WATERLINES

Digital Newsletter of Sovereign Harbour Residents Association

www.shra.co.uk

Issue OL53
April 2024
(Published on-line every 2nd month)

Welcome to the April edition of *Waterlines*. We hope that you find items of interest.

The SHRA committee meets monthly at the Yacht Club to discuss the concerns and issues raised by members. We engage with various organisations about such matters on your behalf.

Your comments are always welcome, as are articles for publication in future editions: waterlines@shra.co.uk Tony, the producer and editor of *Waterlines* wishes to retire so we are looking for someone to take over the production of a regular SHRA newsletter.

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SHRA Chair's Report

What a busy couple of months this has been for the SHRA Committee. By the time you read this you may well have eaten too much chocolate, it may also have stopped raining!

I have made a point of meeting Caroline Ansell, our MP, in the hope of developing a closer working relationship for residents of the Harbour. Caroline put in many hours of work with regard to Site 1, both in terms of understanding the plans submitted by Untold Living, their impact on the community, arranging a meeting with Untold Living and myself, and trying to organise a follow up with them which didn't happen because they didn't appear to want to change any of their plans.

Together with SHRA membership secretary Caroline Lynam we developed closer links with the local press. My Deputy Chair, Dave Rogers and I met a representative from the fishermen and consequently have a clearer understanding of their needs and the history of how they came to be a part of Sovereign Harbour.

As part of the Site 1 proposal, I also met Josh Babarinde. It is my aim to develop a closer knowledge of all representatives of political parties and their views. I must point out that SHRA is not a political organisation, but it is important that we have an understanding of those who can affect our daily lives.

I also met Councillor Nigel Goodyear and SHRA have agreed to provide a volunteer who will work with him on a greening project for the Harbour. Nigel also put a significant amount of work into helping with Site 1.

Dave Rogers and I met with our local police community support officer Martin Hylands. We will be meeting him on a regular basis to understand how we can support each other to keep the Harbour a safe and wonderful place in which to live. We are indeed lucky to have such a caring person looking after us, and such a low crime rate here.

Dave and I also met Laura Stronge and Nick Gray from the Pevensey Bay to Eastbourne Coastal Management Scheme. We will be having regular meetings with them to understand the decisions that will need to be made to construct the defence mechanisms necessary to ensure a safe future for the Harbour.

I also met the Manager of the B&M shop and he's a very amenable man. I must say that B&M were more than willing to fit in with residents' requests by removing the large signs at the back and side of the store.

Much of the Committee's time was taken up with Site 1 over the past 2 months. It provided an opportunity to meet residents of Martinique Way and try to support their plight as much as we could. In the process I believe we did a good job! As lovely as it would be to think that we are now free to move on to new projects and provide fun things for residents to take part in, Site 1 has not gone away.

I think we all thought it was a "done deal", however with the support of

Please Note that all the club info below should be confirmed before attending any meeting or event.

Harbour Friends

For the uninitiated, Harbour Friends is a social group of Harbour Residents, of all ages, both singles and couples, with the purpose of building friendships and generally enjoying life on our lovely harbour.

Events are open to members only so why not join. At only £17.50 per year this is a bargain. Due to high number of current members, a waiting list may apply

Harbour Friends meet every Wednesday evening at 7.30 at the Yacht Club. For further information please visit the Harbour Friends website at: www.harbourfriends.co.uk

Harbour Women's Institute (WI)

The Harbour branch of the W.I. meets on the second Monday of the month at 2:00pm in Sovereign Harbour Yacht Club. It also has a Craft Club with separate meetings.
At times we have a waiting list, but if you are interested in taking part, please contact Frances Harrap on: 01323-472649.
Website: www.shra.co.uk/wi/

Note that when reading *Waterlines* online in a web browser, **links** from this PDF may not open in a new browser window or tab. Try holding down the [Ctrl] key as you click the link. Hovering over the link and pressing down on your mouse wheel may also work. Or, from a followed link press the "back" button of your browser to return to *Waterlines;* or download the PDF to your device.

Please consider printing copies of *Waterlines* to hand to neighbours who may not use the Internet.

so many people and a real determination common sense prevailed. Thank you to all those of you who took the time to write to the council outlining your concerns, also to Caroline Lynam (pictured addressing the meeting) who spoke on behalf of SHRA as I was out of the country at the time. We now have to wait and see if Untold Living will revise their plans or walk away, leaving us to wonder what will be next.



We have some great events to let you know about:
The **SHRA AGM is on Thursday 16th May at 18.00**. This is earlier than previously as some of our senior residents had requested this. We will make it strictly business, with no guest speakers other than Caroline Ansell MP, who will address the audience and conduct a short Q&A session. Martin Hylands, our PCSO, will also be present for you to meet at the close of business. The AGM will be held at the Haven School as usual.

On Monday 15th April at 3pm at the Sovereign Harbour Yacht Club (in the Royal Sovereign Suite – 2nd floor) we have organised a talk on 'The Crumbles Murders'. Tickets are £5 per person and may be purchased from www.eventbrite.co.uk (search for "Crumbles" or use this direct link: https://www.eventbrite.co.uk/e/the-crumbles-murders-talk-tickets-861624882217). There may be some tickets available on the door if not sold out but best to book.

On Sunday 21st July there will be a community stroll around the Harbour, it is open to all residents, and you are very welcome to bring your dogs along. Please note that SHRA will not be responsible for dogs, belongings, or people. We will have marshals around the Harbour and more details will follow. SHRA have also offered to run the Santa Stroll this year and give all proceeds to Defiant Sports.

It is our intention to represent the residents as best we can. It isn't an easy task, and we will never please everyone. It is important that we try to steer a middle course without being controversial. We would very much like to see a couple of younger members on the Committee, and if anyone can offer IT skills in general and websites in particular, we would be very keen to hear from you.

Frances Lawrence
Chair, SHRA

Maritime Volunteer Service

The Maritime Volunteer Service (MVS) is a charity organisation which aims to promote seamanship and maritime engineering for the young and old alike through local units around the country.

Training nights are held every Tuesday evening at 19:30 in the new MVS unit within the Boat Shed.

New members are always welcome, but give us a call first so we can organise for someone to greet you. For more information, visit the MVS website or E-mail MVS or Tel: 01892-853500.

Royal Sovereign Bowls Club

Situated at the bowling greens in Princes Park, there is seating for non-bowlers and spectators around both of the greens.

Open daily from the end of April until end of September each year.

New members, whether new to the game or who have played previously, are welcome. Please visit our website for more details royalsovereignbowls.wordpress.com

Royal Sovereign Bowls Club Open Days

Royal Sovereign Bowls Club is holding **Open Days on Saturday 13 April & Sunday 14 April from 10 - 4** both days. This small friendly club welcomes new members whether complete novices or fully seasoned players. Why not come along and give the game a try. What have you got to lose? Make new friends and socialise. No special equipment is needed except for flat-soled shoes on the green. Refreshments will be available and the bar will be open. We look forward to welcoming you.
Lynn
Secretary, RSBC



Pevensey Bay to Eastbourne Coastal Management Scheme

Phase 1 community engagement
During November and December 2023, the project team hosted a number of events to share the shortlist for the medium-term project (Phase 1) of the Pevensey Bay to Eastbourne Coastal Management Scheme. This shortlist considers how the coastline can be managed to increase resilience, reduce carbon, and improve the environment between 2027 and 2037. This phase is the first step in a hundred-year journey towards a more resilient coastline.

For more information about the medium-term (Phase 1) shortlist of options, please see our website www.pevenseyandeastbournecoast.co.uk/phase-1-shortlist

We will be informing you of the preferred option for the medium-term (Phase 1) of the Scheme during summer 2024. Keep an eye out for further updates on this.

Exciting technology opportunities
Members of the project team have recently met with industry experts to explore some exciting opportunities.

We had a meeting with the National Oceanography Centre and Channel Coastal Observatory to look at innovative ways to survey the beach and to understand shingle movement better, such as how it changes before and after a storm. This will allow us to respond more effectively following storm events and will help the shingle to be placed more precisely, which will also reduce our carbon footprint. We also recently met with JCB to discuss alternative ways of fuelling heavy plant and machinery to reduce carbon emissions.

Whilst we are still at an exploratory stage, we are excited about the potential of these technologies to reduce the impact of beach management activities on local communities.

Events at The Waterfront

An Easter Bunny character will be giving out chocolate treats on **Saturday 6th and Sunday 7th between 10-2pm** around The Waterfront.

Wheels on The Waterfront 9am – 12.30pm on Sunday 7th April – first Sunday of every month from April through to October

Spring Artisan Market – Saturday 13th and Sunday 14th April between 10am – 3pm Seasonal Artisan Market



Lots of other fun events planned for May and beyond with full details to be confirmed shortly. Please check: www.eastbournewaterfront.co.uk/whats-on/ for further information.

Sovereign Harbour Yacht Club

We welcome new members at any time. You don't need to own a boat, but the number of social members is limited. Lots of social functions and many other varied activities throughout the year.

We have great food and discounted drinks to our members and are the only club in the harbour selling Harveys beer!

Our opening hours are:

Tues–Thurs	17.00-23.00
Friday-Saturday	12.00-23.00
Sunday	12.00-18.00

Call in and speak to Sarah to view the club.

Tel: 01323 470888
membership@shyc.co.uk
Website: www.shyc.co.uk

Sovereign Harbour Bridge Club



We hold our duplicate bridge sessions every Tuesday and Thursday, in the first floor bar of the Sovereign Harbour Yacht Club.

Please arrive by 13:00, for a prompt 13:15 start. Hosts are provided, so a partner is not necessary.

We extend a warm welcome to both experienced and novice players, we are a very social club with members often partaking in activities together including having a drink in the bar when our bridge finishes at 5pm.

Please visit our web site for more information: www.bridgewebs.com/sovereignharbour/

Site 1 Planning Application Deferred

The Site 1 planning application was discussed at EBC's Planning Committee meeting on the 18 March. In summary; after examining the planning application in detail, reading all the comments made by objectors and supporters, and listening to the speakers at the meeting, the planning committee voted unanimously to defer the decision for negotiations to take place between EBC planners and the developer. A video of the full meeting can be viewed on the EBC website using this link: https://democracy.lewes-eastbourne.gov.uk/ieListDocuments.aspx?CId=144&MId=3850&Ver=4

The discussions will seek amendments to the plans that would reduce the impact, size and height of the building taking into consideration its prominence, maritime location and proximity to a protected building. Any revisions would then come back to the planning committee for scrutiny and decision. Should the developer fail to make acceptable revisions, EBC Planning has the authority to reject the proposal.

The EBC planners were recommending that the plans be approved, but SHRA opposed the development in its current form, maintaining it was an overdevelopment of a prominent site for accommodation which didn't prioritise the needs of the town or local community. Our view was shared by the councillors on the committee.

A BIG thank you to the local residents who were going to be affected by this proposal and rallied together, to everyone who made their views known to EBC, and also to the councillors on the planning committee for the time they took to really understand this proposal and for supporting the local community. Special thanks are due to SHRA committee member Caroline Lynam who eloquently delivered an outstanding speech to the committee.

It's not over yet; Site 1 remains a designated development plot and we don't know how the developer will react nor what their next steps may be. We will continue to monitor the situation and update you on progress.



Some of the SHRA members who lobbied the planning meeting at the town hall

Sovereign Harbour Berth Holders Association

The Sovereign Harbour Berth Holders Association was formed in 1999 and is RYA affiliated. The Association benefits the berth holders as well as the harbour management.

Membership offers discounts from local trades people, free RNLI safety courses, workshops and other courses. Visit the website for more info: www.shbha.co.uk

Sovereign Harbour Short Mat Bowls Club

If you would like to join our very friendly and social club on a Thursday afternoon at the Community Centre we would be pleased to welcome you, whether you are an established player or a new player.

If you are interested in joining us please contact the Secretary, Anne Newson, either by e-mail at newson17@live.co.uk or by phone on 01323 472259

Liz M Fitness Classes at the Community Centre

For those over 50. Liz M Fitness Classes at the Sovereign Harbour Community Centre improve your mobility, balance, co-ordination strength and fitness with a fully qualified personal trainer. Fun & friendly classes.

Tuesday 10am - Intermediate class, bring a mat.

Tuesday 11.10am - Beginners gentle chair-based open to all.

Wednesday 2pm - Seated and standing mixed class.

All abilities welcome. Classes are £5 per session.

Contact me for more details and to book: 07739 670905. Find me on Facebook - lizmfitness

Brown Tail Moth - Spring Activity

The Brown-Tail Moth is found in considerable numbers along the coast of South Eastern England and can be a problem from spring to summer.

As spring approaches, the caterpillars become active and may be seen on the branches of trees and shrubs. They have become an annual issue along the North Harbour beach and The Spit. They are between 7mm and 38mm in length (depending on age).



During late February/March, caterpillars can be found in their winter web-like tents. By April, the caterpillars have begun to emerge from their tents and begin to feed.

Great care should be taken to avoid touching the caterpillars as they carry spiked and barbed hairs, which can penetrate skin, causing an irritant reaction and painful skin rash. For asthmatics and hay fever sufferers, it is important that the hairs are not inhaled as these may cause breathing difficulties. Dogs can also be adversely affected.

The only certain way of eliminating any infestation is by pruning out and burning the tents during the autumn/winter period, when the caterpillars are inside them. During the summer months when the caterpillars are active, contact chemical sprays may give some immediate control, but as only some 10% of the caterpillars leave the confines of the tents at most times, this is not a totally effective option.



Over the past few years SHRA have continually brought this issue to the attention of the individual building management companies along the North Harbour responsible for the maintenance of the private beaches, as well as Premier Marinas who are responsible for the Spit.

Many of the building management companies take action to remove the caterpillars. **We encourage residents along the North Harbour Beach to contact their management companies during early autumn every year** to remind them to prune out and safely remove the tents as this is the most effective way to reduce the problem that arises each spring.



Harbour Exercise Classes

Mari-Anne is fully insured with a MSc in exercise physiology, specialising in clinical exercise and exercising with cancer.

Currently, classes are held virtually on Fridays: 9.15-10.10am Pilates.

Contact: Mari-Anne Elder
Tel: 07748 678030. Email:
mariandy@btinternet.com

Eastbourne Voices Community Pop Choir

Eastbourne Voices Community Pop Choir were thrilled to move to the **Sovereign Harbour Community Centre** in May, and have since attracted many new members from The Harbour. This uplifting choir encourages people of all abilities to sing as they do not use music, and **Monday night rehearsals** are packed, with over sixty members each week.

If you would like further information on the choir or are interested in joining them, please visit our website at:
www.eastbournevoices.co.uk

Streetfunk Dance Classes at the Community Centre

Streetfunk is an award winning Streetdance school providing dance classes to children ranging from 4 years to 18 years across Sussex.

Streetfunk Dance Classes are now available **every Wednesday from 4:30pm to 7:30pm at the Sovereign Harbour Community Centre**.
4:30pm-5:30pm for 6 to 8 year olds.
5:30pm-6:30pm for 9-12 year olds.
6:30pm- :30pm for 13 years and up.

All Streetfunk's teachers are qualified, experienced, DBS checked, and covered with PLI. Book a trail or sign up today! For bookings please email:
info@streefunk.co.uk
www.streetfunk.co.uk

Eastbourne Rotary

Do you want to help your local community and belong to a group of like-minded people to raise money for Eastbourne charities?

Sadly, the Rotary Club of Sovereign Harbour has closed - having served the Harbour area for over 12 years. Rotary is an international organisation whose purpose is to bring together like-minded people to provide humanitarian services within the local community. Readers will therefore be pleased to know that the Rotary Club of Eastbourne is still going strong and always looking to welcome new members.

Rotary has come a long way over the years and is no longer the formal organisation only open to businessmen!! Everyone is welcome to join us, or come along to see what we are all about. There is little formality, no dress code and no attendance expectations.

Since 2017, we have raised £60,000 which has been distributed to local Eastbourne organisations all of whom help to improve the lives of people in the town. Additionally, during our Centenary year of 2022, we raised £100,000 to help the homeless here.

Our biggest annual event is Alone at Christmas where we provide those who would otherwise be alone on Christmas Day (usually around 90 people) with transport, a meal and entertainment – all at no cost to them.

As well as the essential charitable work we do, there is also an increasing social side to the club. We run wine tasting events, tenpin bowling nights, quiz nights, day trips and our newly inaugurated Eastbourne Skittles Championships held at Saffrons Sports Club. There will be a treasure hunt in the summer along the promenade.

It is disappointing that an area such as Sovereign Harbour no longer has a Rotary Club on its doorstep, but we have already taken over the role of sponsors and mentors for the RotaKids Club at Haven Junior School and are exploring projects with St Catherine's College. We are keen to expand that involvement and are currently looking to outreach further into the area.

We therefore invite you to attend a get together and have a drink with us to discuss whether you think the club might be for you. **The event will be at 18.00hrs on Monday the 15th April 2024 at the Lansdowne Hotel on the seafront** next to the Grand Hotel - and all would be welcome to come and find out about us with no obligation whatsoever.

If you would like to attend the event or have any queries about Rotary in its broader sense, please do not hesitate to drop me an email on christopherdye180@gmail.com or check out www.eastbournerotary.org.uk

Chris
(Christopher Dye)
Chair of Membership
The Rotary Club of Eastbourne

Ward Councillor Surgeries

The Sovereign Ward councillors hold a surgery on the third Saturday of the month between 10.30am to 12.30pm in the *Simply Italian* restaurant on The Waterfront.

Sovereign Harbour Art Group

The Sovereign Harbour Art Group classes resumed on Thursday mornings at Christ The King Church Hall, Princes Road (Langley Roundabout) between 10:00am - 12:30pm.

Learn to paint with acrylics, oils, watercolours and pastels with an experienced art tutor in a friendly, relaxed and enjoyable environment.

Fees are £10 per person for each 2.5 hour session, which covers hall hire and tuition. Annual membership fee is £6.

For more information please phone Angela on 07914 884 378 or visit the Art Group's web page at: www.shra.co.uk/artgroup/

The Haven Players

The Amateur drama group based at the Memorial Hall, Dittons Road, Stone Cross. Members include Sovereign Harbour residents.

Visit their Website for details: www.havenplayers.co.uk

The Garden Bar Sunday Football Team

The team plays its home games at Hampden Park, and have been champions of the Lewes and District Premiership. They have been runners-up in several knock-out cup tournaments.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or email gardenbar@hotmail.co.uk

Cooking with Faz Razeen

Spaghetti with Mussels and Prawns



This is a simple recipe which has its own sweetness that is always delicious with the sharpness of tomatoes, crushed pepper and garlic and with a touch of chilli sends a fiery kick. This recipe is almost a seafood pasta dish.

INGREDIENTS

500g spaghetti

2 tablespoon olive oil

1 medium size white onion - chopped

Handful of cherry tomatoes - cut in half

4-5 garlic cloves, minced

1 teaspoonful chilli flakes (optional)

1 kg fresh mussels

150g cooked prawns

1 small glass of white wine

Hand full of parsley, chopped

Salt and pepper to taste

1 lemon to garnish

INSTRUCTIONS

Cook the pasta until *al dente* (or a little less than stated in the package instructions) and keep a half a cup of used pasta water to add to the sauce.

In a suitable size pan, heat the olive oil over medium heat and add the onions, garlic, cherry tomatoes and crushed pepper. Cook for 2 minutes, until softened and lightly brown.

Place the mussels in the saucepan and add the wine, cover the pan and lower the heat to low-medium. Cook for 4-5 minutes until the mussel shells open up, when the mussels ready add the prawns and mix with half a cup of pasta water.

Season with salt and pepper, to taste, then add the cooked pasta and the prawns. Toss until the pasta is evenly coated with the sauce. Add parsley to garnish.

Serve with lemon wedges and enjoy!

Residents of Sovereign Harbour Facebook Group

An active group on Facebook with news, photos, information, events and other posts and discussions on local issues from Sovereign Harbour residents.
www.facebook.com/groups/129998750673307

Sovereign Harbour Community Facebook Group

An active group on Facebook with news, events & commercial information from Sovereign Harbour residents.
www.facebook.com/SovereignHarbourCommunity

The Greener Harbour Facebook Group

A newer Facebook Group giving a voice to all those concerned about climate change and to those who would like to make Sovereign Harbour a greener environment.
https://www.facebook.com/groups/3398508230472303

Harbour WI Meeting Report

President Jacquie Frost welcomed 59 members and one visitor to the **March meeting of the Harbour WI**.

Jacquie then introduced the speaker, Pete Allen, who told members about 'The Tingling Tales of Theatre Ghosts'.

In 1986 Pete worked backstage at the Theatre Royal Drury Lane as a flyman – someone who supervises the movements of the scenery. He showed pictures of himself with several well known celebrities including Catherine Zeta-Jones! The Theatre Royal Drury Lane is said to be the most haunted in the world with over 2,000 accounts of ghost's appearances. There have been many reported sightings of Dan Leno (pictured) doing his clog dance. Peter Sellers says he saw him!



People have also heard the grand piano lid slamming, statues have disappeared, and there has been a smell of lavender. Pete had himself experienced sounds, smells and things [or ghosts?] brushing past him! - but explained that it is very dark when the lights go out, in fact, pitch black, so very easy to trip or bump in to something and let your imagination take over!

Actors are a very superstitious lot and are notorious for their traditions i.e. 'Break a Leg'; 'The Scottish Play'; and 'No Whistling Backstage' etc. etc. Pete explained that most of these can be reasonably explained. Not all!? Some ghosts haunt many theatres. They tend to be recently deceased characters from the era. Pete suggested that maybe tomorrow's ghosts could be those of Bruce Forsyth or Cilla Black? Interesting?

Diana Groot Copp thanked Pete for his very entertaining talk.

During tea Jackie Stevens went round raffling an Easter Bunny with an egg and raised over £50 for charity. It was won by Anne Kiernan.

In a change of policy, members with birthdays before the next meeting were given cards by Jacquie Frost to save on postage costs.

After tea, Secretary Bev Roberts read out the correspondence; the Crafty Ladies are at Sandie Goman's house on the 18th March; the Lunch Club is going to The Royal Oak and Castle in Pevensey the next day, the 19th March and the Fourth Tuesday Club will meet on 26th March from 10.30-12.00 at Seasons.

The next meeting is on **Monday 8th April at 2pm in the Sovereign Suite of the Sovereign Harbour Yacht Club**. The speaker will be Oliver Sterno talking about 'Plastic Free Eastbourne'.

Information on the Harbour WI can be found on our web pages hosted on the SHRA website www.shra.co.uk/wi

Pevensey Bay Sailing Club

Friendly, family orientated dinghy sailing and windsurf club, 10 minutes walk along the beach from the harbour. General sailing, training at all levels and regular club racing and social events.

We welcome beginners and experienced sailors alike and we sail at weekends and on Tuesday & Thursday evenings in the summer. Our clubhouse offers hot food and a bar at the weekends, and a sun terrace with stunning views over the bay to Bexhill and Hastings.

Do come and have a look round the club at any time or contact the membership secretary by email: membership@pbsc.euWebsite: www.pbsc.org.uk

The Garden Bar Golf Society

We meet once a month for a day's golf at high quality courses. Current members cover a wide range of abilities, with handicaps ranging from 6 to 28 and, although the golf is important, the social aspects of the day are equally significant.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or send us an e-mail gardenbar@hotmail.co.uk

Sovereign Harbour flickr Group

The Sovereign Harbour Eastbourne Group on flickr is an on-line public gallery to view and upload photos of Sovereign Harbour.
Website:
www.flickr.com/groups/sovereignharboureastbourne/

Community Centre Steering Group



Following the return of the centre to Eastbourne Borough Council following several years of use as a Covid NHS vaccination centre and its subsequent *pro tem* management by Wave Active we are now in a position to work towards implementing local community control. To help bring this about there has been a steering group consisting of your local councillors, a representative from Wave Active and several other interested parties who are also users of the facility.

The time has now come for this steering group to move towards an implementation phase and for this to be successful we need new people willing to become part of what will soon become the centre's management committee. If you're interested and think you have something to offer please contact either Cllr Nigel Goodyear via email on councillor.goodyear@eastbourne.gov.uk or Cllr Penny Di Cara on councillor.dicara@eastbourne.gov.uk

Book & Creative Writing Group

Just a brief update from us at present. Until the dreaded Covid struck the group was going well. Since we got used to the reinstated freedom it was time to re-start.

The formula continued. A book to read and discuss at the next meeting and a topic on which to write. This could be a short story or a poem. The idea is to be creative.

Unfortunately, a number of problems have got in the way of the group's resurrection, but we are finally starting to see a way forward. We have been meeting at the Community Centre on the second Thursday of the month, but not sure if this will be the venue for **our next scheduled gathering on 11 April at 2pm**. If you have missed that one by the time you read this, **9 May should be next**. Safest bet is to check with me, Alan Turner on 01323 760208 or by email: alanturner38@btinternet.com

If you are interested, feel free to join our friendly company and enjoy chat and encouragement. In modern-speak, we are user-friendly



Sovereign Harbour Photoclub UK

The Sovereign Harbour Photoclub UK meets on Tuesday evenings from 7pm over coffee, in the Sovereign Harbour Yacht Club. Prospective members of all abilities, from beginners to professionals are welcome.

The objective of the club is help our members take better photographs with camera or smart-phone and to increase members knowledge and ability through projects, exhibitions and competitions, supported by talks and demonstrations. Young photographers especially welcome.

If interested in taking part, please e-mail Bob Stanborough (club secretary) at: shpcuk@outlook.com with your name and a daytime telephone number.

Langney Sports Indoor Bowls Club

This modern, members only facility has 6 full size indoor bowls rinks and is located near to the Harbour directly behind the Eastbourne Borough football clubhouse in Priory Road, Eastbourne.

Both experienced and novice bowlers are welcome to come along by prior arrangement, to see what is on offer and to have a go before committing to any membership.

The bowls rinks are open from 9.30am right through to 10pm every day throughout the year, so this is a great way to get exercise and meet some new friends.

Annual membership is £90 per member, with members then paying just £2 per 2 hour session of play. Members of the bowls club are entitled to use the bars and clubrooms of the adjacent football club, with discounted bar prices.

Please do get in touch direct with me, David Hawkins, for further information via my business email of: sovtechnical@gmail.com

Discounts for SHRA Members

The local companies listed below have kindly agreed to offer a discount to SHRA members on production of a valid SHRA annual membership card. Please support these local businesses.



Discounts are offered at the discretion of the proprietors. A typical discount is a 10% reduction. Terms and conditions may apply (e.g. may apply only to food or eating in and/or only on certain days or for a limited number of persons).

• **Active Days Mobility Services** - Repairs and maintenance of mobility devices such as scooters, powerchairs, wheelchairs, hoists, riser recliner chairs, pressure care equipment and profiling beds. 01424 532620 www.activedaysmobility.co.uk

• **AP Exclusiv Events** - organise tribute events, home and leisure events, wedding and Christmas fayres and conferences and offer a discount and no booking fee for members of SHRA purchasing tickets online for their events. For information visit their website at https://www.apexclusivevents.co.uk

• **AP-it**. Computer health-checks, repairs, upgrades, data backup. Tel: 01323 887894 www.ap-it.co.uk

• **Boatshed Brighton** - 10% off brokerage through Boatshed, Sussex' most highly rated yacht brokers. 079200 22540 timkingston@boatshed.com https://brighton.boatshed.com

• **CoCo Hair** - Hair and beauty salon. 16, The Waterfront, Sovereign Harbour, BN23 5UZ. Also require proof of Harbour address. 01323 471147 www.cocohair.co.uk

• **Curry Leaf Restaurant -** 8 Susans Road, Eastbourne, BN21 3HA. On eating-in food costs only. Tel: 01323 727900 https://www.just-eat.co.uk/restaurants-curry-leaf-old-town

• **Listening to You.** Discount on Counselling services. Strictest confidence. 07976 399 998 www.listening-to-you.co.uk

• **Marina Turkish Restaurant & Lounge** - 12, The Waterfront, Sovereign Harbour, BN23 5UZ. 10% discount on food. Get ready to indulge in the finest expression of Turkish dining and Anatolian flavours to be found this side of the Mediterranean. Not on other offers or set meals. Tel: 01323 470009 www.marinarestaurantlounge.co.uk

• **Osteopathy - Michael Woodleigh BSc Hons (Osteopathy)**, offers this specialist form of therapy, which is non-invasive and highly effective. Michael, who has been serving Sovereign Harbour Medical Centre since it opened, offers SHRA members a free initial consultation. This offer is limited to members of the SHRA and is subject to the first consultation with Michael only. For details please contact Michael on 01323 767228 or visit: www.eastbourneosteopath.co.uk

• **Pablo's Restaurant** - The Waterfront, Sovereign Harbour, BN21 3HA. On food costs only for no more than four persons. Telephone: 01323 470400. www.pablos-eastbourne.co.uk

• **Simply Italian Restaurant** - The Waterfront, Sovereign Harbour, BN21 3HA. Discount on food costs only. 01323 470911 www.simplyitalian.co.uk

• **Sea Training Sussex (STS**). On-line, shore-based and on-water powerboat and sailing courses. Discount on some training courses. Telephone: 07713 639066 www.seatrainingsussex.co.uk

Annual Membership of the SHRA is open to all households in owned or rented residential property located within the Sovereign Harbour estate, and owners of such residential property.

Join now online at: www.shra.co.uk/join

Sovereign Harbour Yacht Club

Over the last two months we have held Saturday night live music events with The Big Blue and Annika Rands.





Our weekly Thursday night quiz nights continue to be very popular and well supported. We have had a Karaoke Evening, A Film and TV Quiz Night and a Race Night which were all great fun.

Our racing fleet has had a VERY busy couple of months. We have a new Rear Commodore Cruising, Frank Tomline, who joins our Rear Commodore Racing, Dickie Bird, in creating a great group of enthusiastic boat owners who have already taken to the water over the Easter weekend for some fun sailing trips. We welcome a group of sailors from Brighton Marina Yacht Club on Easter Saturday along with 50 JOG Racers (Junior Offshore Group) from Cowes. We had a very busy weekend.

The racing fleet also celebrated their success on the water over the last year with a Racers' Prizegiving and Fitting out Supper in mid March. Over 80 members sat down to an amazing dinner, prizes for all the racing fleet and their crew and ending the evening with live music from QED.





Our fishing teams have also started the year with a flourish, our sea anglers from Team Well Plumbed started the competition year with a 4th out of 12 in the Solent in mid March when they went down to Gosport. It was a species 'catch and release' competition. They caught smooth-hound and ray. They will be competing in two more competitions in April and then a lot more throughout the rest of the year.



On Good Friday our fly fishing group held the Inaugural Fluff Chuckers Competition at Brick Farm Lakes Trout Fishery near Herstmonceux. Thirteen beginners and experienced fly fishermen (fluff chuckers!!) took part in a brilliant morning of fishing. We hope that this will become a regular event.



And finally…. Did you know that SHYC can cater for all sorts of events and meetings including Weddings, Wakes, Birthday Parties, Bar Mitzvahs, Christenings and Christmas Parties? There are menu ideas available or if you require something bespoke this can also be catered for.

Speak to Sarah or Les in the SHYC office about your requirements and budget and they can work with you to create the perfect event. Phone 01323 470888 or enquiries@shyc.co.uk

Ros Saunders

Communications Officer

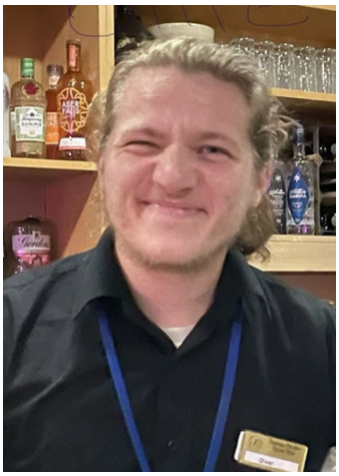
Harbour Friends

Our 19th birthday party just happened to fall on 14th February, Valentine's Day. Dave Hawkins began the evening by reading out a message he had received from the founder of Harbour Friends – or what was to become Harbour Friends – Beverley Adams. In 2005 Beverley moved to the harbour and being single, put an advert in the local paper inviting people who might be in a similar situation to meet for coffee. Things grew from there and eventually it moved into the newly built Yacht Club. The rest, as they say, is history.

Rick Bonner and Lana entertained us royally at the party in the Royal Sovereign Suite – most people were up and dancing at some point during the evening, and it was a great way to celebrate the very successful club of Friends.







Olly was on the Bar – giving his usual service with a smile, and plenty of panache 🎉 🌟 Thanks Olly!

The Dukes of Eastbourne



On Wednesday 28th February Kim Adams came to tell us about the Dukes of Eastbourne, their lives and their influence on the founding of the Eastbourne much of which which we still see today. The Duke to whom we owe the greatest debt – for its design, including parks, gardens, theatres, housing and hotels – is the 7th Duke, William Cavendish. Kim explained the trajectory of planning, building and consolidating by William Cavendish and his descendants.

This was a captivating talk on one of those wet and windy nights we had which at the time, I'm sure you noticed, have seemed as if they might go on forever.…

Our AGM which was held on March 27th unfortunately fell after the deadline for submission of this article, but do watch out for the next issue of *Waterlines* to see who was elected to the Committee – and who were the winners of Variety Bingo.

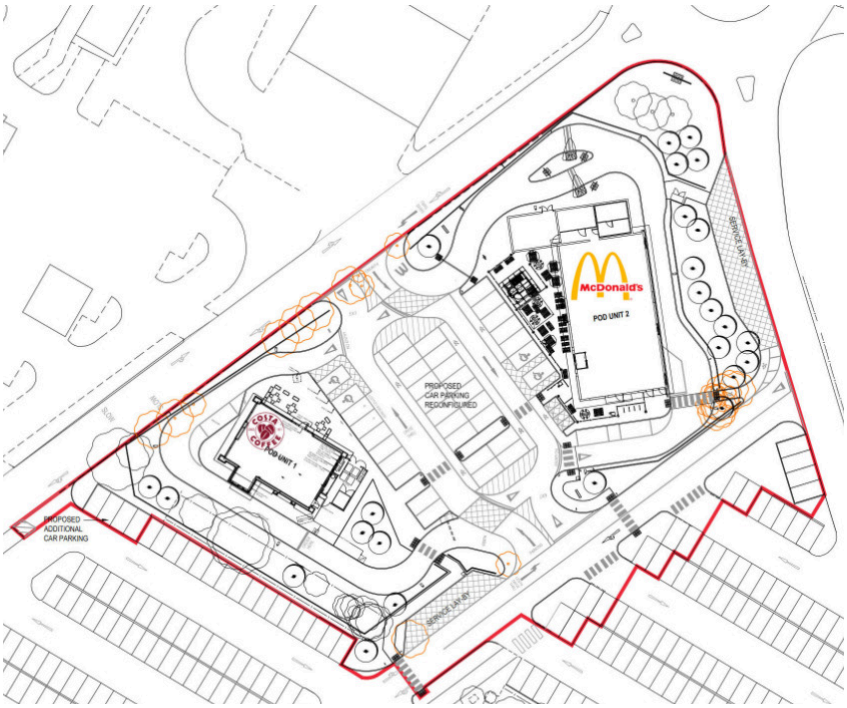
If you think you might like to join us, do have a look at our website: www.harbourfriends.co.uk where you will find an "Events" page and a "Contact Us" page

This is my final (and possibly briefest ever!) report for Harbour Friends as I am stepping down from the committee at the AGM but will remain as a member.

Signing off,
Jan Say

Retail Park Drive-thrus Approved

In the retail park, EBC planners have approved the demolition of existing buildings on Unit 9, (Defiant Sports/ Blockbuster Video and the old Frankie & Benny's), and the erection of two new buildings each with a separate drive-thru facility.



The new buildings and drive-thru facilities will encompass all of the car park directly in front of the buildings to be demolished and will include landscaping, car parking, service bays and advertising.

The approval is subject to certain conditions about car and cycle parking, tree protection, surface water drainage and litter management, etc.

We understand the tenants will be McDonald's and Costa Coffee.

Eastbourne
WALKING
WEEKEND
4 - 5 May 2024



Enjoy the Great Outdoors with New Walking Weekend in Eastbourne. A brand-new event will take place in Eastbourne this spring encouraging people to put their best feet forward and explore the great outdoors.

The Walking Weekend takes place on **Saturday and Sunday 4-5 May** and kicks off National Walking Month, which promotes the benefits of walking for physical health, mental well-being, and enjoying the fresh air outdoors.

Join walk leaders as they take you on guided walks through the countryside exploring the South Downs National Park and Sussex countryside and experience all that nature has to offer while learning about the land beneath your feet. There are ten walks to chose from including longer and more challenging walks for experienced ramblers. This event acts as a springboard for the annual Walking Festival (7-15 September). Tickets for the Walking Weekend are free but MUST be booked.

For more information and bookings visit: https://www.visiteastbourne.com/walking-festival/about/walking-weekend or follow "Eastbourne Walking Festival" on Facebook, X and Instagram for updates.

Wellbeing Wheel & Walk Sessions

The Wellbeing Wheel & Walk session is a very casual walking/wheeling group that usually takes place around the Sovereign Harbour - however, we've recently released a new route for the town centre, which we're yet to take as a group.

If people would like to know the routes we take before joining in, they can check out our 'Accessible Walking and Cycling' videos playlist on YouTube: https://www.youtube.com/playlist?list=PLKScf6eYkJPkGJvwm57FIN6ubcf456H-X

The Sovereign Harbour sessions began last May and has been a wonderful success. After a break over the winter season, we're back and ready to roll! We have regular volunteers and wheel/walkers, giving the session a very friendly, familiar feeling. It's a lovely opportunity to do some light exercise, take in the beauty of the Sovereign Harbour, and meet new people.

Our first session back will be on **Thursday the 11th of April, 11 am - 12 pm** (walking/wheeling speed dependant). After which, we will be out **every Thursday**. Typically, we meet at 4Season Brasserie, however, that is subject to change depending on the walk being led that week.

If you are interested in coming along, make sure to join the session's WhatsApp group to stay up to date with any last-minute changes and starting location information: https://chat.whatsapp.com/HsIN6RVKDqx2ztfwPVy21q

Sam Lock
Defiant Sports
Please support our Crowdfunder "Save Defiant Sports" to help keep us running and to work on our recently acquired venue in Archery Recreational Ground: https://www.crowdfunder.co.uk/p/savedefiantsports

South Harbour Water Feature

Columbus Point (Management Company) Limited (www.cpmcl.co.uk) manages the anchor shaped Water Feature in the South Harbour. The Water Feature is owned and paid for by the 369 properties in the Columbus Point development.



Essential engineering works are currently being carried out, and at the same time the management company is having each leg of the feature cleaned and recoated while each is drained of water. Both sets of contractors will endeavour to keep any inconvenience and noise to a minimum, although some noise is inevitable while using Doff equipment to clean the inside of the amenity.

For more information about the Water Feature, its history and to read our newsletters, go to the company's website www.cpmcl.co.uk.

Directors
Columbus Point (Management Company) Limited

Work and Wellbeing Day

With Spring on its way, on **Friday 26 April The WayfinderWoman Trust are bringing a spring to everyone's step, at the Sovereign Harbour Community Centre from 10:00 – 4:00pm**. Once a year they run their **Work and Wellbeing Day**, **open to all with free entry**, this year will be bigger and better than ever with three halls, each with their own theme.

Founder and organiser, Laura Murphy said, "Wellbeing is essential for everyone's physical and mental health and fulfilling work plays a major role in this, whether it be employed or self-employed. Our WWB Day gives entrepreneurs, particularly females, the opportunity to display their services, goods or provide information that supports health and wellbeing. One exhibitor for example is a teenager who missed lots of school having cancer treatment and is now being supported in setting up a business. We've got over 30 people exhibiting and visitors can treat themselves to things like a 15 min head massage or reiki, or buy a gift. You'll need to turn up early to book your spot with a therapist as we know there'll be lots of demand."



AI and technology is having, and will continue to have, a major impact on lives and future jobs. Laura added, "For employers, we've got a fantastic array of speakers who'll talk about a range of issues that will affect businesses and organisations and how as a town we are taking up the challenge. Our keynote speaker is Prof Julie Weeds from Sussex University who specialises in AI and linguistics".



For those looking for work there is an Employer space, where the Job Centre, Eastbourne College and ESCC will be giving advice and support. You'll be able to get careers advice too and whilst you're mulling everything over, WayfinderWoman will be running the Refreshment space, with drinks and cakes made by their volunteers.

WayfinderWoman is a local charity that supports vulnerable women, building their confidence, skills and strength to stand up and transform their lives. The **WWB Day** is just one of their activities to link the local community with businesses and raise awareness of their work. Laura says, "We couldn't do any of this without the support of volunteers and local businesses and I want to give special thanks to our sponsors, Angela Marden Estate Agents, PRG Ltd, The Dental Barn and Lightning Fibre."

Entry is free and open to all. Please bring cash to be kind to the entrepreneurs as they face huge charges for card payments which makes it even harder for them.

All the information about who'll be there is available at WayfinderWoman.com. You can just turn up or, to let them know who might be coming, particularly to hear the speakers, tickets are available via https://www.onlineticketseller.com/events/70221

To get help or advice, or find out how you can support the charity, phone 01323 886171, email info@wayfinderwoman.com or visit their Advice and Information Hub:
Suite 1, Highlight House
8 St Leonard's Rd
Eastbourne
BN21 3UH

The Queen's Award for Voluntary Service
The MBE for volunteer groups

Wayfinder Woman

WORK AND WELLBEING DAY 2024

Inspiring Women – Wayfinder Woman – Inspiring Other Women

FREE ENTRY

EVERYONE WELCOME

FRIDAY 26TH APRIL
10AM-4PM
SOVEREIGN HARBOUR COMMUNITY CENTRE

We are proud to present our third Work and Wellbeing Day, opened by Caroline Ansell, MP



sponsored by PRG MARKETING COMMUNICATIONS

SPEAKER'S HALL

◆ What AI means for business

Look at what AI and tech really means for employers and employees, for future jobs. We start with our headline speaker, Prof Julia Weeds from Sussex University who specialises in AI and linguistics. Our other speakers will cover a wide range of topics and will prove for an interesting day.



sponsored by Angela Marden ESTATE AGENTS

EMPLOYMENT HALL

◆ Career advice and help

Talk to staff from the Job Centre and other employers who may be there. Get advice about your CVs and career choices. Take our free assessment of your character strengths.



sponsored by Dental Barn

WELLNESS HALL

◆ Bring Cash to support local!

We have up to 38 small traders providing information, goods and services to help you maintain and improve your physical and mental health. Get there early and book a 15 min slot with practitioners ranging from Reiki to head massage and ear acupuncture. Or indulge yourself and purchase one of the many handmade items on display.

REFRESHMENT HALL SPONSORED BY

Lightning Fibre

INFORMATION & RESERVATION

Pevensey Bay Sailing Club's Open Day

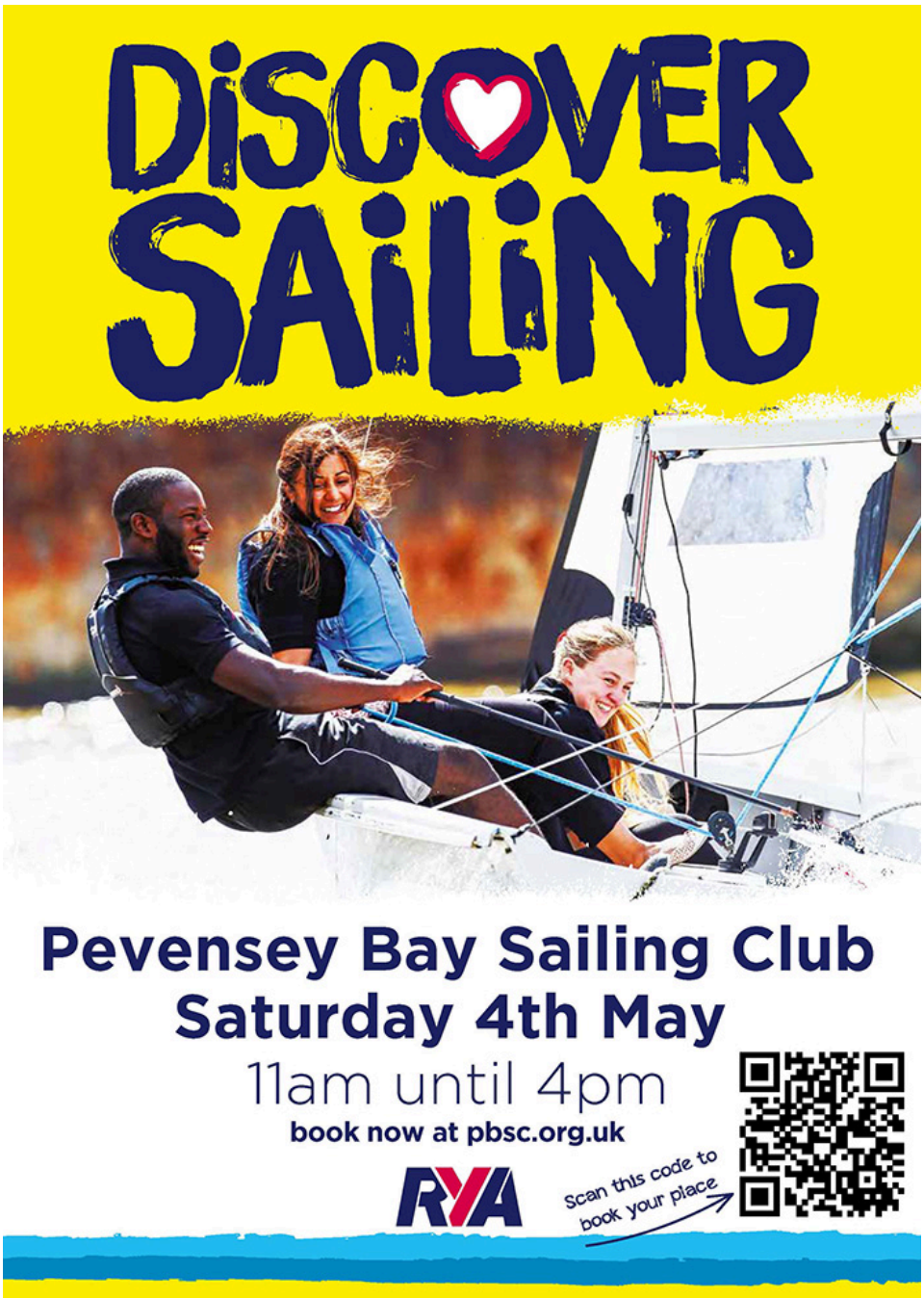
Join us at Pevensey Bay Sailing Club's Open Day on the 4th of May! Whether you're a seasoned sailor or just starting out, we welcome sailors of all ages to come and enjoy a day of sun, sea, and sailing with us.

Our club is known for its warm and welcoming atmosphere, perfect for families. We offer a variety of dinghy classes, windsurfing, and paddle-boarding activities. And when you need a break, our clubhouse serves up delicious hot food and drinks from the bar, which you can enjoy on our sunny terrace overlooking the beautiful bay views.

On May 4th, our experienced members and dinghy instructors will be on hand to guide you through the basics or offer tips for the more experienced sailors. No matter your skill level, we'll make sure you have a great time on the water! (Weather permitting of course)

Adult sailing courses starting in May will be available to book, with special offers for those signing up on the day. **The Open Day** runs **from 11 a.m. to 4 p.m**. To book a taster sail please complete the online booking form: https://forms.gle/xg73mWVFdxo3qSGr8 or scan the QR code.

We can't wait to see you there! For further information please contact: training@pbsc.org.uk



Eastbourne Voices Pop Choir Spring Concert

Eastbourne Voices pop choir has proved to be very popular at the Sovereign Harbour Community Centre, with many local residents amongst the eighty choir members there each Monday evening.

Their spring concert takes place on **Saturday 20th April at 7pm in All Saints Church** (Grange Road) and will be a fun-packed hour of pop songs, from The Beatles to Rag'n'Bone Man. In their last concert a retiring collection raised £847 for The Beachy Head Chaplaincy Team and this year the collection will be supporting Raystede. Tickets cost £7 for adults/£5 for children and can be bought from wegottickets.com https://www.wegottickets.com/event/614872



Sovereign Harbour Photo Club

Well, our ability to get out and about over recent weeks has of course been thwarted, but the miserable and constant rain, but we still keep ourselves occupied at the club, reviewing our weekly topic pictures and having photography related tutorials.

We started the month by reviewing our pictures on the subject of 'speed', where members tried to depict speed or motion in their shots.

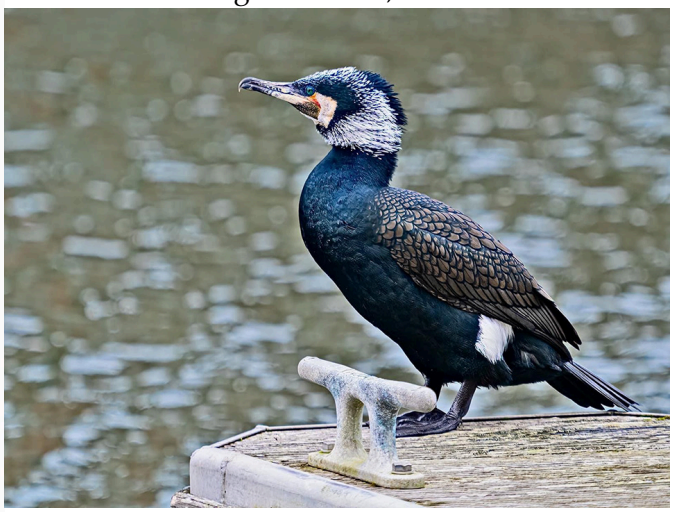
Here is an example of one of mine taken in Pevensey High street, using my phone and using an App called ReeHeld, which is a long exposure App for phones and its FREE !



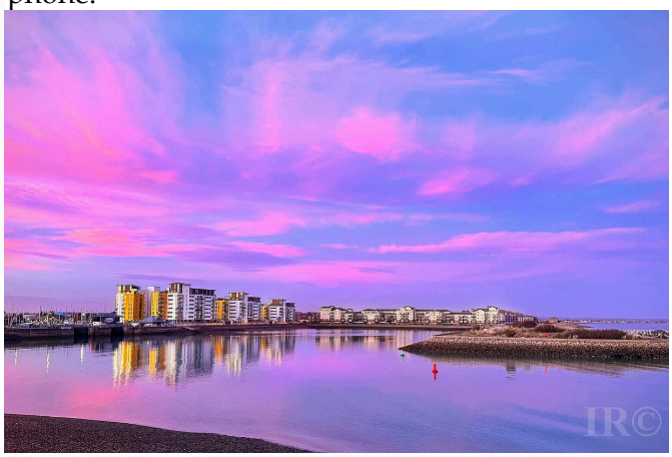
This month we have had some interesting weekly topic challenges too, with Macro (close up) when we had a 'photoshoot evening' in our club room, with members actively taking pictures of very small items with their phones and cameras; all a little bit of fun, but also a good learning opportunity.

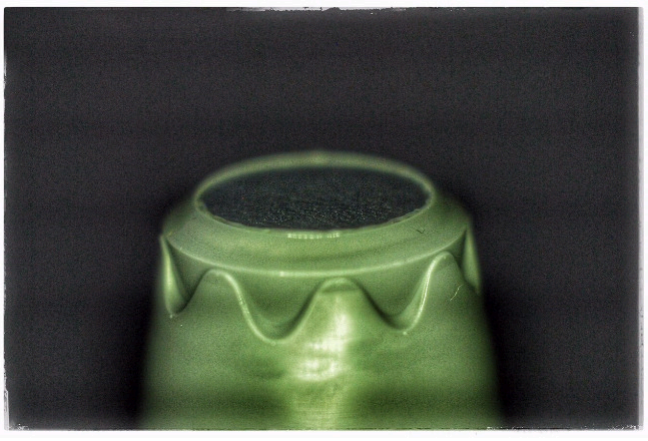
We followed up with "What is it", where members take very close up pictures of an object with the intention of disguising what it is and asking others to try and guess its identity. An example shown on the right..

With our monthly competition still ongoing, we had some great entries, however the February winners were: Roger Keirnan, with his cormorant

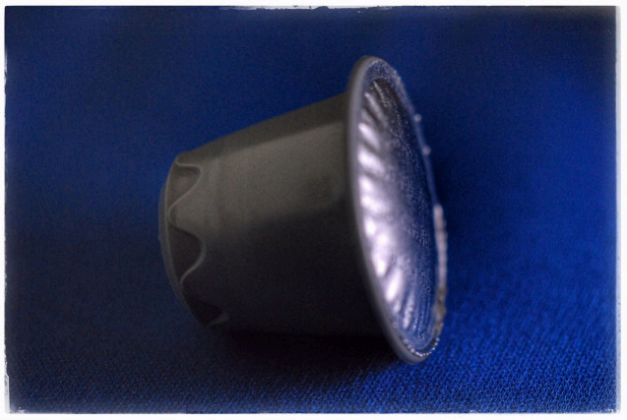


picture, (taken by camera) and Izabela Ricket with her harbour skies picture, taken with a mobile phone.





And the answer is..... A coffee pod !



The majority of our members are smart phone users, so we try to cover the many ways to improve your pictures and get the very best results from a phone. Not just by ensuring good composition, but also by post-editing those pictures to enhance them.

One of the prime ways of doing this is using a (free) app download, called 'Snapseed', which is extremely versatile, with many editing tools and needless to say we undertake tutorials on a regular basis on it's use.

When taking 'Macro' pictures, in general a specific close focus lens is used with your camera, but these days there are many 'clip on' lenses for smart phones which can be obtained very cheaply. An example of a picture taken with a smart phone and clip on lens is shown below.



It's a humble Sultana. Not the most exiting of subjects, but does emphasise how close you can get to an item. As you can imagine, pictures of insects can be very interesting indeed.

We intend to do another photoshoot evening next month on 'Portrait' photography.

If you love photography, no matter what your equipment and would like to join a like minded, friendly group of photography enthusiasts, who just like having fun with cameras in a great environment (Sovereign Harbour Yacht Club), then please come along and join us on a Tuesday evening (1st floor bar) at 7pm. You can of course e mail me (Bob Stanborough) at shpcuk@outlook.com for more information,

As we are an integral part of the yacht club, You just need to be a member of the yacht club to join us.

See you soon ???

Bob Stanborough
Secretary
Sovereign Harbour Photo Club UK

Dredger Video on YouTube



Simon, the skipper of *Deep Blue* has posted an interesting, high quality video of the dredger Sospan-Dau during its recent work at Sovereign Harbour. You can view it here: https://www.youtube.com/@DeepBlueFishing

Deep Blue is a 9m AMC catamaran charter vessel, fishing out of Sovereign Harbour. v. deepbluecharters.co.uk
Email: deepbluechartersuk@gmail.com Tel: 07557 411973

Dotto Train for 2024



Eastbourne's iconic Dotto Train is back!

Take a picturesque and enjoyable ride along the seafront between Sovereign Harbour and Holywell.

The trackless mini train is suitable for everyone, but it is especially loved by children.

The Dotto will run along the seafront **everyday from Friday 29th March to Sunday 14th April**.

Then it will run **every weekend until the 26th May** when Dotto will then run **every day up to Sunday 29th September 2024** (it will not operate 15-18 August when Airbourne take place).

The service has stops at: Holywell Retreat, Wish Tower slopes, Eastbourne Pier, Fisherman's Green, Fort Fun, Sovereign Centre and Sovereign Harbour (end of Atlantic Drive).

Dotto costs just £2.50 for a single ride (£1.40 for children aged 5 to 15).

Hop on - hop off all day with our 'Dotto DayRider' ticket for just £5 per day (£2.50 for children aged 5 to 15). A 'ride' is any single journey the length of the route, or between any two intermediate stops.

Dotto is a turn-up-and-go service which operates on a first-come-first-serve basis. Pre-booking is not available.

Further info on the Stagecoach website (but no timetable): https://www.stagecoachbus.com/promos-and-offers/south-east/dotto-train

Incorrect Map removed!
(Sorry, it was last year's)

According to a notice on the bus stop the Dotto Train timetable is:
Towards Holywell - leaves Atlantic Drive at 10.28 then at 28 minutes past each hour until 16.28 (departure from the pier to Holywell is on the hour).

Towards Atlantic Drive - leaves Holywell Retreat at 10.40 then at 40 minute past each hour until 16.40 (departure from the pier to Atlantic Drive is 5 minutes past the hour).
There is a final journey from Holywell at 17.25 (departs pier 17.50) to the Sovereign Centre.



Starting this Thursday (01/02/24) at St Wilfred's Church Hall, Eastbourne Road, Pevensey, 2pm - 3:30pm.

We have so many gorgeous stalls, from cakes, to blind date with a book and bookish items, to handmade gifts, to amazing jewellery!

Come along and grab yourself a true bargain or a one off special gift, and meet the stallholders. You'll have a great time. Teas and coffees available.

Sovereign Harbour Community Centre

Now OPEN!
Available for hire



Sovereign Harbour Community Centre is a purpose built facility, providing multiple rooms for hire for meetings, conferences, social events or weekly clubs.

Set near the Sovereign Harbour area of Eastbourne, Sovereign Harbour community Centre is near to retail outlets, free parking areas, main bus routes and accessible by road access. The community centre is open for one off and regular group bookings and is perfect for all occasions. Available for hire to clubs, groups, meetings, and events. The space can also be hired for birthday parties, baby showers, and other special events.

Our Main Hall is perfect for parties and large events, with access to outside area suitable for BBQ's or play.



As a medium sized hall, our Multi Functional Room is suitable for small parties, larger meetings, social club gatherings as well as classes.



Our Meeting Room is ideal for small meetings, conference breakout room or small club gatherings.



sport EASTBOURNE

wave Live life

The Crumbles, Pevensey Bay Road, BN23 6JH
01323 509859
sporteastbourne@waveleisure.co.uk
www.sporteastbourne.co.uk