the Harbour W.I. at their September meeting. They soon found out why as he moved around to demonstrate his wonderful agility as a former dancer with the Royal Ballet. He started dancing when he was 11years old and joined the Royal Ballet at the age of 17. He was then with them for over 60 years, travelling all over the world and meeting lots of famous and interesting people. Dame Margot Fonteyn made him a cup of tea when he fell into the orchestra pit whilst playing a rat in Cinderella! He had the Ladies enthralled with his tales of the ups and downs of being a dancer, a teacher, choreographer and advisor at the Royal Ballet. He once did a 'Clog Dance' dressed as a Dame in a Liverpool shopping centre on a Saturday afternoon!

After the break, one of the Members, Judy Latter, gave a short talk about 'The Day I Met the Queen'. President, Gill Nokes, wants the Ladies to get to know more about each other and has asked Members to give short talks on anything interesting they have done in their lives.

The Craft Club met at Pevensey Bay Baptist Church on the 16th September to make items to sell for funds for the Club and the 4th Monday Club will meet in Simply Italian on the 23rd September for a ' Knit and Natter' afternoon. The Lunch Club are going to the Star at Norman's Bay on the 30th September. Also coming up, there's an outing to Rye and Tenterden for Market Day on Thursday the 26th September; a trip to the Christmas Markets in Winchester on Tuesday 26th November; Christmas Carols are on the 6th December and the Christmas Lunch is booked again at the Cooden Beach Hotel on the 11th December.

The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm. Next month the meeting will be held on the 14th October. It is the 6th Birthday for the Harbour W.I. and they are having a special '40's tea', followed by actor Tony Harris continuing the theme by dressing the part for a talk entitled 'Kiss Me Goodnight Sgt. Major'! The Harbour W.I. has reached a maximum for the premises where it is held, but visitors are welcome by prior arrangement with Frances Harrap on 01323 472649

THE HARBOUR W.I.



It was like stepping back in time when the Ladies of the Harbour W.I. met on the 14th October to celebrate their 6th Birthday! Most of them dressed in '40's' Style, influenced by the speaker, Tony Harris, who gave a talk entitled "Kiss Me Goodnight Sgt Major". He dressed for the part in his father's old army uniform and told the story of his Dad's life as a volunteer in 1939, right through to the D-Day landings on June 6th 1945. He had been a 'Royal Engineer' [which meant, according to Tony, that he blew things up!] – so he had been one of the first wave in on the 6th June. He told some sad and, sometimes, very amusing stories that his father had told him. He then judged a competition for the 'Best 40's Outfit'. It was won by Rosalind Bainbridge in an authentic outfit – her own from that era! (She is 91!)



The afternoon carried on with the '40's' theme with a tea supplied by the catering team led by Pat Pearce. They served up delicious sandwiches and cakes – maybe not quite what they would have had during the war!

The outing to Rye and Tenterden on the 26th September was a great success on a lovely Autumn day and the Lunch Club went to the Star Inn on the 30th September for a tasty carvery. The Craft Club met at Pevensey Bay Baptist Church on the 21st October to learn how to do 'Chicken Scratch Embroidery' under the guidance of Pat Chatterton and the 4th Monday Club will meet in Simply Italian on the 28th October for Bingo. The Lunch Club are

going to ‘Solo Pasta’ on the 31st October and ‘The Marine’ on the 20th November to see their wonderful Christmas lights. There is a trip to the Christmas Markets in Winchester on Tuesday 26th November; Christmas Carols are on the 6th December at St. Barnabus Church in Langney and the Christmas Lunch is booked again at the Cooden Beach Hotel on the 11th December. Busy time ahead!

The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm. Next month is the AGM, to be held on the 11th November. This will be followed by Karen Martin ‘Explaining Hypnotherapy’. The Harbour W.I. has reached a maximum for the premises where it is held, but visitors are welcome by prior arrangement with Frances Harrap on 01323 472649

Information is also available on the S.H.R.A. website.
www.shra.co.uk/wi

THE HARBOUR W.I.

Christmas hasn't stopped for the Ladies of the Harbour W.I.! They had their first 'Christmassy Lunch' on the 20th November in the very festive setting of the Marine in Eastbourne, surrounded by hundreds of fairy lights. This was followed by a trip to Winchester to the Christmas markets on a lovely crisp, sunny day on the 26th November. The markets were set in the square of the beautiful Winchester Cathedral, and the ice rink and the 'nip in the air' were a good excuse for a warming glass of mulled wine!

The committee meeting on the 2nd December was held at Programme Secretary Jacquie Frost's home, where she very kindly cooked them all lunch – with more mulled wine!! And at the 9th December Meeting the Ladies were met at the door with a glass of sherry and then, after the business part of the meeting, were entertained by two accordionists, Rita Allcorn and Theresa Heyward, playing traditional Christmas songs followed by mince pies and MORE MULLED WINE!!

A 'Guess the Weight of the Cake' competition – with a beautiful cake made and donated by member, Rita Nunn - a 'Name the Fluffy Dog' competition and a 'Best Christmas Hat' competition all added to the fun afternoon. Two days later, on the 11th December, the Harbour W.I. had their annual Christmas Lunch at Cooden Beach Hotel. This nicely finished off a very busy lead up to Christmas.







The Harbour W.I. meets every 2nd Monday of the month in the Sovereign Suite of the Sovereign Yacht Club at 2pm. Next month, on the 10th January, speaker, David Clark, is giving a talk about the 'Last Voyage of the Queen Mary' – a look back at this historic moment. The Craft Club meet in the Baptist Church at Pevensey Bay on the 3rd Monday of every month. The meeting on the 20th January is going to be a discussion meeting to prepare to make items to sell for funds for the Club. There will be more

information about January's Lunch Club and the 4th Monday Club at the next meeting.

The Harbour W.I. has reached a maximum for the premises where it is held, but visitors are welcome by prior arrangement with Frances Harrap on 01323 472649