WATERLINES

Digital Newsletter of Sovereign Harbour Residents Association

www.shra.co.uk

No. 65 April 2026

Rajendra Pisavadia

Welcome to the April issue of *Waterlines*.
Best viewed on a tablet, laptop or PC, or when printed.
Feedback by email welcome to:
waterlines@shra.co.uk

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Our thanks to the companies above for their generous sponsorship of SHRA and *Waterlines* in 2026. If you are interested in becoming a sponsor with an annual donation please see page 4.

The Annual Rentcharge

The SHRA has received responses from both Premier and the Sovereign Harbour Trust addressing some of the points raised in our letters of December 22nd 2025. We have arranged a meeting with Premier for next week in order to discuss our concerns further.

The Sovereign Harbour Trust and the Sovereign Harbour (Sea Defences) Community Interest Company (CIC) now has a vacancy for a homeowner director and we have asked if they will accept a nomination from SHRA. (The CIC is owned by the SHT and the board members are the same for both organisations).

Three SHRA committee members accepted an invitation from Josh Babarinde MP to visit Parliament to watch him question the DEFRA minister about the Rentcharge (see report and transcript below). We're hopeful that a meeting may be arranged in order for this to be discussed at ministerial level.

Harbourside House

We continue to engage with the site managers for the Maris View care home and the McCarthy Stone development. We've recently requested that their contractors park more carefully between the surgery roundabout and the Yacht Club as we've had a number of complaints regarding dangerous parking. We have a meeting arranged with the Maris View management prior to their opening.

Fishermans Quay

We continue to monitor the tidiness of the Fishermans Quay area with a marked improvement.

McCauley Place Open Space

We've been in correspondence with Stratton, the developers of McCauley Place and we've been informed that responsibility for the open space has been accepted by EBC.

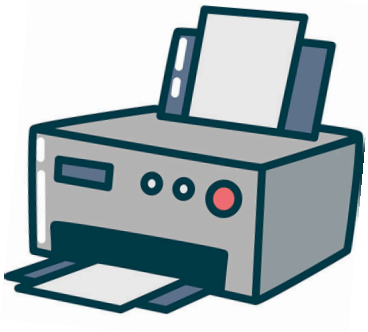
EBC Consultation on Draft Eastbourne Local Plan

We'll shortly be issuing a member update inviting views on the draft Eastbourne Local Plan.

New SHRA Committee Member

We've co-opted a new recruit to the Committee – welcome to Lisbet Stuer-Lauridsen who we feel will be an asset.

Please consider printing copies of *Waterlines* to hand to neighbours who may not use the Internet.



SHRA Takes the Fight for Fairer Sea Defences to Parliament

By Lisbet - SHRA Committee Member

On a beautiful, sun-drenched Thursday, March 19, representatives from the Sovereign Harbour Residents Association (SHRA) headed to the heart of Westminster to witness a pivotal moment in our ongoing campaign for fairness.

Keith, Mandy, and I caught the early 6:28 AM train from Eastbourne, arriving in a London filled with blooming spring trees and a sense of purpose. We were there as invited guests of our MP, Josh Babarinde OBE, to hear him speak up for Sovereign Harbour residents on the floor of the House of Commons.

Standing Up for the Sovereign Harbour Residents



At 9:30 AM, Josh took our case directly to the Minister. He highlighted the unique and unfair burden placed on our community, noting that Sovereign Harbour is the only marina of its kind in the UK where residents—rather than the Government—are expected to pay for their own sea defences.

With this year's charges seeing a staggering 16% increase, Josh pressed the Minister for a formal review. We are thrilled to report that his persistence is paying off: he is now working to secure a face-to-face meeting between the Minister and SHRA representatives within the next couple of months.

A Day of Teamwork and Tradition

The highlight of the trip was hearing Josh mention SHRA's presence in the gallery during the debate, ensuring our voices were literally in the room where decisions are made. Following the session, Josh kindly hosted us for a guided tour of Parliament, where we had an insightful and productive discussion about the next steps for our community. It is truly heartening to have an MP who is so dedicated to our cause.



To cap off the day, we enjoyed a sunny walk along the Thames (right) and a quick lunch before catching the 14:24 PM train back from Victoria.

After 20,700 steps and hours of productive advocacy, we returned to Eastbourne feeling tired but inspired. This wasn't just a political mission; it was a wonderful team-building day that has brought us one step closer to securing a fairer arrangement for all Sovereign Harbour residents.

The video of the proceedings in the House of Commons can be viewed at: https://www.parliamentlive.tv/Event/Index/ee3367ce-727d-4337-9915-2333adafa143

Transcript - House of Commons - Thursday 19 March 2026.
The Secretary of State for Environment, Food and Rural Affairs was asked—

Private Sea Defences: Charges - **Josh Babarinde, Eastbourne (LD)**
If she will make an assessment of the potential merits of reviewing private sea defence charges. (908367).

Emma Hardy, Parliamentary Under-Secretary of State
We are committed to supporting coastal communities, and that is why, between April 2024 and March 2026, over £600 million has been invested in protection from sea flooding, tidal flooding and coastal erosion.

Josh Babarinde
Sovereign Harbour in Eastbourne is the only marina of its kind in Europe; thousands of residents, rather than the Government, have to cover the cost of sea defences through an annual charge. The charge this year increased by 16%—way more than inflation—and there is poor transparency as to why. Will the Minister meet me and representatives of the amazing Sovereign Harbour Residents Association, who are in the Gallery, to hear more about the issues with the harbour charge, and to help us secure a fairer arrangement?

Emma Hardy
The annual sea defence charge is a legal obligation that was placed on property owners in Sovereign Harbour in 1988, so it was introduced under Thatcher and was unchanged under the coalition. It contributes to the maintenance of the harbour and the sea defences on the south coast between Pevensey Bay and Eastbourne. We spent nearly £5 million this year, and plan to invest over £100 million over the next decade. Of that £5 million, £400,000 comes from the rent charge in 2026-27. We have also secured record funding of £1.4 billion for over 600 flood schemes across all regions in England.



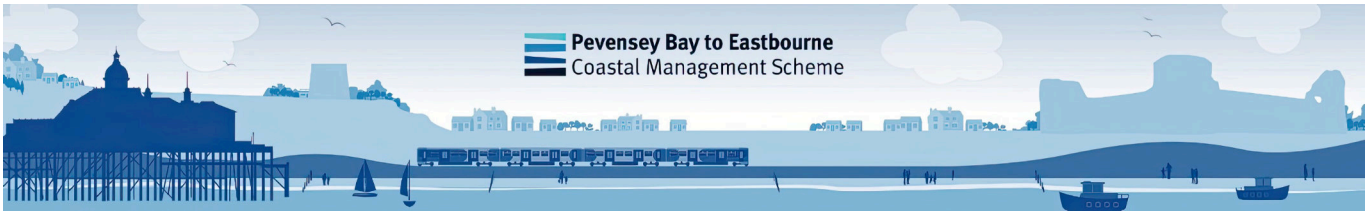
A GREAT OPPORTUNITY TO PROMOTE YOUR BUSINESS

SHRA offers a limited number of six annual banner sponsorships.
Sponsorship helps us meet the cost of our website, Waterlines and our work.

We currently have three banner sponsorship vacancies.
For a contribution of £150, your banner or logo (1240 × 500) including a link to your website, will be displayed for twelve months on the SHRA website homepage and five additional high-traffic pages.

Your banner will also feature on the front page of six editions of Waterlines, our bi-monthly online PDF newsletter, published from February and distributed to 1,650 email subscribers.

For more details please contact SHRA committee member Peter Hawley.
Email: peter.hawley@shra.co.uk



Pevensey Bay to Eastbourne Coastal Management Scheme. What's been happening and what's next

Short-term (2025-2027):

After a stormy start to the year, with two named storms, Goretti and Chandra, work on the beach has continued. Our dozers have been profiling the beach and rebuilding the crest, while the recycling team moves shingle from the eastern frontage back towards the harbour. This helps counteract longshore drift and keeps the maintained frontage in good condition.



The second shingle bypass of the season will be completed by the end of March. This work involves transporting material from Whitepoint to the Northeast Beach by lorry. When shingle builds up at the Eastbourne rock spur, it provides a useful source of material that we can add back into the sediment system. These bypass works usually take between 5 and 10 days.

Unfortunately, owing to severe weather conditions off the Irish Coast during February, the *Sospan Dau* has been delayed, and the planned recharge will now take place later this year.

As we approach the end of the recycling campaign, you will see other activities on the beach over the coming months. These include public safety works, such as removing loose timber and bolts from groynes and other structures along the frontage. We will also be installing new signage throughout the year. Regular beach surveys continue year-round to help us monitor conditions and maintain the beach as needed.

We would also like to share a staffing update. Paul Levitt has moved into a new role managing Operations for East and West Sussex. While Pevensey Bay remains part of Paul's wider area, Amber Carr will continue as your main Beach Manager contact. You can reach Amber at: pevenseybeachmanager@environment-agency.gov.uk

Medium-term (2027 – 2037):

We are preparing to begin the final phase of our exploratory beach investigations this spring. Specialist teams will be on the beach over the coming weeks using drilling equipment to help us understand what lies beneath the surface.

These investigations will focus on areas around several of the existing timber groynes. Developing a detailed picture of the ground conditions, and the condition of the buried sections of the timber structures, will be essential in informing the design work for future improvements.

While the work is taking place, you may notice short periods of noise and very limited closures of small beach sections. We will keep any disruption to a minimum.

Coastal Management Scheme continued from page 5

Thank you to all residents for your patience and understanding as we carry out these important works, which are scheduled to be completed before July.

In other important news, the new beach design is now entering its final stages. Look out for more information about what this means for your area later this year!

Long-term (future phases from 2037):

More than 1,000 people took part in our **community survey**, offering a rich picture of what the Pevensey Bay to Eastbourne coastline means to those who use and love it. Responses were predominantly from older residents, with people under 30 under-represented, and we're now actively working with the Coastal Schools Partnership and other educational institutions to help address this imbalance in future engagement.

The survey showed deep appreciation for the coast's beauty, wildlife, heritage, and everyday value, as well as strong concerns about climate change, erosion, flooding and water quality. These insights will play an important role in shaping the next phases of the Coastal Management Scheme.

Thank you to everyone who shared their views and experiences. The full report is available on our website: www.pevenseyandeastbournecoast.co.uk.

Further information and contact details:

Visit our webpage to subscribe to our newsletter:
www.pevenseyandeastbournecoast.co.uk

You can also follow us on social media:

Facebook: 'Pevensey and Eastbourne Coast'
Nextdoor: 'Environment Agency- Solent and South Downs'
X: 'Environment AgencySE
Or email us: pevenseyandeastbournecoast@environment-agency.gov.uk





Orienteering Event - Sat, 9th May

Southdowns Orienteers

Southdowns Orienteers a "not for profit" club run by volunteers are organising an urban orienteering event around Sovereign Harbour public footways on **Saturday 9th May 2026**. Eastbourne Borough Council and Premier Marinas have given permission for the event to take place.

The event is planned to take place **between 6pm - 8.30pm**, with up to 150 competitors taking part. Event parking and registration will be located in the Marina.



Approximately 30 temporary orienteering control markers (see image) will be placed around the harbour. These markers will be used to create 6 different courses on which competitors, starting at one-minute intervals, visit a number of the markers, in a set order, against the clock.

Being an orienteering competition the routes can't be shown in advance, but if you spot a maker in your area please come out and cheer on the competitors giving them a friendly Sovereign Harbour welcome experience.

Or better still…. **Give it go!**

Southdowns Orienteers are offering Harbour residents the chance to have a go at orienteering for free on a "Come and try it" Sovereign Harbour course where the aim would be to visit as many of the temporary orienteering control markers you can in 30 minutes or under.

Residents can take part in their everyday clothes if they are walking or may wish to wear a T-shirt (bright colour), shorts and trainers if they intend to run around. The aim is for it to be fun and provide an introduction to the sport. Children under the age of 16 need to accompanied by an adult.

To take part in this new experience, please attend the event registration, under the glass canopy by the 4 Seasons Brasserie, **between 6:15pm – 6:45pm** where you will be given a brief explanation of the rules, a map and a timing chip. Southdowns Orienteers look forward to welcoming you.

Membership of the SHRA is open to all households in owned or rented residential property located within the Sovereign Harbour estate, and owners of such residential property. The annual membership fee is £5 per person.

Join now online at:
www.shra.co.uk/join



Discounts for SHRA Members



The businesses listed below have kindly agreed to offer a discount to SHRA members **on the production of a valid SHRA membership card**. Please support these local businesses. If you are a local business who would offer a discount to our members, please email us: info@shra.co.uk

Please note that any discount is offered at the discretion of the proprietors (i.e. there is no right to a discount). A typical discount is a 10% reduction. Terms and conditions may apply (e.g. only to food or eating in, and/or only on certain days or for a limited number of persons).

• **Active Days Mobility Services** - Repair and maintenance of mobility devices such as scooters, powerchairs, wheelchairs, hoists, riser recliner chairs, pressure care equipment and profiling beds. 01424 532620 www.activedaysmobility.co.uk

• **AP-it** - Computer health checks, repairs, upgrades and data backup. Tel: 01323 887894 www.ap-it.co.uk

• **Beamers Fresh Fish, Quay Fisheries shop,** The Fishing Quay, offer 10% off the total price. All fish is sustainably sourced with some fish caught from our own boat, *Shannon LI 547*. Open every: Tues - Wed - Thur - Fri 9am - 3pm. Sat 9am - 1.30pm. Check out their Facebook page for the latest catch news... www.facebook.com/profile.php?id=100063627992105

• **Boatshed Eastbourne** - Boat Sales. 10% off brokerage through Sussex's most highly rated yacht brokers. 079200 22540 timkingston@boatshed.com www.eastbourne.boatshed.com Visit our office in the main Boat Shed.

• **CoCo Hair** - Hair and beauty salon. 16, The Waterfront. They also require proof of a Sovereign Harbour residential address. 01323 471147 www.cocohair.co.uk

• **Curry Leaf Restaurant** - 8 Susans Road, Eastbourne, BN21 3HA. On eating-in food costs only. Tel: 01323 727900 www.just-eat.co.uk/restaurants-curry-leaf-old-town

• **Listening to You** - Counselling for Individuals, Couples, Families, and Young People (with particular experience of working with Secondary School Students). £20 discount for SHRA members. Tel: 07976 399 998; e-mail: tory@listening-to-you.co.uk; website: www.listening-to-you.co.uk.

• **Osteopathy** - Michael Woodleigh BSc Hons (Osteopathy) offers this therapy, which is non-invasive and highly effective. Michael offers SHRA members a free initial consultation. For details, please contact Michael on 01323 767228 or visit: www.eastbourneosteopath.co.uk

• **Pablo's Restaurant** - The Waterfront, Sovereign Harbour, BN21 3HA. On food costs only for no more than four persons. Telephone: 01323 470400. www.pablos-eastbourne.co.uk

• **Sovereign Harbour Community Centre**. - SHRA members will receive a 20% discount from Meeting room and Hall hire bookings for their personal use* To take advantage of the discount complete our on line booking request form www.sovereignharbourcommunitycentre.com/how-to-book and let us know your SHRA Membership number (it's on your membership card). *It's not applicable for business or commercial events they wish to hold.

Cooking with Faz Razeen

Creamy Amarillo Chicken Thighs

This dish is believed to have originated in the 16th century, likely originating from Manjar Blanc, a sweet Spanish dish that was adapted into a savoury dish upon arrival in Peru. It is a staple of Peruvian cuisine today.

Ingredients



4–8 Skin-on chicken thighs
2 tbsp Olive oil
1 medium yellow or red onion, chopped
3-4 Cloves garlic, minced
2 tbsp Aji Amarillo paste
1 tsp Ground cumin
1/2 cup Chicken stock
Half cup of coconut cream or alternatively, use double cream
1 tsp Sugar (optional, to balance heat)
Salt and pepper to taste
Fresh lemon (for garnish)

Directions



Rub chicken thighs with salt and pepper, then coat thoroughly with a good portion of the ají amarillo paste. Let it marinate for at least 1 hour in the fridge.

Heat olive oil in a large frying pan over medium-high heat. Pan-fry the chicken thighs for 4–5 minutes per side until the skin is golden brown and cooked through. Remove from the pan and set aside.

Sauté Aromatics: In the same pan with the chicken fat, add a little extra oil if needed. Sauté the onion until translucent, then add garlic and cumin, cooking until fragrant, about 1 minute.



Make Sauce: Stir in the remaining ají amarillo paste and cook for 2 minutes, add the chicken stock, using a spoon to scrape up all the browned bits from the pan. Bring to a gentle simmer.

Add Cream: Pour in the coconut cream and stir until the sauce is smooth and slightly thickened. Alternatively, you can use double cream.

Simmer: Return the chicken to the pan, spooning the sauce over the top, and simmer for 5 minutes until the chicken is heated through and the flavours have blended.

Adjust Taste: if the sauce is too spicy add a teaspoon of sugar, garnish with onion rings, tomatoes and a slice of lemon and serve with rice.



Dog Behaviour

Following on from my previous article about **dog control** for which I thank you and appreciate the positive feedback I received .....

Dog behaviour is a really interesting and complex subject; it is also extremely rewarding for both the owner and the dog once it has been properly understood and practised. I teach positive reinforcement dog training, also known as Operant learning which rewards our four-legged friends for correct behaviour and appropriately chastises them for unacceptable behaviour. Simple, you would think!



Unfortunately, many dog owners do not quite understand this process. For example, a dog will quite often jump up to meet and greet you, first thing in the morning or when you have just arrived back home. This is when your dog will generally and most likely jump up against your leg and get a cuddle, a playful stroke, have their ears played with etc, great fun! But not if you want your dog to stop jumping up. You are positively rewarding your dog for this behaviour, so of course they will keep coming back for more. Some owners push the dog away to try and correct this behaviour, even more fun! Either way, your dog will be receiving friendly hand contact and verbal interaction, as an excited dog, what is not to like about that, and guaranteed to bring them back for more time after time.

If you're happy to accept this behaviour for you and your family, that's fine; however, visitors to your home, and perhaps people you meet while out and about, may regard this as undesirable behaviour and let's be honest, not everyone welcomes such attention, and for some in particular it can cause a great deal of anxiety and upset.

Some friendly free advice to address this issue: next time your furry friend jumps up at your leg, simply turn away and ignore this behaviour. You are then giving them negative feedback [a form of chastisement]. Your dog will eventually get the idea and naturally drop off your leg: time and patience are required, after all you are training your dog new skills. Immediately they drop off and have four feet on the ground, sitting or standing, praise them [positive feedback], quality treats often help at this point. You are now rewarding good and acceptable behaviour. Continue with this each time your dog jumps up, then drops off, they will quickly catch on.

Behaviour is very important, whether you choose to purchase a puppy or rehome a dog, things have to be carefully considered and depends greatly on your personal circumstances. Whichever path you choose will probably result in having a degree of ups and downs.

Taking on a dog that requires rehoming can be extremely rewarding. I would always recommend using an established and trusted rescue centre, who will check you and your domestic circumstances, for compatibility before allowing a resettlement trial period. The behaviour of any rescued dog can never be totally guaranteed as we simply do not always know its previous history. Also, please beware of any dog advertised for rehoming on social media, etc. There might be underlying reasons.

Very good friends of mine rehomed a young German Shepherd cross from a registered rescue kennels. It was understood that this dog had been abandoned and consequently left to fend for herself in the countryside with no food, water, or shelter. Nevertheless, they made the decision to go ahead and give her a chance. Initially and quite understandably the behaviour of "Tess" was very erratic to say the least, digging for worms to eat etc, the poor dog had never known what a caring, safe home environment was. It took "Tess" quite a while to adapt to her new surroundings which she has now successfully done. My friends have invested a great deal of time and effort in improving her life and behaviour. I am pleased to say that "Tess" is now really quite chilled out and a credit to my friends who have put in a huge amount of work to achieve this.



If you choose to go down the puppy route, hopefully you will have done your homework or sought professional advice before bringing your new family member home. It is quite a misconception to think that raising a cute little puppy is easy. What could possibly go wrong, you say. In reality it is really easy to get training wrong because your puppy is learning from its new family and surroundings all the time, and developing its behaviour based on what gains them the most reward. For example, simply chasing your puppy around the house to recover one of your slippers, is definitely not a good idea; what youngster does not love a game of chase. This behaviour will almost certainly lead to several other, possibly more serious, undesirable behaviours.

Unless you really know how to raise and train a puppy properly, I would always recommend seeking professional guidance in the early and formative weeks of your pup's life. Do not forget your puppy is not deliberately being naughty, they are simply performing the behaviour that prompts the most reaction from you, such fun teaching humans how to play like a puppy. Remember, prevention is always better than cure.

Behavioural problems manifest themselves in a variety of ways. Recently my wife and I were sitting in the very welcome sunshine at one of the lovely harbour restaurants enjoying the peace and quiet with a nice cup of coffee. On the opposite side of the harbour, I could see a lady with her two dogs one of which was walking beautifully by her side, the other was pulling on the lead and continually barked for no visible apparent reason. I was ever so pleased when this lady and her two dogs settled at a table quite near to us. One dog quietly laid by her feet, not making a sound, displaying wonderful behaviour, the other, angelic looking, middle-aged little rascal never settled at all but continued to bark and be disruptive. Foolishly and perhaps naively, I thought the lady would correct her dog's annoying and unacceptable behaviour; instead she constantly apologised and made many varied excuses to everyone nearby for the disruption her dog was causing.

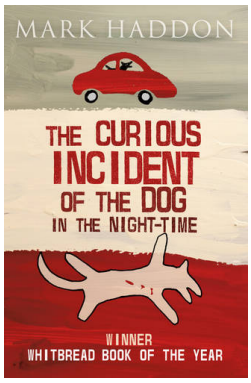
It was time for us to leave, along with several other tables of customers who appeared to have the same idea, so much for relaxing in the sun with a cappuccino.

I am sure you will agree that, in general, most dog owners are respectful and responsible toward other people and the environment. Now that spring is here, more of us will be out and about with our furry friends enjoying the Harbour, beaches, and open spaces of Eastbourne…….
Hopefully in peace and harmony.

Keith
Harbour Houndz

Sovereign Harbour Book and Creative Writing Group

The group continues with our regular morning meetings (third Friday of every month) in the Yacht Club. Good-natured lively literary discussion guaranteed.



The book decided at the February meeting was 'The Curious Incident of the Dog in the Night-Time' by Mark Haddon. This had gained the prestigious Whitbread award when it had first been released.

The plot is a fairly simple whodunnit, but takes on a whole different slant when the narrator is soon revealed as someone who is on the autism spectrum and the narrative is seen from his point of view. As such, the book requires some application from the reader, but all who read it persisted.

When the plot becomes more personal, involving the narrator's family, the book becomes ever more engaging. It proved a popular choice and some of our readers could relate to the problems it revealed. As ever, we heard a variety of views.

Our writing topic was 'I noticed the daffodils'. Coinciding with the arrival of spring this saw several poetic submissions as well as stories that included the phrase in various contexts. The result was another session that offered entertainment for everyone.



The next meeting is on Friday, 17 April, 11-00am in the Yacht Club Members' Bar. The book for this month is: 'H is for Hawk' by Helen McDonald. The theme for writers is: 'The Empty Cafe'. As ever, it is hoped the latter will encourage a wide variety of interpretations.

A new interest for the group will be a writing competition. With generous assistance from the Sovereign Harbour Residents' Association we hope to be able to announce the rules and topic(s) at the April meeting.

Anyone who cares to join our regular mid-month sessions is welcome, even if you just come and listen. To find out more, try Brenda (ejbowersuk@gmail.com) or Alan (alanturner38@btinternet.com). If you wish to drop in, there will be someone to bid you welcome at the Clubhouse door.



Eastbourne Pier by Emily Feaver

In the last edition of Waterlines we were about to hold our Burns Night Supper. It was a great celebration with a traditional Scottish meal, plenty of whisky and a fabulous piper.



January ended with an evening of music with Pete & 2 Veg, a London based band, whom we have welcomed at our Deckfest Music event on several occasions.



Yacht Club News continued from page 13

We also hosted a Play Your Cards Right night with dashing compères, Andy Strudwick and Jim Miller, an evening of music with Little Di and our increasingly popular Singo Bingo evening with DJ Rod.

The Racers' and Cruisers' PrizeGiving and dinner was a fabulous evening at the end of February. Frank Tomline, our Rear Commodore Racing and Glenn Tonge, Rear Commodore Cruising hosted the evening and after a delicious dinner presented a huge number of trophies to celebrate success on the water over the last year.



Our monthly Classic Film Nights are proving very popular too and we have shown Casablanca and Get Carter recently and members have enjoyed eating in the club to make a really fun, mid-week evening.

Our monthly evening talks have been well supported too. In March we were delighted to welcome Rear Admiral John Kingwell CBE (one of our members) who talked about his experiences in the Royal Navy task group off Libya in 2011. Next month we look forward to welcoming Jazz Turner who is a paralympic sailor and wheelchair user. In 2025 she created Project Fear in which she set out to circumnavigate the British Isles and Ireland from Brighton Marina solo and unsupported. She completed the 2,500 NM journey on 30th June 2025. She is an inspiration to all those facing adversity.

The committee of our Club boat 'Jebbs' also organise monthly talks, and sessions on topics such as tides, man overboard and being rescued by the RNLI have been held.

March saw our incomparable duo, Andy and Jim, hosting a TV quiz which was great fun and we held a fabulous evening of music with The Beaky Band fronted by Tony Carpenter who took over lead vocals in 2009 from Dave Dee of the 60s band Dave Dee, Dozy, Beaky, Mich and Tich (if you are old enough to remember them!).

Our Club 'Fluff Chucker's' Team had a wonderful morning up at Brick Farm Lakes Trout Fishery in Windmill Hill. Our members don't JUST enjoy the sea. We support any water-based activities. Fluff Chuckers are, by the way, fly fishermen!

Yacht Club News continued from page 14



A 'heads up' for a summer event not to be missed. We always hugely appreciate the amazing support harbour residents give us and our fantastic charity - Wetwheels.

Wetwheels provide the opportunity for all disabled people, including those with profound and complex disabilities, to access the sea in a safe, stimulating and rewarding way on board specially-built, fully-accessible powerboats. You might well have seen the two Wetwheels boats that come from Dover and the Solent in July each year.

This summer you will see them in and out of the locks every morning and afternoon (weather permitting) from 13th - 24th July. On **Saturday 18th July** we will be having our **Pirate Day** giving children from Children With Cancer (Polegate) and other charities an amazing fun day getting soaking wet out in the Outer Harbour with as many boats as we can muster, all decked out with flags and dressed as pirates. Our aim is to raise as much as possible in order to get the two boats back to the harbour the following year.



If anyone reading this knows anyone with ANY kind of disability and of any age, please contact Elspeth Dunn on info@wetwheelssoutheast.co.uk for details and to book.

Thank you in advance for your support.

Ros Saunders
Communications Officer

Harbour WI

Report of March WI Meeting.

President Diane Beere welcomed 58 members and one visitor to the Yacht Club.

She then introduced the speaker Neil Peters from Eastbourne Council. Neil is the Community Recycling Engagement Officer. He came to explain how Eastbourne's waste is managed and what happens to it. It was interesting to hear that they are not only responsible for our household waste but deal with street cleaning, beach spillages and even dead mammals that are washed up on our shores.



Nothing that they collect goes to landfill. What isn't recycled goes to Newhaven Energy Recovery Facility (pictured), an incinerator that treats the waste to generate electricity. The electricity is then sold to the National Grid and is enough to supply 25,000 homes. The steam from the process is turned back to water, the ashes are sifted for hardcore, magnets are used to sift the metal (which goes to Belgium) and the rest of the ashes are used on roads. So nothing is wasted!



Neil went on to tell the members how to use the new food waste containers that are going to be rolled out from April. He had leaflets and slides and answered lots of questions from the members.

Before tea Diane told the members that the July meeting was going to have a 'Strawberry' theme and asked them to wear red. She also suggested that they could wear yellow to the April meeting? – if they wanted to! There was a list for observers for the April committee meeting; an invitation from Westham Evening WI to their Birthday Party; a box for contributions for ACWW.

Sandie Goman thanked everyone for the donations for the Women's Refuge; Nicky Clifford told Lunch Club members that she was starting a WhatsApp group for them and Sheena Russell asked if anyone phoning her as a "Fairy Godmother" could ring twice as she never answers unknown numbers!

There was a picture quiz during the tea break set by Sue Mepham. Two tables won prizes of sweets; Nicky had put questionnaires for each member to decide on a venue for next Christmas lunch and there was a majority for Cooden Beach; Frances had put forms on each table for members to read and confirm with her that they had done so.

After tea, the Raffle was drawn. The President distributed birthday cards and thanked the tea ladies and raffle organisers. The following dates were noted:

Craft Club	Monday 16th March
Lunch Club	Wednesday 18th March at the Red Lion
Family History Club	Monday 23rd March
Coffee Morning	Tuesday 24th March

The next meeting is on the 14th April at 2pm in the Sovereign Suite of the Sovereign Harbour Yacht Club. Jamie Baird will be bringing his 'Medical Detection Dog' Drimmie. Information on the Harbour WI can be found at: www.shra.co.uk/wi

Judy Latter

Weekly, Wellbeing Wheel and Walks

This year, we've expanded and updated our Wellbeing Wheel & Walk provision. Wellbeing Wheel & Walk is a free weekly social stroll through a predetermined route to help you get out the house, stay active and have a chat with some friendly faces.

We've now launched an additional weekly session called "Wellbeing Wheel & Walk: Quiet Session" which emphasises having a slow, peaceful experience on your wheel & walk. This session has taken over the previous location of Eastbourne's lovely Sovereign Harbour, whilst our original has moved towards town, taking place along the seafront near Fishermans Green. Please see the details for each session below:

Wellbeing Wheel & Walk: Quiet Session
Day: Every Thursday

Time: 11am - 12pm (dependant on speed of wheel & walkers)

Meeting point: Outside 4 Seasons Brasserie,
3 The Waterfront, Eastbourne, BN23 5UZ

Price: Free

Wellbeing Wheel & Walk
Day: Every Thursday
Time: 12:45pm - 1:45pm
(dependant on speed of wheel & walkers)

Meeting Point: Fishermans Green Tennis Courts,
Royal Parade, Eastbourne, BN22 7LH

Price: Free

Interested in giving it a go? Join the *Wellbeing Wheel & Walk* WhatsApp group chat to stay in the loop: https://chat.whatsapp.com/HsIN6RVKDqx2ztfwPVy21q

Got some questions? Give us a ring on 07887 755856 or drop us an email at info@defiantsports.org.uk

We hope to catch you at one of our sessions soon!

Freya Lock
Comms, HR & Admin Manager
https://defiantsports.org.uk



Harbour Friends

Another two months have flown by and **Harbour Friends Social Group** members have continued to enjoy plenty of special events as we march forward into Spring.

Now that the clocks have advanced, we will all be able to enjoy the longer lighter evenings and hopefully some warm sunshine as well.

Our monthly Harbour Stroll + Coffee Morning has continued right through the winter and numbers will most likely grow for the walks during the warmer weather.

Special events that our members have been able to attend since our last update are as follows:



On Tuesday 17th February we had another session of New Age Kurling which was again fully booked and very well received. So much so that we will be looking to host a further session later in the year.

On Wednesday 25th February, we had a fantastic evening with local singer Mr Guy Sunshine to celebrate 21 years since the formation of the group. A packed room enjoyed plenty of singing and dancing.



On Wednesday 11th March we had our groups AGM and straight afterwards we were fortunate to have speaker and impressionist Mr Tony Harris giving us his version of Baroness Margaret Thatcher. Another very well attended event, where we learned a lot about her life along with some amusing anecdotes.

As we approach the end of March our members have plenty of other events to look forward to.

Firstly, and by the time you are reading this update, 36 of our members will have been over to Brighton Greyhound Stadium for a meal and a flutter on Sunday 29th March. This has been the largest group that we have ever booked for this annual event. Hopefully, there will have been a few winners amongst the group.

Special events then continue in April with a Video Variety Race Night, followed by Magic Man Marko giving a presentation on “The History of Magic” and a garden tour around Ocklynge Manor.

Moving into May we have a new event, where we will be welcoming Steve Saunders of High Weald Dairy for a talk/presentation and a cheese tasting session. A couple of weeks after that we will be heading over to The Saffrons for some Croquet play at Compton Croquet Club.

Harbour Friends continued from page 18

At the beginning of June, we will be having an old style Charity Pub Quiz to raise much needed funds for St Wilfreds Hospice.

Special event planning is always ongoing with plenty of other events to come, including a coach trip to Weald & Downland Open Air Museum, Summer and Autumn Party Music Nights, Beetle Drive, Bowling and not forgetting our Christmas Party Bash which this year will be on Saturday 19th December.

In respect of membership, we had a very successful new members evening recently and so much so we have had to temporarily suspend new membership applications, due to now being at maximum capacity.

Anyone interested in joining our group can still get in touch via the contact page of our website: www.harbourfriends.co.uk. We now have a waiting list and persons on that list will be given priority when places do become available. This is most likely to be at the end of August, when our annual memberships are due for renewal.

Finally, just a reminder that we have our very own Facebook page showing pictures from events. Please do take a look and give us a like and a share at the following web address: www.facebook.com/harbourfriends (Just to let you know that there is another local Facebook page with a very similar name. Our page is quite distinctive having a cartoon whale as its logo and the full title of "Harbour Friends Social Group").

That is all for this update, so thank you for taking the time to read this far and I wish you well.
Dave Hawkins
(HF Publicity Officer)

A Bit of History - November 1992



26 Eastbourne Herald, Saturday, November 28, 1992

Lock gates swing into place

GATES for the massive twin locks at Sovereign Harbour were lowered into place on Monday marking the beginning of the end of major construction work. In all, eight curved gates or leaves will be secured — four on the seaward side and four inner gates for the land side.

Eastbourne's Mayor, Maurice Skilton, helped manoeuvre the 350-tonnes mobile crane which lowered the first gate into place.

Each outer gate is 11.5 metres high and weighs 25 tonnes. The gates were made in Newcastle by Pearson Reelotech, fabricators for the sub contractors GEC Alsthom mechanical engineers.

Tom Tagg, project manager of Kier Construction, main contractors for the Tarmac project, said the whole operation

By Petra Dalton

went better than planned.

'The parts were assembled in the locks themselves. Each section was bolted together, then lifted into position and bolted to the arms on the lock itself. It is quite an intricate procedure lowering them in.

'The gates are revolutionary in terms of size and the largest purpose built marina locks in the UK. They are curved — a quarter of a circle — operated from the lock keeper's building by hydraulic cylinders pushing them out from their recesses from within the lock's structure to the closed position.

'Deliveries will continue throughout the month. We will be installing the next pair during December with the inner gates following shortly behind.

'Subject to final National Rivers Authority approval we should be starting to dig out the harbour entrance in February, ready for the opening on May 2.'

Kiers had expected the operation to take a whole day for each gate but managed to get two completed on Monday.

There will always be 2.4 metres of water in the bottom of the locks allowing sailors 24-hour access to the inner harbour.

When closed the lock gates can be walked across.

ABOVE, MAYOR Maurice Skilton, left, and Lifeboat coxswain Dave Corke, study the model harbour village and marina. *Nov 373/14*

RIGHT, AN artist's impression of the marina, showing the twin locks at the inner harbour.

Pictures: Terry Connolly

Mayor helps with intricate operation

Beamer's FRESH FISH



Find us on the Fishing Quay at the West Channel, Sovereign Harbour (behind The Harvester)

All fish sustainably sourced. Caught from our own boat *Shannon LI 547* and from our supplier MCB Seafood.

Open every:

Tues - Wed - Thurs - Fri 9am - 3pm

Saturday 9am - 1.30pm.

The Maritime Volunteer Service in East Sussex has had the sort of month that neatly dismantles the lazy assumption that volunteer units go quiet outside the summer season. If anything, the past few weeks have been a concentrated display of what steady, disciplined effort looks like when no one is watching.

Take a typical Tuesday evening at Sovereign Harbour. While most people are winding down, the Unit is just getting started. One recent session opened with a first aid lecture delivered by an in-house instructor whose background includes training Police Firearms Medics. This was not a token refresher. It was operationally grounded, experience-led teaching, the kind that quietly raises standards across the board.

That was followed by navigation training, which, despite the jokes about GPS failures, remains a core seamanship skill that separates competent crews from passengers. Alongside this, the Unit's Yachtmaster Theory students continue to put in the hard miles intellectually, guided by Les Quilty and supported by Unit 2IC Robin Russell, whose "glamorous assistant" billing is still under investigation.



Midweek activity has been just as purposeful. A visit to the marina control tower offered members a behind-the-scenes look at lock operations. It is the sort of detail that most harbour users never think about, but for a unit that prides itself on professional standards, understanding how the harbour actually functions is not optional. It is essential.



Away from the classroom and harbour tours, there has been steady progress on the fleet. My Lad B has emerged from a full refurbishment looking sharp and will be back in the water shortly. The Unit's RIB continues to support RYA Powerboat training, while Petral, the large wooden rowing boat, remains a versatile workhorse around the harbour.

Which brings us to the obvious question many locals have been asking. Where is East Sussex 1?

The Unit's principal training vessel, East Sussex 1 (ES1), has been absent from her usual berth in Eastbourne for a simple reason: essential maintenance. Over the past weeks, ES1 has been in Gosport and Portsmouth undergoing repairs to ensure she is fully fit for the demands of the coming season. This is not cosmetic work. It is the kind of upkeep that determines whether a vessel is merely serviceable or genuinely reliable when it matters.

Maritime Volunteer Service continued from page 21

Her recent passage from Gosport to Portchester, repositioning to Trafalgar Wharf, was completed cleanly and without incident.
It is worth noting that this sort of routine movement is anything but casual. It reflects a level of training and discipline that allows a volunteer crew to operate to professional standards.



Once the work is complete, ES1 will return to Sovereign Harbour and resume a full programme of activity. That includes community support, event cover, and practical training for both members and partner organisations. In short, she will go back to doing exactly what she is designed for.

Beyond vessels and training schedules, there is also the less visible work of outreach. Elaine Bowdery continues to represent the Unit at community groups, recently speaking to the WI in Catsfield. It is easy to overlook this side of things, but without it, organisations like this slowly become invisible.

The reality is straightforward. The Maritime Volunteer Service in East Sussex is not a summer hobby. It operates year round, building capability in small, consistent steps. Members train through the winter, study for qualifications like Yachtmaster Theory, and prepare to take on real responsibility as future skippers.

So if East Sussex 1 has been missing from her berth, it is not a sign of inactivity. It is the opposite. It is a sign that the Unit is doing the unglamorous, necessary work that ensures when the season starts, everything and everyone is ready.

For those looking in from the outside, wondering what this is all about, the invitation remains open. The Unit meets every Tuesday evening at the Boat Shed in Sovereign Harbour. Turn up, pay attention, and be prepared to work. This is not a club for spectators. It is a place for people who want to become capable.

Paul Howes
Trustee/Director Maritime Volunteer Service
www.mvs.org.uk

Magnificent Motors Revs Up With New Arena & Live Music Stage



Magnificent Motors is revving up the May Bank Holiday weekend with a brand new arena and live music stage joining the line-up from **Saturday 2 – Sunday 3 May.**
Fans can expect a gleaming array of models on display including American muscle cars, Jaguars, Panthers, Porsches, Corvettes, Lotus and many more amongst the 600 vehicles exhibiting each day on the Western Lawns and Wish Tower Slopes.

Sovereign Harbour Photo Club

We started the year with a challenge to members, to submit either a short video presentation or a slide show, based on any topic of their choice, or of a recent travelogue.

Subsequently we have had a few member producing very interesting presentations of the 'changing harbour views', 'the Indian military contribution to the war' and travels through Asia, which we all thoroughly enjoyed.

We have also recently been asked to assist the Sovereign Harbour Yacht club with some training video media, relating the use of the new club yacht "JEBBS", which we are happy to do. We look forward to that, as it will be something a little different for us as we are primarily a "stills' club, rather than video, but we love a challenge.

Our Tuesday evening meetings continue of course, with our weekly challenge topics, the most recent being 'double exposure' (or photo merging to be more accurate), where two pictures are merged together to produce something new. An example (right) from me is a typical example.



As always we continue with our monthly challenge (one by camera and one by smart phone) of any topic, which MUST have been taken during the current month. The winners being determined by the highest number of 'likes', credited by viewers on our facebook page and our good friends the 'Eastbourne Photographers Hub', page. Please check us out:
Sovereign Harbour Photo Club UK
Eastbourne Photographers Hub.

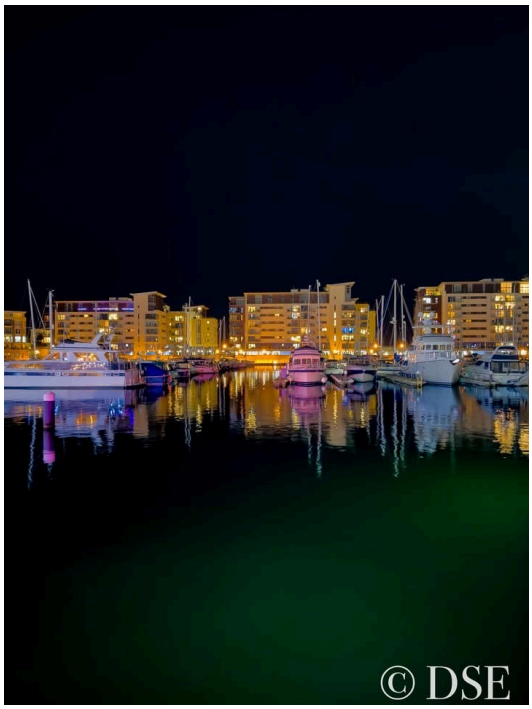
February winners were 'yours truly' with (camera), with a shot of our Martello tower during 'blue hour' (which is a short period during the evening light).





Continued from page 23

The 'smart phone' winner was Diane Evans, with her fabulous nighttime harbour view.



We are planning a photoshoot (probably in Eastbourne town) next month to do 'long exposures', but with a bit of a difference, in that we will use "hand held" rather that tripods. A recent video presentation, established that this is achievable, using the build in stability system of most modern cameras and phones using a 1/8th of a second exposure time. WELL, WE WILL SEE !.

Every Tuesday sees our viewing of our weekly challenge topics along with constructive criticism by members. We have a lot of very experienced members who are more than happy to share their knowledge. If you are new to photography or just want to give it a try, please come along.

You don't need to buy any new or expensive equipment, the majority of our members use their mobile phone cameras, which are very high quality in their own right these days. Ultimately YOUR pictures simply need to please you, so you may wish to accept friendly critique, or just be happy with your own results exactly as they are. Our philosophy is to guide (if required) NOT dictate.

Needless to say our group is as much about socialising as anything, and we do indulge from 7-7.30 with a visit to the bar whatever your preference, Tea, Coffee, or alcoholic, if (your choice of course), before we hit the TV screen.

If you would like to join us and see if we can inspire you photographic interests, please let me know at shpcuk@outlook.com Whilst membership of the yacht club is require to take advantage of its numerous facilities (including the photo club), we are happy to sign in non members temporarily, in order for them to check us out.
Hope to see you soon
Bob Stanborough (secretary)
SHPCUK

Eastbourne LOCAL LOTTERY

Eastbourne Local Lottery is an exciting weekly lottery that raises money for good causes in Eastbourne. All good causes supported by the lottery will benefit Eastbourne and its residents.

Tickets for the lottery cost just £1 per week, with a top prize of £25,000!
A weekly draw takes place every Saturday night.
Match all 6 numbers and you win the JACKPOT!
From every £1 ticket you buy, 60p will go to local good causes in Eastbourne and improving our community.
Visit the secure website to sign up:
www.eastbournelocallottery.co.uk





St Richard of Chichester
Langney & Sovereign Harbour Parish Church





Graphic Design Work

The colourful posters for Community Centre events and SHRA's Smugglers talk, and the Harbour's refurbished information boards, were designed by Harbour resident and SHRA committee member, Raj Pisavadia. They have been much admired. Raj is able to take on further graphic design and photo restoration work. Please contact him for further details and quotes: sonikart9@gmail.com









East Dean & Friston Art Group

Art Show 2nd – 4th May 2026.
Original art at affordable prices

East Dean and Friston Art Group will be holding its annual Art Show from 2.00 – 5.00pm on Saturday 2nd and from 10.00am – 4.00pm on Sunday 3rd and Monday 4th May 2026, in the East Dean & Friston Village Hall, (Village Green Lane, East Dean, East Sussex BN20 0DR). Entry is free, and there will be fund raising activities for St Wilfrid's Hospice, these will include our exciting new 'Art Bites' display with the theme of 'Spring'.

The exhibition will showcase the talent and diversity of styles and subject matter within the group. A wide range of original paintings and cards will be for sale, including landscapes, still life, wildlife and abstract art in a range of media. Payment can be by card or cash and there will be a café selling home-made cakes and refreshments.

Regular buses from Eastbourne and Brighton stop in East Dean and there is free car parking in the Village.

Sue Currie, Chair of ED&FAG, said "The members of our Art Group are delighted that Eastbourne-based artist Alice Hesketh will be officially opening our Art Show on Saturday 2nd May. Alice paints contemporary, figurative paintings inspired by people and nature, and she took part in Sky Arts Portrait Artist of the Year 2025."

We are looking forward to welcoming visitors from around the South Downs during our three-day Show. For more information about East Dean and Friston Art Group and our Art Show please visit our website: www.eastdeanart.org.uk.



Local Clubs and Groups

You should confirm the information below before attending any meeting or event.

SOVEREIGN HARBOUR BRIDGE CLUB



Our duplicate bridge sessions are every Tuesday and Thursday, in the first-floor bar of the Sovereign Harbour Yacht Club. Please arrive by 13:00, for a prompt 13:15 start. Hosts are provided, so a partner is not necessary.

We extend a warm welcome to both experienced and novice players. We are a very social club with members often partaking in activities together including having a drink in the bar when our bridge finishes at 5pm. Please visit our website for more information.

www.bridgewebs.com/sovereignharbour/

EASTBOURNE VOICES COMMUNITY POP CHOIR

Eastbourne VOICES Community Pop Choir

Eastbourne Voices Pop Choir rehearse every Monday evening at 7pm in the Sovereign Harbour Community Centre. This uplifting choir encourages people of all abilities to sing, with no music-reading or auditions required, and rehearsals are always fun and relaxed. This community choir boasts more than eighty members each week, including a good number of both men and women, many of whom are from the Harbour community. Come along and enjoy a free trial session! For more information, please visit: www.eastbournevoices.co.uk

PEVENSEY BAY SAILING CLUB

Friendly, family orientated dinghy sailing and windsurf club, 10 minutes walk along the beach from the harbour. General sailing, training at all levels and regular club racing and social events.

We welcome beginners and experienced sailors alike and we sail at weekends and on Tuesday & Thursday evenings in the summer. Our clubhouse offers hot food and a bar at the weekends, and a sun terrace with stunning views over the bay to Bexhill and Hastings.

Do come and have a look round the club at any time or contact the membership secretary by email: membership@pbsc.eu Website: www.pbsc.org.uk

SOVEREIGN WARD COUNCILLORS SURGERY

The County and Borough Sovereign Ward councillors hold a surgery on the third Saturday of the month between 10.30am to 12.30pm in the *Simply Italian* restaurant on The Waterfront.

HARBOUR FRIENDS



Harbour Friends is a social group of Sovereign Harbour residents, both singles and couples, who want to meet other residents, have fun and enjoy new experiences. Most of our social events are held in the function room of the yacht club on Wednesday evenings, but we also have off-site events and trips that can be on any day.

Our special events are open to members only, so why not join us for just £20 per year. When we do not have a special event on, members are able to use the main bar of the yacht club for a drink or food on Wednesday evenings from 7pm. More details about our events can be found on our Facebook page: www.facebook.com/harbourfriends For further information or to contact us, please visit our website at: www.harbourfriends.co.uk

HARBOUR WOMEN'S INSTITUTE

theWI INSPIRING WOMEN

The Harbour Branch of the W.I. meets on the second Monday of the month at 2.00pm in Sovereign Harbour Yacht Club. It also has a Craft Club with separate meetings, a Family History Club, a Lunch Club and a monthly Coffee Morning.

If you are interested in taking part, please contact Frances Harrap on: 07914 603548

Website: www.shra.co.uk/wi

MARITIME VOLUNTEER SERVICE

The Maritime Volunteer Service (MVS) is a charity organisation which aims to promote seamanship and maritime engineering for the young and old alike through local units around the country.

Training nights are held every Tuesday evening at 19:30 in the new MVS unit within the Boat Shed.

New members are always welcome, but give us a call first so we can organise for someone to greet you. For more information, visit the MVS website or E-mail MVS or Tel: 01892-853500.

SOVEREIGN HARBOUR RESIDENTS ASSOCIATION FACEBOOK GROUP

SHRA Sovereign Harbour Residents Association

SHRA posts occasional news items and information on our Facebook pages: www.facebook.com/groups/354333463873512

SOVEREIGN HARBOUR ART GROUP

The Sovereign Harbour Art Group classes take place on Thursday mornings at Christ The King Church Hall, Princes Road (Langley Roundabout), between 10:00am - 12:30pm.

Learn to paint with acrylics, oils, watercolours and pastels with an experienced art tutor in a friendly, relaxed and enjoyable environment.

Fees are £10 per person for each 2.5 hour session, to cover hall hire and tuition.
Annual membership fee is £6.

For more information please phone Angela on 07914 884 378 or visit the Art Group's web page: www.shra.co.uk/artgroup/

HARBOUR DOLPHINS

We are group of like minded people who love to swim in the sea and appreciate the benefits of cold water swimming. Fun and laughter guaranteed.

We meet on the North Harbour beach outside Admiralty Court at 8am weekdays and 9am weekends. New members welcome.

Whether you like to swim like an Olympian or just bob around, we cater for all. So do join us.

We are on Facebook and you can contact our admin on the number below for more information
Harbour Dolphins on Facebook

Mobile: 07710 538230

SOVEREIGN HARBOUR PHOTO CLUB

The Sovereign Harbour Photo Club UK meets on Tuesday evenings from 7pm over coffee, in the Sovereign Harbour Yacht Club. Prospective members of all abilities, from beginners to professionals, are welcome.

The objective of the club is to help our members take better photographs with a camera or a smartphone and to increase members' knowledge and ability through projects, exhibitions and competitions, supported by talks and demonstrations. Young photographers are especially welcome.
If interested in taking part, please e-mail Bob Stanborough (club secretary) at: shpcuk@outlook.com with your name and a daytime telephone number.

SERENITY DIVERS

A BSAC scuba diving club based in Sovereign Harbour, Eastbourne. We regularly dive the local wrecks, usually 2 or 3 times a week during the dive season.

Our boat is Serenity, an 8.6 metre catamaran which is a great dive platform and has a dive lift to make exiting the water easy. Members range from ocean divers to trimix qualified rebreather divers. Club subscriptions are kept to a nominal level and the only cost to dive is a share of the fuel costs for the trip.

We meet Wednesday evenings at the Yacht Club. All trained divers are welcome to call or come and meet us.

Our Facebook page...

SOVEREIGN HARBOUR BERTH HOLDERS ASSOCIATION

The Sovereign Harbour Berth Holders Association was formed in 1999 and is RYA affiliated. The Association benefits the berth holders as well as the harbour management. Membership offers discounts from local trades people, free RNLI safety courses, workshops and other courses.
Visit the website for more info: www.shbha.co.uk

THE GARDEN BAR GOLF SOCIETY



We meet once a month for a day's golf at high quality courses. Current members cover a wide range of abilities, with handicaps ranging from 6 to 28 and, although the golf is important, the social aspects of the day are equally significant.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or send us an e-mail: gardenbar@hotmail.co.uk

STREETFUNK DANCE CLASSES AT THE SOVEREIGN HARBOUR COMMUNITY CENTRE

Streetfunk dance classes are now available every Wednesday at the Community Centre.
4:30-5:30 pm for ages 6 to 8, 5:30-6:30 pm for ages 9-12, 6:30-7:30 pm for 13 years and up.

All Streetfunk's teachers are qualified, experienced, DBS checked, and covered with PLI. Book a trail or sign up today! For bookings please email: info@streefunk.co.uk or visit: www.streetfunk.co.uk

THE GARDEN BAR SUNDAY FOOTBALL TEAM



The team plays its home games at Hampden Park, and have been champions of the Lewes and District Premiership. They have been runners-up in several knock-out cup tournaments.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or email gardenbar@hotmail.co.uk

RESIDENTS OF SOVEREIGN HARBOUR FACEBOOK GROUP

An active group on Facebook with news, photos, information, events and other posts and discussions on local issues from Sovereign Harbour residents.

www.facebook.com/groups/129998750673307/

SOVEREIGN HARBOUR COMMUNITY GROUP FACEBOOK GROUP

An active group on Facebook with events and commercial information from and for Sovereign Harbour residents.

www.facebook.com/groups/3184790038292777/

SOVEREIGN HARBOUR EASTBOURNE FLICKER GROUP

The Sovereign Harbour Eastbourne Group on flickr is an on-line public gallery to view and upload photos of Sovereign Harbour.

www.flickr.com/groups/sovereignharboureastbourne/

THE GREENER HARBOUR FACEBOOK GROUP

A Facebook Group giving a voice to all those concerned about climate change and who would like to make Sovereign Harbour a greener environment.

https://www.facebook.com/groups/3398508230472303

ROYAL SOVEREIGN BOWLS CLUB

Situated at the bowling greens in Princes Park, there is seating for non-bowlers and spectators around the greens. Open daily from the end of April until end of September each year.

New members, whether new to the game or who have played previously, are welcome. Please visit our website for more details
www.royalsovereignbowlsclub.co.uk

SEA CADETS, EASTBOURNE

At Eastbourne Sea Cadets we offer skills and qualifications that could take you around the world. We create a safe, engaging and fun learning environment that will give you memories and friendships that will last a lifetime.

We meet at Royal Parade East on:
Sea Cadets (12-18) Tuesdays & Fridays, 6.45 - 9.15 pm.
Junior Cadets (10-12) Fridays, 6.45-9.15 pm.
Royal Marine Cadets (13-18) Tues & Fri, 6.45- 9.15pm.
If you want to find out more about us, visit our website
www.sea-cadets.org/eastbourne/get-in-touch
Facebook: www.facebook.com/eastbourneseacadets

SOVEREIGN DIVERS

Sovereign Divers are your local dive club. We are based at Sovereign Harbour, meet in the Yacht Club and have been established for 50 years. We have a 7.2m dive RHIB, moored behind the yacht club, with easy access to our compressor and equipment room.

We welcome divers from all agencies and people new to diving. Training can be provided from entry level through to dive leader. As well as divers, we also welcome boat handlers and dive coxswains; again, training can be arranged.

If you would like to know more, please visit our website: https://sovereigndivers.co.uk or email: membership@sovereigndivers.co.uk

SOVEREIGN HARBOUR YACHT CLUB

We welcome new members at any time. You don't need to own a boat, but the number of social members is limited. Lots of Social functions and many other varied activities throughout the year.

We have great food and discounted drinks to our members and are the only club in the harbour selling Harveys beer!

Our opening hours are:

Tues–Thurs 17.00-23.00
Friday-Saturday 12.00-23.00
Sunday 12.00-18.00

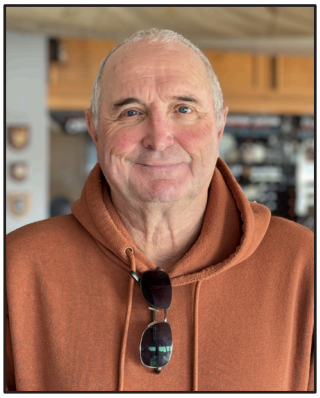
Call in and speak to Sarah to view the club.
Tel: 01323 470888 Email: membership@shyc.co.uk
Website: www.shyc.co.uk

GRACE COMMUNITY CHURCH

This church has been meeting in the Community Centre in Sovereign Harbour for 2 years now. We meet every Sunday at 10am. Please come and join us for the service followed by tea/coffee.



The SHRA Committee



Dave Rogers
Chair



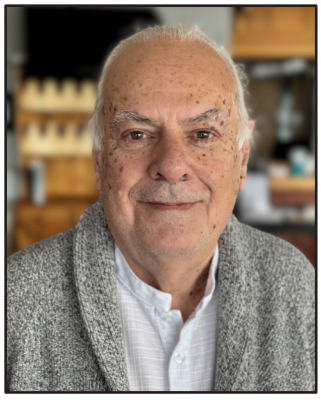
Carol Collier
Deputy Chair,
Treasurer & Secretary



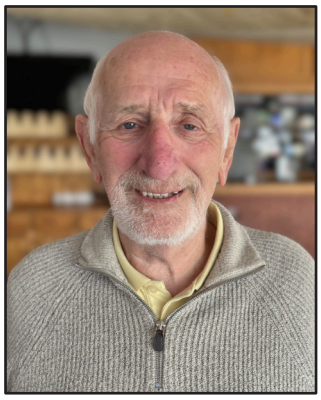
Amanda Cox
Membership Secretary



Tony Smith
Website & Waterlines Editor



Keith Bateman



David Blackburn



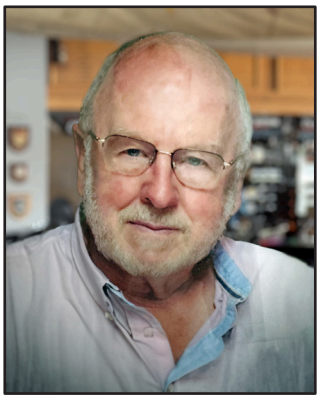
Peter Hawley



Rajendra Pisavadia



David Preager



David Shaw



Lisbet Stuer-Lauridsen