WATERLINES

Digital Newsletter of Sovereign Harbour Residents Association

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(Published on-line every 2nd month)
www.shra.co.uk

Welcome to the June issue of *Waterlines*. We hope that you find items of interest. The SHRA committee meets monthly and we continue to contact and lobby various organisations and people about the concerns and issues raised by our members.

Your comments and suggestions are always welcome, as are articles for publication in future editions; anything that would be of interest to Sovereign Harbour residents. waterlines@shra.co.uk.

Although the local clubs listed within are beginning to open up, with the community centre remaining unavailable, please check dates, venues and times with the organisers.

SHRA 2022 AGM

SHRA's 2022 Annual General Meeting will be held at the **Haven School on Atlantic Drive on Thursday 9 June at 7.30pm (doors open from 7pm).** This will be a ticketed event with an attendance limit of 120 people.
SHRA Members can book free tickets online via the Eventbrite web site by clicking here... **(closing date 5th June)**
SHRA's 2022 Annual Report and other AGM documents may be viewed and downloaded from this web page: www.shra.co.uk/agm22.html

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Our thanks to the companies below for their generous sponsorship of Waterlines for 2022













Meeting with Local Councillors.

On the 4th April, SHRA committee members had one of their regular meetings with the Sovereign Ward Borough and County councillors to discuss a number of issues.

Macauley Park Open Space – provision of dog waste bins and security of site to travellers. Councillors have asked about dog waste bins and this is being looked into. They have also walked around the site with the police who felt the site was secure. There are still some concern that vehicular access may be possible from Pacific Drive and we can ask the developer if they could put an obstacle there. Still unclear when the fencing would come down. No date for EBC adopting the Park. We have since learnt that the developer is chasing EBC to complete the necessary paperwork to get the park adopted and opened.

Pedestrian crossing and bus shelter as per Section 106 associated with Macauley Place. Although the developer had transferred the money, neither the bus shelter nor the crossing were ESCC programmed work yet. The bus shelter needed discussions with the bus company and/or EBC as it was not clear who would be responsible for its upkeep.

Harbour greening - We asked councillors if they would be able to help in identifying ownership of sites for planning trees. The owner of the Hobart Quay green space had been identified as Persimmons. How does sponsoring a roundabout work? The councillors were trying to find out who is responsible for the roundabouts with a view to smartening them up, but it had been difficult identifying who that was.

Plans for other land between Macauley and Medical Centre. There were currently no planning applications for this site. There was a rumour that it was now owned by the developer of Macauley Place. The land had been designated as light industrial, but councillors felt that residents were not keen on this.

Pacific Drive – parking and speeding. Public Spaces Protection Orders (PSPOs) were agreed for other areas of Eastbourne but as these were seldom enforced, it was felt that they do not provide the police with much more power than they have already. [*See next page for an update*]. Traffic cameras were discussed but these are the responsibility of police and funding was needed. It was suggested that if there was a demand for either more double yellow lines or residents parking, the SHRA should do a survey as ESCC needed lots of residents to support parking restrictions before they acted.

Port Moresby Place – continued deterioration of steps and railings. EBC/ESCC was refusing to adopt the area until the developer had put right all the problems. Councillors were meeting with the residents.

Community centre – will it ever open as a community centre? The centre has been booked by the NHS as Vaccination Centre until the end of November.

Update on EA sea defences project. Nothing new to report – the councillors, like SHRA, were waiting for EA to unveil their plans at the end of April. The project has a new website: www.pevenseyandeastbournecoast.co.uk/

The meeting left the SHRA delegation with the distinct impression that the local councillors frequently encounter as much difficulty in getting things resolved as SHRA does…

Harbour Friends



Harbour Friends meet every Wednesday evening at 7.30 at the Yacht Club.

For the uninitiated, Harbour Friends is a social group of Harbour Residents, of all ages, both singles and couples, with the purpose of building friendships and generally enjoying life on our lovely harbour.

Events are open to members only so why not join. At only £15 per year this is a bargain.

For further information please visit the Harbour Friends website at: www.harbourfriends.co.uk

Rotary Club of Sovereign Harbour

The Rotary Club of Sovereign Harbour meets every Tuesday at 7:00pm for a buffet dinner in Seasons at the Sovereign Harbour Waterfront. Visitors and any prospective new members are very welcome to join us.

For more information please visit the Rotary Club of Sovereign Harbour website.

Please note that when reading 'on-line' in your web browser, **links** from this PDF version of *Waterlines* may not always open in a new window or tab. Hovering over the link and pressing down on your mouse wheel may work. Or, from a followed link press the "back" button of your browser to return to *Waterlines;* or download the PDF to your device.

Please consider printing copies of *Waterlines* to hand to neighbours who may not use the Internet.

PSPO Consultation Part Two - Additional Roads, Including Atlantic & Pacific Drives.



EBC recently consulted over a proposal to introduce a Public Spaces Protection Order (PSPO) to help tackle anti-social driving in Eastbourne.

There was a high level of support for the proposal, with 89.58% of respondents saying they were in favour of introducing the PSPO and 78% of respondents stated that they had experienced or been affected by anti-social driving in the proposed 'restricted areas' of Eastbourne.

Part One of the consultation gave an opportunity to state any additional roads respondents felt should be included in the list of restricted areas. Three locations, not already on the list of proposed restricted areas, were mentioned most frequently. These were:

Pacific Drive / Harbour Quay.
Atlantic Drive.
A section of Pevensey Bay Road.

On the advice of Sussex Police the proposals also include Princes Road, in order to bring together the existing and proposed additional restricted areas, comprising of the Seafront Parades and Pevensey Bay Road.

Therefore, EBC are now consulting over a proposal to extend the PSPO to also cover these four additional areas.

The proposed PSPO sets out a list of prohibited activities which are most commonly identified in reports of anti-social driving. These activities include the revving of engines, rapid acceleration, racing, excessive noise from vehicles and off-road activity on public land.

The order would prohibit these activities in 'restricted areas' - those locations where issues of anti-social driving have been reported most often.

The order would be active between the 1st April and 31st October, each year. This is in-line with when the issues are most prevalent.

A person found in breach of the order can be issued with a Fixed Penalty Notice, and persistent offenders can be prosecuted by the council for breach of the PSPO. Any person found guilty is liable on summary conviction to a fine of up to £1000.

Please have your say on the new proposal by Friday 17 June at 5pm by visiting this website and completing the survey: https://www.lewes-eastbourne.gov.uk/consultations/consultation-on-an-anti-social-driving-pspo-for-eastbourne/

Alternatively you can send your comments by email to: communitysafety@lewes-eastbourne.gov.uk or write to: Customer First, Town Hall, Grove Road, Eastbourne, East Sussex, BN21 4UG

Sovereign Harbour Berth Holders Association

The Sovereign Harbour Berth Holders Association was formed in 1999 and is RYA affiliated. The Association benefits the berth holders as well as the harbour management.

Membership offers discounts from local trades people, free RNLI safety courses, workshops and other courses. Visit their website for more information: www.shbha.co.uk

Sovereign Harbour Short Mat Bowls Club

As you would expect the Club has not been able to meet since the first Covid lockdown and any hope of resuming shortly has been dashed by the Community Centre hall being required by the NHS as a vaccination station.

We are, however, hoping to resume our Wednesday afternoon meetings as soon as the hall becomes available which may not be until January when we would welcome new members.

No previous experience is required as tuition will be given nor is any specialist equipment or dress necessary save for a pair of flat soled shoes.

If you are interested in joining us please contact the Secretary Anne Newson either by e-mail at newson17@live.co.uk or by phone on 01323 472259



Weekend Anti-social Behaviour Patrols



From aggressive, noisy or abusive behaviour to neighbourhood disturbances involving drunks, drugs or animals, anti-social behaviour takes many forms.

Anti-social behaviour is defined as 'behaviour by a person which causes, or is likely to cause, harassment, alarm or distress to persons not of the same household as the person'. If you've witnessed anti-social behaviour, please report it to us.

Across Eastbourne, Lewes and Wealden, each Friday and Saturday, teams made up of both PCs and PCSOs take to the streets on additional patrols across areas reported by your communities as having seen an increase in ASB and youth related crime and disorder.

Between the times detailed below, residents can contact their local team directly to report any anti-social behaviour, including anti-social driving.

Eastbourne: 07785 372 050 between 17.30-22.30 each Friday and Saturday.

Outside of these times please report it via 101 or online at https://www.sussex.police.uk/ro/report/, or 999 in an emergency.

Anti-social behaviour (ASB) can have a lasting effect on local communities and often leads to more serious offences, such as theft and criminal damage - if you are experiencing issues of ASB in your locality please report it to us at the time, all your reports help to plan these additional weekend patrols in areas which have been affected the most.

Cinema Site Application - Further Delay

The planning decision originally expected in February on the application by B&M (www.bmstores.co.uk) for a large shop on the Retail Park's cinema site with a garden centre at the rear, has been further delayed.



East Sussex County Council have stated that not enough information has been supplied by the applicant to satisfy them that the development would not have a severe impact on the local highway network and are therefore seeking additional data.

More details are on the EBC planning website at: https://www.lewes-eastbourne.gov.uk/planning/. Application Number: 211058.

Table 2.1: Proposed gross and net floor areas

Area	Sq.m.
Gross floor area	3,448
Gross internal floor area	2,658
Net floor area	2,235
Warehouse	310
Amenity/staff	113
Garden centre	789

Harbour Women's Institute (WI)

The Harbour branch of the W.I. meets on the second Monday of the month at 2:00pm in Sovereign Harbour Yacht Club. It also has a Craft Club with separate meetings.

If you are interested in taking part, please contact Frances Harrap on: 01323-472649.
Website: www.shra.co.uk/wi/

Harbour Exercise Classes

Mari-Anne is fully insured with a MSc in exercise physiology, specialising in clinical exercise and exercising with cancer.

Currently, classes are held virtually on Fridays: 9.15-10.10am Pilates.

Contact: Mari-Anne Elder
Tel: 07748 678030.
Email:mariandy@btinternet.com

Ward Councillor Surgeries

The Sovereign Ward councillors hold a surgery on the third Saturday of the month between 10.30am to 12.30pm in the Simply Italian resturant on The Waterfront

Sovereign Harbour Social Club

The Sovereign Harbour Social Club meets every Wednesday from 10:00am to 11:30am in the Simply Italian annex at The Waterfront for coffee. There are occasional outings for lunch, theatre, places of interest. All are welcome. For further details please contact Betty Saunders on 01323-479514. Website: www.shra.co.uk/shsc

Harbour Friends Social Group

Hi to all you Harbour Dwellers,

My apologies for missing the copy deadline for the April issue of Waterlines, so this time will be a bit of a catch up, as well as providing details of upcoming events for the Summer.

Since our last update, the group has enjoyed the following great selection of events:



The 2022 AGM on 30th March, which was followed by a Video Race Night, an Easter themed Fun quiz on 13th April, Talk on 27th April by local historian Alan Wenham on the history of The Crumbles, Beetle Drive Dice Games on 11th May and a Country Music evening on 25th May with singer John Lane.



All events were very well attended, with members really enjoying getting back to normal again.

By the time this newsletter is made public, we will probably also have completed our Queens Platinum Jubilee celebration on Wednesday 1st June. Members will be enjoying a traditional high tea in the function room of the yacht club with some additional Jubilee themed light entertainment.



Still to look forward to in the coming months, will be an evening of greyhound Racing with a meal on 23rd June at Hove, Jazz Lunch at Langham Hotel on 3rd July, Croquet at Compton Club on 5th & 19th July & "Variety Bingo" on 6th July in the RSS suite of SHYC.

That brings us nicely up to date for now and the HF committee will be meeting again soon to organise our events programme for the Autumn

Many thanks for taking the time to read through this update and if you are not currently a member of the group, why not arrange to come along and meet with us, by prior arrangement one Wednesday evening. After all, the membership cost is just £15 per person per year and we really are a friendly bunch.

Continued on page 6

Sovereign Harbour Art Group

The Sovereign Harbour Art Group classes resumed on Thursday mornings at Christ The King Church Hall, Princes Road (Langley Roundabout) between 10:00am - 12:30pm.

Learn to paint with acrylics, oils, watercolours and pastels with an experienced art tutor in a friendly, relaxed and enjoyable environment. Fees are £10 per person for each 2.5 hour session, which covers hall hire and tuition. Annual membership fee is £6.

For more information please phone Phone Angela on 07914-884378 or visit the Art Group's web page at: www.shra.co.uk/artgroup/artgroup

Eastbourne Age Concern Walking for Wellness

Every Thursday morning starting at 10.30am Walk length: 75 Minutes. Meet outside Seasons restaurant at 10.30am for a vigorous circular walk of up to 3 miles around the harbour, marina and shoreline. It does you good! There is some uneven ground. Ends back at cafe for refreshments. Visit website for further details.

The Garden Bar Sunday Football Team

The team plays its home games at Hampden Park, and have been champions of the Lewes and District Premiership. They have been runners-up in several knock-out cup tournaments.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or send an email to: gardenbar@hotmail.co.uk

For further details please visit our website at www.harbourfriend.co.uk from where you can also make contact with our membership secretary Sandie Goman, by using the contact form. Sandie can then arrange for herself or one of the committee to personally welcome you and the very first visit is always considered to be just a taster, with no obligation or pressure at all to join.

Finally, I would just like to remind everyone that we have recently relaunched the Harbour Friends Social Group Facebook page, which will now be regularly updated with news and events in respect of the group. The page is public, so can be viewed by anyone and no Facebook account is needed. The page can be found at the following weblink: www.facebook.com/harbourfriends/

That is about it for now and I would just like to take the opportunity to wish you all a brilliant Summer.
Dave Hawkins

Belle Tout Job Opportunities



As most people know, Belle Tout, standing on the 300ft high chalk cliffs just outside Eastbourne, is the original Beachy Head Lighthouse.

Since 2010 this nearly 200 year old iconic building has been playing host to visitors from all over the world, on whose bucket list is the wish to actually stay for a few days in a genuine lighthouse.

Belle Tout is one of a very few in the United Kingdom where this is possible. This fact together with its fascinating history makes it a major tourist attraction as a boutique B&B.

Just recently, a rare opportunity has arisen for several part time staff to join the small but dedicated team that runs this rather special establishment and looks after its even more special guests!

If you like the idea of being involved with this project and have some hours available each week for a part time job, please initially email David (dshq@mail.com) giving a few details about yourself and any past experience. There are a couple of vacancies from an assistant housekeeper/cleaner to a senior role involving staying at Belle Tout for three days (small staff flat for overnighting), normally each mid week. This latter role would require someone computer literate, able, after guidance, to take bookings, and also be able to cook breakfasts for up to 12 people.

https://www.belletout.co.uk/

Maritime Volunteer Service

The Maritime Volunteer Service (MVS) is a charity organisation which aims to promote seamanship and maritime engineering for the young and old alike through local units around the country.

Training nights are held every Tuesday evening at 19:30 in the new MVS unit within the Boat Shed. New members are always welcome, but give us a call first so we can organise for someone to greet you.

For more information, visit the MVS website or E-mail MVS or Tel: 01892-853500.

The Haven Players

The Amateur drama group based at the Memorial Hall, Dittons Road, Stone Cross. Members include Sovereign Harbour residents.

Visit their Website for details: www.havenplayers.co.uk

Residents of Sovereign Harbour Facebook Group

An active group on Facebook with news, photos, information, events and other posts and discussions on local issues from Sovereign Harbour residents. www.facebook.com/groups/129998750673307/

Sovereign Harbour Community Facebook Group

An active group on Facebook with news, events and commercial information from Sovereign Harbour residents. www.facebook.com/SovereignHarbourCommunity

The Waterfront 2022 Markets

The Waterfront looks set to be a hive of activity throughout the year as the events programme will run right through until December, including the following:



Pop-Up Artisan Food Markets – dates for your diary!

- **25 – 26 June – Summer Market**
- **29 – 30 October – Autumn Market**
- **December - Sovereign Shines Christmas Market**

Celebrating everything that's great about British food, The Waterfront food market is a collaboration between The Waterfront and Sussex food producers. Open 9am – 2pm on both Saturday and Sunday.

Call for action – the organisers have limited spaces available for market stall holders. Please email: contact@eastbournewaterfront.co.uk for further details.

There'll Be Bluebirds

Green Room Productions (GRP) present *There'll Be Bluebirds* at The Lamb Theatre, The Lamb Inn, High Street, Eastbourne, BN21 1HH.



27 - 30 July, 19:30pm

Come with us, if you will, back in time to the 1940's and 1950's for an evening of songs inspired by the sounds of the Andrews Sisters & The Boswell Sisters. The girls each have their own unique vocal styles that blend together to create beautiful vocal harmonies synonymous with a bygone era. With songs such as *Don't Sit Under The Apple Tree, In The Mood, Mister Sandman* and *Boogie Woogie Bugle Boy*, we have songs to delight every ear!

Along with an entertaining narration and a few sketches from the talented pen of Joyce Grenfell, you are in for a night of pure nostalgia with a twist of fun!

Event webpage at Green Room Productions:
https://www.thegreenroomproductions.co.uk/grp-vocals
Online Booking webpage: https://thelittleboxoffice.com/greenroom

GRP will be making a donation from every ticket sold to the Ukraine Humanitarian Appeal.

Sovereign Harbour Yacht Club

We welcome new members at any time. You don't need to own a boat. Lots of social functions and many other varied activities throughout the year.

We have great food and discounted drinks to our members and are the only club in the harbour selling Harveys beer!

Our opening hours are:

Tues–Thurs	17.00-23.00
Friday-Saturday	12.00-23.00
Sunday	12.00-18.00

Call in and speak to Sarah to view the club, or contact the membership secretary, Linda Hayler.

Tel: 01323 470888
membership@shyc.co.uk
Website: www.shyc.co.uk

The Eastbourne Historic Vehicle Club

The Eastbourne Historic Vehicle Club Ltd. dates from 1975 and resulted from the activities of a small group of transport enthusiasts.

It is a member-involved club, run for their enjoyment and benefit. Its aims are simple and straight-forward and its activities diverse within the preservation field.

The Club meets on the fourth Thursday of each Month at Langney Sports Centre. Details on our website: www.ehvc.biz

Convenience Store Opens



The new convenience store and off licence next to "Four Seasons" on Harbour Quay at The Waterfront is now open. Providing newspapers, milk, bread, wines, beers and spirits plus a lot more, it is open 7am to 10pm.

Planet Golf at The Waterfront

The Planet Golf team would like to thank Harbour residents for supporting us in our opening weeks. Its been lovely to meet so many of you.

For those of you that haven't heard of us yet, Planet Golf is a 12 hole, glow in the dark, minigolf course. We are an independent business seeking to provide a fun and affordable activity for children and families of Eastbourne.



We've recently launched our exclusive hire birthday party package please email info@planetgolf.uk for information.

That said, minigolf isn't just for the kids, we welcome everyone at Planet Golf. On Thursdays during term time we hold our Seniors Tour event from 11am – 3pm with entry at just £5.

Planet Golf is open from 11am-6pm 7 days. To book visit planetgolf.uk website, call 01323 479889 or simply pop in and say hi! You can also check out our Facebook, Instagram and Tiktok for information on our latest offers and events. Search @planetgolf_eastbourne

We can't wait to meet you.
Liz and The Planet Golf Team.

Sovereign Harbour Bridge Club



We hold our duplicate bridge sessions every Tuesday and Thursday, in the first floor bar of the Sovereign Harbour Yacht Club.

Please arrive by 13:15, for a prompt 13:30 start. Hosts are provided, so a partner is not necessary.

We extend a warm welcome to both experienced and novice players, we are a very social club with members often partaking in activities together including having a drink in the bar when our bridge finishes at 5pm.

Please visit our web site for more information:
www.bridgewebs.com/sovereignharbour/

Save the DGH

Working since 2006 to fight the down-grading of core services at Eastbourne District General Hospital.

Core services include:
- Consultant delivered obstetrics;
- Acute medical admissions 24/7;
- Urgent surgical admission 24/7;
- Accident and emergency 24/7;
- Acute psychiatric service 24/7;
- Paediatric ambulatory service

And, all in-house services essential for the function of the core services.

Web site: ww.savethedgh.org.uk

Eastbourne Jubilee Carnival - Sat 4th June

It's time to party! Eastbourne Carnival hits the road on Saturday June 4! The countdown has begun to Eastbourne's biggest and most vibrant carnival ever! Thousands of spectators and visitors are expected to descend on the seafront on **Saturday June 4** to watch the mile-long procession dance and jive its way from the Western Lawns to Princes Park. With over 40 entrants, covering musical bands, dancers and performers…

The Mayor and Mayoress will officially open the carnival at 12 noon at the Enterprise Centre, followed by a small procession through the town centre (Terminus Road).

The Big Carnival Parade kicks off at the Western Lawns at 2pm and will proceed towards Princes Park, where the parade will finish around 4-5pm.

New this year will be a judging point at the Bandstand, where sponsors and community VIPs will judge the entries.

There will also be an online People's Vote via the Carnival website https://www.eastbournecarnival.com/ and social media channels, so everyone can join in and vote for:

– best float
– best performance
– best costume

The winners will be announced the week after Carnival and will receive £50 to be donated to a charity of their choice.

An After-Party kicks off at 9:30pm at The Bear Club, Station Street. Enjoy a cocktail while soaking up carnival-themed music.

During the day and into the evening there will be a global market in Terminus Road, featuring street food and other stalls. They will complement the great selection of town centre restaurants, pubs and wine bars for visitors to enjoy post-carnival.

Souvenir T-shirts are available to purchase via the home page on our website.

There will be car parking in Five Acres Field at the Princes Park end of the seafront.

Any specific enquiries please contact us via our website.

More information can be found on the Carnival and social media accounts.

Webpage: https://www.eastbournecarnival.com/
E-mail info@eastbournecarnival.com

Pevensey Bay Sailing Club

Friendly, family orientated dinghy sailing and windsurf club, 10 minutes walk along the beach from the harbour. General sailing, training at all levels and regular club racing and social events.

We welcome beginners and experienced sailors alike and we sail at the weekends and on Tuesday & Thursday evenings in the summer. Our clubhouse offers hot food and a bar at the weekends, and a sun terrace with stunning views over the bay to Bexhill and Hastings. Do come and have a look round the club at any time or contact the membership secretary by email: membership@pbsc.eu
Website: www.pbsc.org.uk

The Garden Bar Golf Society

We meet once a month for a day's golf at high quality courses. Current members cover a wide range of abilities, with handicaps ranging from 6 to 28 and, although the golf is important, the social aspects of the day are equally significant.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or send us an e-mail gardenbar@hotmail.co.uk

Sovereign Harbour flickr Group

The Sovereign Harbour Eastbourne Group on flickr is an on-line public gallery to view and upload photos of Sovereign Harbour. Website: www.flickr.com/groups/sovereignharboureastbourne/

Cooking with Faz Razeen

Roast Duck Legs with Orange Sauce

The meat on duck legs is a lot different than chicken legs as it is denser and much richer in flavour, tender and has an intense, succulent flavour that goes well with our zesty orange sauce.

Ingredients

Duck legs – 2

Olive oil – 1 tbsp

Butter - 2 tbsps

Oranges - 1 (juice and rind/sliced)

Cointreau 2 tbsps (Optional)

Single cream - 2/3 cup

Salt and pepper

Method

Remove any excess fat from the duck legs, as well as the cartilage with the skin on the bottom, to reveal the bones underneath.

Heat up a non-stick pan with a dash of olive oil, season the legs with salt and pepper and brown on both sides.

After you turn the duck legs over, add 2 tbsps butter to the pan and pour over the duck legs once it melts.

Transfer the browned legs to an oven dish and bake 45-60 min. in a 360° F (180° C) pre-heated oven.

Grate the orange rind, squeeze the juice from the orange and put it into the pan on the hob. Add the honey and lightly season with salt and pepper after the juice comes to a boil. Slowly pour in the cream with Cointreau, stir and remove from the hob for 2-3 mins. and strain the sauce.

Serve the duck legs with the orange sauce and your choice of vegetables or salad.



Sovereign Harbour Photoclub UK

The Sovereign Harbour Photoclub UK meets on Tuesday evenings from 7pm over coffee, in the Sovereign Harbour Yacht Club. Prospective members of all abilities, from beginners to professionals are welcome.

The objective of the club is help our members take better photographs with camera or smart-phone and to increase members knowledge and ability through projects, exhibitions and competitions, supported by talks and demonstrations. Young photographers especially welcome.

If interested in taking part, please e-mail Bob Stanborough (club secretary) at: shpcuk@outlook.com with your name and a daytime telephone number.

Royal Sovereign Bowls Club

Situated at the bowling greens in Princes Park, there is seating for non-bowlers and spectators around both of the greens.

Open daily from the end of April until end of September each year.

New members, whether new to the game or who have played previously, are welcome. Please visit our website for more details royalsovereignbowls.wordpress.com

Discounts for SHRA Members



The local companies listed below have kindly agreed to offer a discount to SHRA members on production of a SHRA life membership card. We hope this encourages you to support these local businesses.

Discounts are offered at the the discretion of the proprietors. A usual discount is a 10% reduction. Terms and conditions may apply (e.g. may apply only to food or eating in and/or only on certain days). Please let us know of any difficulties.

• **Active Days Mobility Services**. Repairs and maintenance of mobility devices. 01424 532620 www.activedaysmobility.co.uk

• **AP-it**. Computer health-checks, upgrades, data backup. Tel: 01323 887894 www.ap-it.co.uk

• **Boatshed Brighton** - 10% off brokerage through Boatshed, Sussex' most highly rated yacht brokers. 079200 22540 timkingston@boatshed.com https://brighton.boatshed.com

• **CoCo Hair** - Hair and beauty salon. The Waterfront, Sovereign Harbour. Also require proof of Harbour address. 01323 471147 www.cocohair.co.uk

• **Curry Leaf Restaurant.** On eating-in food costs. 8 Susans Road. Tel: 01323 727900 www.just-eat.co.uk/restaurants-curryleaf-bn21/

• **Listening to You.** Discount on Counselling services. Strictest confidence. 07976 399 998 www.listening-to-you.co.uk

• **Pablo's Restaurant.** The Waterfront. On food costs only.
Telephone: 01323 470400. www.pablos-eastbourne.co.uk

• **Planet Golf** - a 12-hole, space themed, glow in the dark mini golf course, located at 20, The Waterfront is pleased to offer SHRA members the discounted opportunity to play as many holes as you can in an hour between 11am-6pm midweek (Monday to Friday, not weekends nor bank holidays) for £5 on showing their SHRA membership card. On Facebook... Planet Golf website....

• **Quay Fisheries** -fishmonger, smokery and deli. 10% discount applies to fish, shellfish, ready to eat items from our counter and frozen products only. Find us behind the Harvester. www.quayfisheries.co.uk, Facebook or Instagram page for opening hours. Tel: 01323 379590

• **Revival Car Care.** Discount on car valeting services. Tel: 07507 899191 www.facebook.com/revivalcarcare/

Simply Italian Restaurant. The Waterfront. Discount on food costs only. 01323 470911 www.simplyitalian.co.uk

• **Sea Training Sussex (STS**). On-line, shore-based and on-water powerboat and sailing courses. Discount on some training courses.
Telephone: 07713 639066 www.seatrainingsussex.co.uk

• **Waste-Hub** provide a hassle-free solution for the collection of your loose domestic or commercial waste. With one-off or regular collections available. £10 off a waste collection for SHRA members (single item collections not included). 01323 654 655 or 07470 868 101 www.waste-hub.uk

www.shra.co.uk/join

Harbour WI - Meeting Report

The Harbour WI met on the 9th May to hear fashion historian Susan Bishop talk about 'How Fashion/Cinema have a symbiotic relationship' She explained with the help of slides how the start of films influenced buildings and the way people dressed.



Between the two world wars the silent movies offered escapism. Cinema buildings were very ornate and became attractions in their own rights. There were doormen in fancy uniforms and music played on beautiful organs. Films eclipsed theatre as the film stars wore the latest fashions. Fashion houses saw the potential to advertise and even pattern makers McCall started selling patterns of the film outfits. The films became living display windows. Paris fashion took a back seat and the stars promoted everything from clothes to cosmetics and furniture. Hollywood stars were more popular and exotic than their British counterparts. Susan described it to be "like beauty pageants disguised as entertainment!" Jackie Stevens thanked her and there was a break for tea.

Two young ladies from the Eastbourne Women's Refuge – one of the charities supported by the Harbour WI – came to explain the role of the refuge and were presented with a cheque and toiletries from the members. Diana Groot Copp read out the correspondence from ESFWI and President Jacquie Frost told members about a Garden Picnic Party to be held in her garden on the 28th June to celebrate the Queen's Jubilee; and a proposed outing to Merriment Gardens in August. The 4th Tuesday Club had a very successful first meeting in Four seasons and will meet again this month. The Lunch Club met in Four Seasons last month and is meeting in the harbour again on May 19th in the Thai Marina.

The next meeting is on the 13th June at 2pm in the Sovereign Suite of the Sovereign Harbour Yacht Club. There will be tea and cakes to celebrate the Queen's Platinum Jubilee. Member Carole Kilby has devised a 'Royal' Quiz and members are asked to dress in red, white or blue. There will also be a short talk by David Windsor about The Air Ambulance.
Information on the Harbour WI can be found on the SHRA website: www.shra.co.uk/wi

U3A - learn laugh live…

U3A stands for the University of the Third Age. With 1,057 u3as and 450,000 members in the UK, the u3a offers people in their 'third age', retired or semi-retired, the opportunity to join a variety of study or social groups.

Eastbourne & Wealden u3a meets on the first Tuesday afternoon of each month at the Victoria Baptist Church Hall in Eldon Road, Eastbourne, when an invited speaker gives a talk on their specialised subject. There is a break for refreshments enabling members to socialise with other members and to find out about forthcoming events both social and for study groups.

The u3a is different from most adult learning organisations. Rather than paying people to teach, we encourage members to share their knowledge and talents with other members.

There are currently over twenty groups for interests ranging from dining, board games, theatre, languages, literature, exercise, and music to name a few.

We welcome new members and if you are interested in finding out more or have queries, please contact our Membership Secretary, Sharon Phillips, by email eastbournewealdenu3a@outlook.com or telephone 07743 102151 Website: https://u3asites.org.uk/eastbourne-wealden/welcome
Richard G Wentworth

The fascinating seals of Sovereign Harbour by Steve Savage Sussex Seal Project



Sovereign Harbour is one of the few places in Sussex where you may regularly see seals. I have been fortunate to be involved in the study of Sussex seals since 1998 as Sussex County Recorder for Sea Mammals for Sussex Biodiversity Record Centre and Sussex Regional Coordinator of the Sea Watch Foundation. During my early monitoring of Sussex seals, numbers were low and occasional sightings were usually either a head bobbing in the waves or a distant shape of a seal hauled out on estuary mud. Over the last 10 years there has been an increase in seal sightings along the south coast including Sussex. In the beginning we knew very little about most of our Sussex seals and through my study, we have made a significant contribution to our knowledge and understanding of Sussex seals that visit our coast, estuaries and rivers.

While Sussex has a stunning dynamic coastline it is also heavily developed and busy with leisure activities. This means there are limited places along the coast for seals to haul out safely and undisturbed. In fact, apart from Chichester Harbour and Rye Bay, most haul out sites are temporary and only used by individual seals. This scarcity of coastal haul out sites is what in my view makes Sovereign Harbour so important to Sussex seals. So, while at times we may see a single seal or a small group of seals, through my study it has shown that the individuals that turn up in the harbour are not always the same seals and that this changes during the year and between years, so the actual number of seals the outer harbour supports is much higher than you might think.

The species of seal that visits the harbour most frequently is the harbour seal (the European sub species Phoca vitulina vitulina). Harbour seals are medium sized coastal sea mammal found in a range of habitats includes sandy coastline, mudflats, rocky shores, man-made structures (e.g. harbours and marinas) and tidal stretches of rivers. One of the key challenges seals face is keeping warm in water, which requires a lot of energy and is the main reason why seals need to haul out regularly when they replenish this lost energy. Seals have relatively good eyesight and hearing but their most important sense is the whiskers used for navigation and locating prey particularly useful in murky coastal waters. Harbour seals feed mainly close to shore, their diet includes various fish species and cephalopods. However, due to the scarcity in opportunities to haul out, their feeding area may be a long distance from their haul out site. So, while the seals you may see in the outer harbour often lay out on the mud together, they are not related nor are they a colony.

Harbour seals form breeding colonies, the only known breeding site in Sussex is in the Solent. The female gives birth to a single pup which it feeds a very rich milk for about 6 weeks building up a thick layer of blubber to keep the seal pup warm and as a food supply while it learns to fend for itself. Many of the seals we see along the Sussex coast, are juvenile seals. These juveniles wander far and wide and only return to their breeding colony when they are young adults.



Grey Seal

When a seal turns up in the harbour for the first time it will look for somewhere to haul out based on features that look familiar to where the seal has come from. If seals are already present, the new seal is most likely to haul out with these seals for safety. Most of the seals use 3 different haul out sites, H1 on the west side of the channel and H2 and H3 on the eastern central mud. Occasionally seals haul out at other locations in the harbour, such as rocks or pebbles and sometimes on the RNLI gangway.

In recent years we have seen an increase in grey seals along the coast, which prefer rocky coastlines. This year alone, several different juvenile grey seals have spent time in the outer harbour and occasional adult grey seal have also turned up. Grey seals can be distinguished from harbour seals by shape of their head. Harbour seals have a cat shaped head profile with a distinctive forehead, where the grey seal profile has no forehead and slopes to the end of their snout.

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Occasionally seals, usually grey seals, travel through the lock gates into the inner harbour where they spend a day or more feeding before heading back through the lock gates.



A growing concern for seal conservation is the increasing amounts of disturbance and a call to 'Give Seals Space'. This disturbance may be a high-level, one-off event that causes the seals to flush into the water, or persistent low-level disturbance during a haul out period. During 2019 I spent the summer collecting data to undertake my dissertation on seal behaviour and disturbance while studying Zoology as a mature student at Sussex University. The main focus was to investigate anthropocentric disturbance of the seals by measuring changes in their natural behavioural that indicated when they were resting and when they were disturbed. I observed them from the end of the jetty 100m from the seals so my presence would not disturb the seals.

As expected, the seals showed some low-level disturbance to vessels, especially if they ventured outside of the buoyed channel. However, the seals showed prolonged vigilance and disturbance to people, including the sound of walking on pebbles, stones thrown on the mud, high numbers of people standing near the seals, people taking selfies and people stepping onto the mud. This meant while major disturbance is very low, continued low level of disturbance can occur on busy days greatly reducing the chance for seals to rest before returning to the sea. Seals are not common in Sussex and people are often unaware how to behave around them. From experience, many people feel that if a seal does not rush into the water, they are not disturbing it. People often mistake increased vigilance and disturbance as the seal being pleased to see them and even that the seal is showing off. But if a seal is looking at you, its disturbed.

I would like to thank the residents and visitors that continue to send me seal observations and photos/video. This has contributed to the overview I have provided above and assisting in building up a better understanding of the seals that visit the harbour. This year we plan to increase our understanding by attempting to record a full year which has not been done before. So far we have 13 sightings in January, 44 in February, 128 March and 105 in April.



Three harbour seals

Another very important part of the project, across Sussex and also in the harbour, is Photo Identification. This involves creating profiles of individual seals based on natural spot patterns so they can be re-identified when they turn up in the outer harbour or if they turn up elsewhere along the coast. This is a very exciting element of the project and again involves the support of harbour residents and public. In addition to this we have partnered with the Mallydams RSPCA Seal Sanctuary in Hastings by creating photo ID profiles of the seals they have release to see if they remain in Sussex or travel elsewhere and to report back on the success of the release. This year we have identified 2 of these seals, Venus and Diana in the outer harbour. Seals also travel from even further still, we have been able to trace 2 visit seals to a rescue centre in the Netherlands. So there really is a lot of interesting and exciting stuff going on in the outer harbour.

If you have a sighting or a photo to share, you can let me know using our sighting email seawatch17@yahoo.co.uk or the Harbour Life Facebook Group. Please share as much detail as possible, but basic information include date, time, swimming/hauled out, where in the outer harbour you saw the seal. I hope this article answers some of your questions about seals and add to your enjoyment watching these fascinating mammals.

Quay Fisheries

Since opening in August last year Quay Fisheries at Fishermens Quay have welcomed customers from Sovereign Harbour and many neighbouring districts and have slowly expanded their produce range to include local fresh fish and shell fish, in-house smoked fish such as haddock, mackerel and salmon, ready to eat seafood and a range of local Poppyseed bakery and deli items including Sussex cheeses and butter, olives, cured meats and local wild venison and ranges from Spanish fine foods company Brindisa, Potts and Stokes sauces.

Go and take a look at what is on offer and see which samples are available such as in-house smoked mackerel pate, vintage truffle cheddar or even a sample of local coffee supplied by Seven Sisters Coffee Company!

Currently open from Wednesday to Saturday from 10am until 3pm, extended opening hours will be coming very soon and will be advertised on the website www.quayfisheries.co.uk or on the Facebook page. https://www.facebook.com/pages/category/Fish-Market/Quay-Fisheries-Eastbourne-102361155433026/

Offering outdoor seating why not pop along and enjoy a pot of cockles, mussels or a local dressed crab and a cold drink in the sunshine and watch the boats come in.

Located behind the Harvester on Atlantic Drive on-site customer parking including disability spaces in very close proximity with level access to the shop are available. To access the Quay by car drive up to the barrier and buzz the Marina office who will be happy to open the gate. Plenty of free parking can also be found in the two Crumbles car parks a few minutes walk away.

We will be open over the **Jubilee weekend** with hours as follows:
Thursday 2nd June 10-2pm
Friday 3rd June 10-2pm
Saturday 4th June 9-4pm
Sunday 5th June 10-3pm

Specialist items such as live crab and lobster, oysters and scallops to name a few can be pre ordered by calling 01323 379590 or e mailing office@eastbournefishermen.co.uk.

The Quay Fisheries staff look forward to seeing you.



St Richard's Church, Langney



Your parish church, St Richard's, Langney warmly welcomes all Sovereign Harbour residents to join us at any of our forthcoming events:-

Sunday 5th June

10.00am – Family Friendly Celebratory Church Service

12.00 noon - Platinum Jubilee Community Picnic - bring a picnic (and a rug) & get together on the front lawn of the church with neighbours and members of St Richard's or just come along and say 'hello'. Free hot/cold drinks & children's craft tables – fun for all the family!

Thursday 16th June

3.00pm – Sussex/St Richard's Day – children's crafts in the hall (3.00-4.30pm) and display/quiz in the church (3.00-6.00pm). Free drinks and cream scones for all visitors (3.00-4.30pm). At 7.30pm there will be a celebratory service in the church, followed by refreshments.

Saturday 16th July

11.00-2.00 pm – St Richard's Summer Fair – lots of stalls including tombola, craft stall, grand draw and lots more. Free BBQ.

Please feel free to join us for our regular church services on a Wednesday at 10.00am and Sunday at 8.00am or 10.00am, you will be warmly welcomed.

www.strichardeastbourne.org.uk.

St Richard's Church Platinum Jubilee Community Picnic & Family Friendly Celebratory Service

Sunday 5th June 2022

Come and join us for either or both events:-

Celebratory Church Service – 10.00am

Community Picnic – 12.00 noon

Bring a picnic (a rug & hopefully a hat & suncream!) & get together on the front lawn of the church with neighbours and members of St Richard's or just come along and say 'hello'.

Free hot/cold drinks, music & children's craft tables – fun for all the family!

Sovereign Harbour Photoclub UK

As an integral part of Sovereign Harbour yacht Club, we meet every Tuesday evening at 7pm in the yacht club bar. If you wish to join our group, you simply need to be a yacht club member (£84 p.a for an individual social membership) Needless to say this also gives you the multitude of other social benefits the yacht club offers.

We currently have a weekly and monthly schedule of photographic topics for members to get their teeth into. We also have a small monthly competition which members can participate in (or not as they prefer.), There is never any pressure !

Photo topics we have had during May have been "Artistic", "Reflections", "Landscape" , and we review each other's pictures and 'critique' ,in order that everyone gets friendly guidance on how to improve their composition and editing.

Below is one of my efforts which was taken locally around the 'long man' area.





The above picture reflects members reviewing some photos taken by one of our members 'Dave' and printed on A3 glossy paper, which is a more unusual occurrence these days.

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Given that we seem to have a majority of 'smart phone', users currently, we have been giving instruction on how to use 'free' online 'app' editing tools, which are great fun and quite comprehensive.



The editing App we use, can give some impressive results and is great fun, such as this shot of mine, in the inner harbour.

If you have a digital SLR camera or any other equipment, (compact or bridge camera), we can help you get the best from that too, with our more experienced members happy to assist.

Our monthly challenge for May has been "Eastbourne Pier", which is obviously great local interest. An example below.



We also have regular video tutorials, which are generally linked to the relevant weekly topic.

The June monthly challenge, is a members outing doing the 'Motcombe Meander', which is a short local tour around Eastbourne Old town, with a brief guide pointing out the route and historic landmarks. These pictures will be reviewed by all members later in the month.

On Monday we will meeting up at Langney Lake for a photoshoot of wildlife and landscapes etc

Picture right by our member 'Margo' of Langney Lake.



Our monthly competition involves members taking pictures (during the current month) and posting them on our club facebook page and on our acquaintance club, The Eastbourne Photographers Hub face book page.

Anyone visiting either page can tap a 'like' against the picture that appeals to them, then at the end of the month the picture(s) with the most likes, gets posted as the Header for our club page. All just fun really, but something to aim for.

If you are a keen photographer and fancy joining a group of friendly and like minded individuals, please come along one Tuesday evening or send me an e mail at Shpcuk@outlook.com

Bob Stanborough (secretary)

After the dreadful massacre of the school children in Texas, it reminded me of a poem I had written previously.
John Langton

Words v Bullets

A poem by John S. Langton

I feel Safe
I can shoot you dead
But I'm worried
you'll Shoot me instead

Let words be our weapons of war
We don't want guns any more
Our words cannot kill or maim
Let's talk, be friends again

Words may hurt
But never kill
I can take my words back
A bullet, you never will

One hundred a day
killed by bullets in USA
If bullets were words
There'd be more alive today

Guns bring pain and grief
Words bring joy and relief
Lock your guns away
Life's too precious, don't take it away.

© John S Langton August 2019

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Email: Football40Eastbourne@gmail.com or phone MAX - 07966214279



Oliver's Postcards

A *new* set of eight professionally printed postcards for a £10 donation to Eastbourne RNLI

The colourful images have been drawn by talented, 13 year old Oliver from Eastbourne, who is autistic. His first set of cards raised over £1,200 for the RNLI
Email Anna to order & donate:
blandanna62@yahoo.com





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