WATERLINES

Digital Newsletter of Sovereign Harbour Residents

Issue OL39
December 2021
(Published on-line every 2nd month)
www.shra.co.uk

Welcome to the December issue of Waterlines. We hope that you find items of interest. The SHRA committee meets monthly and we continue to contact and lobby various bodies as required about concerns and issues. Your comments and suggestions are always welcome: waterlines@shra.co.uk

Activities of the local clubs listed remain curtailed and subject to change so please check dates, venues and times with the organisers.



MERRY CHRISTMAS!

The SHRA Chair and Committee wish all residents of Sovereign Harbour a very happy Christmas and a prosperous and healthy New Year.

Our thoughts are also with those who have lost a loved one or who have experienced hardship in these difficult times and we wish you well for 2022

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Our thanks to the companies below for their sponsorship of Waterlines for 2020 & 2021

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Sea Defences Event



We hope those of you who logged-on to SHRA's Sea Defences online event found it useful and informative. Nearly 150 people joined the event and the feedback has been excellent. For those who couldn't join in, we will be posting the presentations given by PCDL and the EA team up on the SHRA web site shortly. We will also publish a recording of the event. The EA's Pevensey Bay to Eastbourne Coastal Management Scheme is bound to remain an important topic in the coming year, and SHRA will make sure that the views of Harbour residents are heard as the scheme unfolds. We will update residents with further information in due course.

Treebourne

Eastbourne Borough Council has declared a climate emergency, and has set a target of 2030 for the town to be carbon neutral. In Eastbourne, we have been especially affected by the loss of thousands of ash and elm trees to disease. So the ambitious goal is to at least double Eastbourne's tree cover by 2030.

Treebourne are focused on getting trees planted, on both public and private land, and are working with the council, and independently, to find sites - large and small - to plant trees. We're also raising the money to buy them, enlisting the volunteers needed to plant them, and planning and managing the planting projects.

Treebourne has been awarded a major grant by the Urban Tree Challenge Fund to plant 1,000 streets trees over the next two years. Encouraging community involvement was a key part of our successful bid and so we are inviting people to suggest where the trees will be planted. We will also be launching a Tree Champions scheme giving volunteers the chance to look after the trees as they grow.

SHRA, having been successful in persuading the developer of the public open space on Pacific Drive to increase the number of trees planted there, is planning to work with Treebourne to identify suitable locations at Sovereign Harbour for additional planting and we hope that residents will assist in identifying suitable locations (note that the grass verges of Pacific Drive and Atlantic Drive are ruled out for tree planting due to underground utility services. Send suggested locations to us by email to: info@shra.co.uk or let us know if you wish to become involved.

Treebourne are inviting Eastbourne residents to join them for the planting of the first of 1,000 new street trees for the town. The event, which will include complementary mince pies and a free-to-enter raffle with some great prizes, will mark the start of the "Greening Eastbourne Streets" project.

It will be a chance to meet the Treebourne team, find out about the project and how you can get involved by becoming a 'Tree Champion'. **TIME: Saturday 4th December 10am and 12pm**. LOCATION: Join us on the grass just to the east of the pier (opposite Queen's Hotel, and the junction of Grand Parade and Queens Gardens).

Harbour Friends

Harbour Friends meet every Wednesday evening at 7.30 at the Yacht Club.

For the uninitiated, Harbour Friends is a social group of Harbour Residents, of all ages, both singles and couples, with the purpose of building friendships and generally enjoying life on our lovely harbour.

Events are open to members only so why not join. At only £15 per year this is a bargain.

For further information please visit the Harbour Friends website at: www.harbourfriends.co.uk

Rotary Club of Sovereign Harbour

The Rotary Club of Sovereign Harbour meets every Tuesday at 7:00pm for a buffet dinner in Seasons at the Sovereign Harbour Waterfront. Visitors and any prospective new members are very welcome to join us.

For more information please visit the Rotary Club of Sovereign Harbour website.

Please note that **links** from this PDF version of *Waterlines* may not always open in a new window or tab. Hovering over the link and pressing down on your mouse wheel may work. Otherwise, from a followed link press the "back" button of your browser to return to *Waterlines*.

Please consider printing copies of *Waterlines* to hand to neighbours who may not use the Internet.

Sovereign Shines - Lights & Christmas Event

Help us light up the harbour with your house this Christmas for a spectacular Sovereign Shines in aid of two amazing local charities.

Now in its sixth year, Sovereign Shines will bring a magical light display to the harbour for all to enjoy. Little and pretty or overboard and extravagant – the mission is to get as many Sovereign Harbour houses involved. With some fantastic prizes to be won including luxury food hampers, dining experiences, ten pin bowling and much more! This year organisers are fundraising for the local Eastbourne RNLI Lifeboat and Care for the Carers, East Sussex. The application form is now live on The Waterfront website. **To enter simply fill out your details and decorate your house as festively as possible, remembering to send a photograph of your masterpiece to sovereignshines@eastbournewaterfront.co.uk along with you address details.**

Lights will need to be up and registered by **Sunday 5th December**. This will help us to ensure that your display is included in the judging which will take place from 6th December to 13th December.

On **Friday 10th December between 16:00 to 20:00**, expect a magical atmosphere with live performances from The Theatre Workshop and Eastbourne Rock Choir, a Christmas market selling a range of gifts and treats, a live reindeer family, Santa and his elf, face-painting, mulled wine and More Radio playing the very best festive hits! An evening to help raise funds for both the RNLI Eastbourne and Care for the Carers, East Sussex. The Waterfront will become the central hub for residents and visitors who wish to stroll around the harbour to take in the Sovereign Shines light spectacle and finish the evening with a meal at one of the onsite eating establishments.
www.eastbournewaterfront.co.uk/sovereign-shines



Sovereign Harbour Berth Holders Association

The Sovereign Harbour Berth Holders Association was formed in 1999 and is RYA affiliated. The Association benefits the berth holders as well as the harbour management.

Membership offers discounts from local trades people, free RNLI safety courses, workshops and other courses. Visit their website for more information: www.shbha.co.uk

Sovereign Harbour Short Mat Bowls Club

As you would expect the Club has not been able to meet since the first Covid lockdown and any hope of resuming shortly has been dashed by the Community Centre hall being required by the NHS as a vaccination station.

We are, however, hoping to resume our Wednesday afternoon meetings as soon as the hall becomes available which may not be until January when we would welcome new members.

No previous experience is required as tuition will be given nor is any specialist equipment or dress necessary save for a pair of flat soled shoes.

If you are interested in joining us please contact the Secretary Anne Newson either by e-mail at newson17@live.co.uk or by phone on 01323 472259



News from Sovereign Harbour Yacht Club

What an amazing couple of months we have had at the Yacht Club. Lots of new members have joined us and our events are pretty much fully booked each weekend. Dead Calm performed at our Party Night at the beginning of October. It was a great night with non-stop dancing.





In October we also had a Saturday night Music Quiz. These are always extremely popular. We were also delighted to welcome back local singer and saxophonist Rick Bonner who performed many hits from the 60s in the first half of the evening and then wowed us with 70s, 80s and 90s hits in the second half of the evening.

Since the early 19th century, Trafalgar Night has been celebrated each October to commemorate victory at the Battle of Trafalgar in 1805. And SHYC, along with naval vessels and yacht clubs around the world, host a 'black tie' dinner. It is steeped in tradition; the food is traditional with set speeches and prayers.





Laying Up Supper in November is the second of our 'black tie' events and a very traditional Yacht club event nationwide. It is a time to look back on what we hope will have been a season of sunny sailing and the yachtsmen lay up their boats for the winter (although some of our racers keep going all year!!). Trophies were handed out and we enjoyed a lovely meal followed by a disco.



Harveys Brewery of Lewes came to the Club to host a Port Tasting Night. We learnt about and tasted 8 different ports with some great cheeses and chocolate to accompany each one.

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Harbour Women's Institute (WI)

The Harbour branch of the W.I. meets on the second Monday of the month at 2:00pm in Sovereign Harbour Yacht Club. It also has a Craft Club with separate meetings.

If you are interested in taking part, please contact Frances Harrap on: 01323-472649.
Website: www.shra.co.uk/wi/

Harbour Exercise Classes

We are having to use Conqueror hall, just across from the harbour on the Kingsmere estate - a few of the class members are car pooling and some are still able to walk to class.

The classes are as follows: all at Conqueror Hall, Kingsmere.

Mondays: 9.15-10.10am Pilates.
10.15-11.10am 50+ pilates & fitness.

Fridays: 9.15-10.10am Pilates.

Mari-Anne is fully insured with a MSc in exercise physiology, specialising in clinical exercise and exercising with cancer.

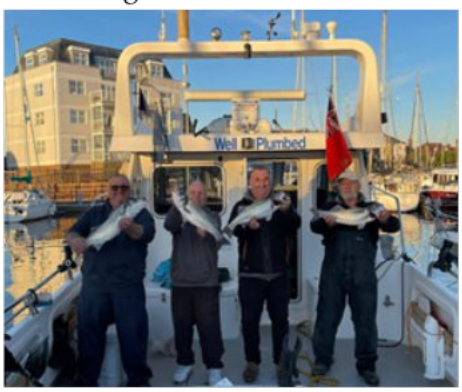
Contact: Mari-Anne Elder (fully qualified and insured).
Tel: 07748 678030.
Email:mariandy@btinternet.com

Sovereign Harbour Social Club

The Sovereign Harbour Social Club meets every Wednesday from 10:00am to 11:30am in the Simply Italian annex at The Waterfront for coffee. There are occasional outings for lunch, theatre, places of interest. All are welcome. For further details please contact Betty Saunders on 01323-479514. Website: www.shra.co.uk/shsc

With the Community Centre unable to hold their Christmas Craft Fair this year, we filled the gap a little with a smaller event in our function suite at the end of November which proved very successful.

Our club anglers have also been busy over the last few months. The channel is teeming with vast numbers of fish off Sovereign Harbour at the moment. The sea temperature is several degrees warmer than is usual at this time of the year and even yellow-fin tuna have been sighted off Sovereign Light (not allowed to catch those and you can only keep two fish per angler and the others are measured and then returned to the water). The boys have been catching bass, bream, pollack and mackerel - and some of them are HUGE!! They have had two Catch and Release Species Competitions too.



Our racers are out in the bay every Sunday morning when the weather is favourable. I am sure many of you see them on your morning walks past the Water Treatment Works with their colourful spinnakers - a truly glorious sight.



We are now looking forward to a fun packed run up to Christmas with the fabulous Sam Hughes - Sir Elton John Tribute Night at the beginning of December, a children's Christmas party with a visit from Anna from Frozen and Santa arriving by boat to deliver presents, Christmas lunch, a Christmas quiz and the year culminating in a New Year's Eve Party.

We have lots planned for 2022. The Yacht Club is a great friendly venue with plenty of events going on most weekends. So come in and have a drink, see what our club room is like and pick up a membership form.

You DO NOT have to be a boat owner to be a member.

HAPPY CHRISTMAS TO YOU ALL FROM THE TEAM AT SHYC

Ros Saunders
Social Secretary and Events Organiser



Sovereign Harbour Art Group

The Sovereign Harbour Art Group classes resumed on Thursday mornings at Christ The King Church Hall, Princes Road (Langley Roundabout) between 10:00am - 12:30pm.

Learn to paint with acrylics, oils, watercolours and pastels with an experienced art tutor in a friendly, relaxed and enjoyable environment. Fees are £10 per person for each 2.5 hour session, which covers hall hire and tuition. Annual membership fee is £6.

For more information please phone Phone Angela on 07914-884378 or visit the Art Group's web page at: www.shra.co.uk/artgroup/artgroup

Eastbourne Age Concern Walking for Wellness

ramblers at the heart of walking — walking for health

Every Thursday morning starting at 10.30am Walk length: 75 Minutes. Meet outside Seasons restaurant at 10.30am for a vigorous circular walk of up to 3 miles around the harbour, marina and shoreline. It does you good! There is some uneven ground. Ends back at cafe for refreshments. Visit website for further details.

The Garden Bar Sunday Football Team

The team plays its home games at Hampden Park, and have been champions of the Lewes and District Premiership. They have been runners-up in several knock-out cup tournaments.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or send an email to: gardenbar@hotmail.co.uk

The Priority Services Register

The Priority Services Register is a free support service to help people in vulnerable situations. Energy suppliers and network operators offer it. Each keeps their own register, although some share with each other.

It is recommended that people who may be vulnerable or at risk during severe weather should be on a Priority Services Register. Parts of the UK have recently had severe weather – our turn may be coming! Friends and relatives can assist those who may be in need of a bit of help to register, such as the elderly or people with serious medical conditions, or those who may not have internet access. Each operator can be contacted online or by phone. ***Please act now, don't wait!***

Power cuts don't happen very often but if the electricity or water supply network is damaged or develops a fault, engineers work around the clock 24/7 to restore supplies as quickly as is safely possible. Being on a Priority Services Register will ensure that extra support will be received if the customer experiences an outage. Support is likely to include:

- A priority number that you can call 24 hours a day.
- Text and voice message alerts, letting you know when they are aware of a large power cut in your area or should your water supply be interrupted.
- Tailored support if needed such as home visits, hot meals, advice and keeping your friends and relatives updated.
- Where possible they will send you text and voice messages when severe weather is expected, to help you prepare.
- In certain scenarios they may also offer a free hotel overnight and transport to the hotel.
- For complex power cuts, community welfare teams provide on-site support which includes hot drinks, hot meals, a Wi-Fi connection and charge points.

OFGEM has a summary at: www.ofgem.gov.uk/information-consumers/energy-advice-households/getting-extra-help-priority-services-register, and this includes help in finding the suppliers in your area. As various energy suppliers and network operators are active in Sussex, the following are the ones who cover most of the county, but there are some others. If you try to register with the wrong operator they will usually steer you in the right direction.

Electricity

UK Power Networks – most of the SE of England: www.ukpowernetworks.co.uk/power-cut/priority-services/about-the-priority-services-register

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Maritime Volunteer Service

The Maritime Volunteer Service (MVS) is a charity organisation which aims to promote seamanship and maritime engineering for the young and old alike through local units around the country.

Training nights are held every Tuesday evening at 19:30 in the new MVS unit within the Boat Shed. New members are always welcome, but give us a call first so we can organise for someone to greet you.

For more information, visit the MVS website or E-mail MVS or Tel: 01892-853500.

The Haven Players

The Amateur drama group based at the Memorial Hall, Dittons Road, Stone Cross. Members include Sovereign Harbour residents.

Visit their Website for details: www.havenplayers.com

Sovereign Harbour Facebook Group

An active group on Facebook with news, photos, information and other posts from Sovereign Harbour residents. www.facebook.com/SovereignHarbourCommunity

Sovereign Harbour flickr Group

The Sovereign Harbour Eastbourne Group on flickr is an on-line public gallery to view and upload photos of Sovereign Harbour. Website: www.flickr.com/groups/sovereignharboureastbourne/

SSEN – parts of the West of Sussex: www.ssen.co.uk/PriorityServices

Water
Southern Water: www.southernwater.co.uk/help-advice/join-our-priority-services-register

South East Water: www.southeastwater.co.uk/get-help/help-for-priority-customers

Towner 2021 Community Appeal

TOWNER Eastbourne

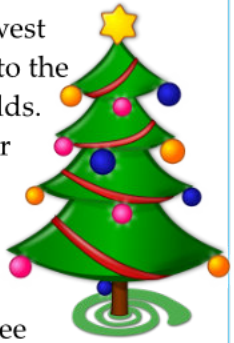
Can you help us deliver new free workshops and creative play sessions in Eastbourne?

The most vulnerable in our community continue to be impacted by the ongoing effects of the Covid-19 pandemic. Following on from our creative kit bags project, we will be running free, regular creative workshops next spring in Eastbourne's most disadvantaged areas offering enjoyment and relaxation. Click here to view Esther Collins, our Head of Learning, to tell you about our plans on YouTube:



Communities in Shinewater and Seaside will create new work together with artists — making, testing and having fun! They will learn new skills, develop their confidence in being creative and enjoy the wider benefits of creativity and creative thinking in life outside the sessions. We will also be starting new creative play sessions led by artists in Shinewater and Seaside's community spaces and in the gallery for parents with children under 4 years old.

This new initiative is born out of our emergency lockdown project when thanks to generous donors, we provided 3000 creative kit bags to 540 households in and around the town. Eastbourne is ranked 312 out of 360 in the UK Prosperity Index, putting it close to the lowest decile in the country. Shinewater and Seaside are home to the town's most socio-economically disadvantaged households. Both areas rank in the bottom 10% and 20% nationally for education, skills and training on the Indices of Multiple Deprivations, with 38% of Shinewater primary school children accessing free school meals.



Click the link below to donate. £30 will help pay for three workshops for one person or family. Please give whatever you can to help support communities and families that are struggling. Thank you!
https://cafdonate.cafonline.org/18753

Sovereign Harbour Yacht Club

SHYC EASTBOURNE

We welcome new members at any time. You don't need to own a boat. Lots of social functions and many other varied activities throughout the year.

We have great food and discounted drinks to our members and are the only club in the harbour selling Harveys beer!

Our opening hours are:

Tues–Thurs	17.00-23.00
Friday-Saturday	12.00-23.00
Sunday	12.00-18.00

Call in and speak to Sarah to view the club, or contact the membership secretary, Linda Hayler.

Tel: 01323 470888
membership@shyc.co.uk
Website: www.shyc.co.uk

The Eastbourne Historic Vehicle Club

EASTBOURNE HISTORIC VEHICLE CLUB

The Eastbourne Historic Vehicle Club Ltd. dates from 1975 and resulted from the activities of a small group of transport enthusiasts.

It is a member-involved club, run for their enjoyment and benefit. Its aims are simple and straight-forward and its activities diverse within the preservation field.

The Club meets on the fourth Thursday of each Month at Langney Sports Centre. Details on our website: www.ehvc.biz

The Harbour W.I.

On Monday the 11th October the Harbour WI held its 14th Birthday meeting. At a fun afternoon 50 members sat down to tea and cakes supplied by the catering committee. There was also a quiz organised by joint President Jackie Stevens and a table quiz during tea set by Treasurer Marion Charlton. President Sandie Goman then did a 'Handbag Bingo' which was very much enjoyed by everyone. Cards and poppies were on sale with the proceeds going to charity.

The November 8th meeting was the Annual Meeting and 45 members attended. Outgoing President Sandie Goman welcomed two new committee members and a new President, Jacquie Frost. Two committee members stood down and were thanked for their time on the committee and presented with gifts.

In her President's Address Sandie Goman thanked everyone who had helped to make the Harbour WI a continuing success and especially for everyone's help during the difficult time of the pandemic.

The new President Jacquie Frost then thanked Sandie for her 4 years as President which was extended because of the lockdown restrictions and presented her with a beautiful orchid. The meeting finished with thanks to Sally Pulling who oversaw the election of the President in her capacity as WI Adviser.

The next meeting is on the 13th December at 2pm in the Sovereign Suite of the Sovereign Harbour Yacht Club. It will be the Christmas meeting – with Christmas fare!

Information on the Harbour WI can be found on our webpages hosted on the SHRA website: www.shra.co.uk/wi



RNLI

The All-weather lifeboat 'Diamond Jubilee', based in Sovereign Harbour, has been called out on service forty-four times so far in 2021. At time of writing, the most recent service call was on 14th November 2021 when the volunteer crew were paged at 4:25pm by HM coastguard after reports of a broken-down vessel near Fairlight. Once they had arrived, with the casualty vessel Mark Sawyer, the Coxswain assessed the situation and decided that the safest option would be to tow the vessel to the nearest safe harbour which was Sovereign Harbour.

The annual carols with the crew concert is scheduled to take place on the 19th December at 2:30pm at The Waterfront.

The RNLI shop housed at the old lifeboat station on King Edward parade has a variety of 2022 calendars and diaries that will be reduced by 25% from the 1st December. The main sale begins on the 1st January. The shop is open daily between 10am and 4pm. The shop volunteers would like to thank all the customers who have supported the RNLI through out the year and wish them a merry Christmas.

Sovereign Harbour Bridge Club

Learn Bridge, Play Bridge



We hold our duplicate bridge sessions every Tuesday and Thursday, in the first floor bar of the Sovereign Harbour Yacht Club.

Please arrive by 13:15, for a prompt 13:30 start. Hosts are provided, so a partner is not necessary.

We are running improvers lessons on a Thursday afternoon, starting at 14:30. It is never too late to join in with them.

Please visit our web site for more information: www.bridgewebs.com/sovereignharbour/

Save The DGH

Working since 2006 to fight the down-grading of core services at Eastbourne District General Hospital.

Core services include:

- Consultant delivered obstetrics;
- Acute medical admissions 24/7;
- Urgent surgical admission 24/7;
- Accident and emergency 24/7;
- Acute psychiatric service 24/7;
- Paediatric ambulatory service

And, all in-house services essential for the function of the core services.

Web site: ww.savethedgh.org.uk

Discounts for SHRA Members

The local companies listed below have kindly agreed to offer a discount to SHRA members on production of a SHRA life membership card. We hope this encourages you to support these local businesses.



Discounts are offered at the the discretion of the proprietors. A usual discount is a 10% reduction. Terms and conditions may apply (e.g. may apply only to food or eating in and/or only on certain days). Please let us know of any difficulties.

• **Active Days Mobility Services**. Repairs and maintenance of mobility devices. 01424 532620 www.activedaysmobility.co.uk

• **AP-it**. Computer health-checks, upgrades, data backup. Tel: 01323 887894 www.ap-it.co.uk

• **Boatshed Brighton** - 10% off brokerage through Boatshed, Sussex' most highly rated yacht brokers. 079200 22540 timkingston@boatshed.com https://brighton.boatshed.com

• **CoCo Hair** - Hair and beauty salon. The Waterfront, Sovereign Harbour. Also require proof of Harbour address. 01323 471147 www.cocohair.co.uk

• **Curry Leaf Restaurant.** On eating-in food costs. 8 Susans Road. Tel: 01323 727900 www.just-eat.co.uk/restaurants-curryleaf-bn21/

• **Listening to You.** Discount on Counselling services. Strictest confidence. 07976 399 998 www.listening-to-you.co.uk

• **Pablo's Restaurant.** The Waterfront. On food costs only. Telephone: 01323 470400. www.pablos-eastbourne.co.uk

• **Simply Italian Restaurant.** The Waterfront. Discount on food costs only. 01323 470911 www.simplyitalian.co.uk

• **Sea Training Sussex (STS)**. On-line, shore-based and on-water powerboat and sailing courses. Discount on some training courses. Telephone: 07713 639066 www.seatrainingsussex.co.uk

• **Waste-Hub** provide a hassle-free solution for the collection of your loose domestic or commercial waste. With one-off or regular collections available. £10 off a waste collection for SHRA members (single item collections not included). 01323 654 655 or 07470 868 101 www.waste-hub.uk

www.shra.co.uk/join



Pevensey Bay Sailing Club

Friendly, family orientated dinghy sailing and windsurf club, 10 minutes walk along the beach from the harbour. General sailing, training at all levels and regular club racing and social events.

We welcome beginners and experienced sailors alike and we sail at the weekends and on Tuesday & Thursday evenings in the summer. Our clubhouse offers hot food and a bar at the weekends, and a sun terrace with stunning views over the bay to Bexhill and Hastings. Do come and have a look round the club at any time or contact the membership secretary by email: membership@pbsc.eu Website: www.pbsc.org.uk

The Garden Bar Golf Society

We meet once a month for a day's golf at high quality courses. Current members cover a wide range of abilities, with handicaps ranging from 6 to 28 and, although the golf is important, the social aspects of the day are equally significant.

For more information, call in to the Garden Bar at The Waterfront, Sovereign Harbour, or send us an e-mail gardenbar@hotmail.co.uk

Residents of Sovereign Harbour Facebook Group

An active group on Facebook with news, photos, information and other posts and discussions from Sovereign Harbour residents. www.facebook.com/groups/129998750673307/

Cooking with Faz Razeen

Irish Stew

Irish stew is a lamb, mutton or beef with root vegetable stew native to Ireland. As in all traditional folk dishes, the exact recipe is not consistent from time to time, or place to place. Basic ingredients include lamb, mutton or beef, as well as potatoes, onions, leeks and parsley. It may sometimes also include carrots. My recipe below is made with beef.

Ingredients

1 tbsp Olive oil or any cooking oil

500g lean stewing beef, cut into thick chunks

2-3 garlic cloves finely chopped

2 large potatoes cut into chunks

2-3 carrots cut into chunks

1 large leek cut into thick slices

600-700ml beef stock, (made with 1½ or 2 stock cubes)

1 glass of red wine (optional)

Handful of peas

Handful of chopped parsley



Method

Heat cooking oil in a large saucepan, add chopped garlic stewing beef chunks, ensure to turn the well to ensure meat is until browned.

Add the onions, carrots and stock. season with pepper (do not add salt as beef stock will have sufficient salt).

Bring to the boil and then immediately reduce the heat and let it simmer for 2 hours, leave the saucepan partially covered.

Check the level of stock occasionally, if necessary, top-up more.

When the meat is tender, add the potatoes and cook for about 20 minutes until tender.

Finally, stir the peas into the stew and cook for further 4 minutes.

Serve with chopped parsley. This is an ideal dish to dip in with crusty bread.

Sovereign Harbour Photoclub UK

The Sovereign Harbour Photoclub UK meets on Tuesday evenings from 7pm over coffee, in the Sovereign Harbour Yacht Club. Prospective members of all abilities, from beginners to professionals are welcome.

The objective of the club is help our members take better photographs with camera or smart-phone and to increase members knowledge and ability through projects, exhibitions and competitions, supported by talks and demonstrations. Young photographers especially welcome.

If interested in taking part, please e-mail Bob Stanborough (club secretary) at: shpcuk@outlook.com with your name and a daytime telephone number.

Royal Sovereign Bowls Club

Situated at the bowling greens in Princes Park, there is seating for non-bowlers and spectators around both of the greens.

Open daily from the end of April until end of September each year.

New members, whether new to the game or who have played previously, are welcome. Please visit our website for more details royalsovereignbowls.wordpress.com

2022-23 Policing Priorities and Funding Survey

Sussex Police and Crime Commissioner Katy Bourne is asking Sussex residents about the crime and community safety issues that matter to them, their experience of contacting police, and about police funding.

She said: "I want to know which issues matter most to people, and ask what can be done to address them by all our local partners working in collaboration with the police. This helps me set the local policing priorities for the Chief Constable to address as set out in my Police and Crime Plan.

"As the elected Sussex Police & Crime Commissioner I am also responsible for securing the annual budget for Sussex Police, which consists of an annual Government Grant and the police precept element of your council tax (which makes up 41% of the total).

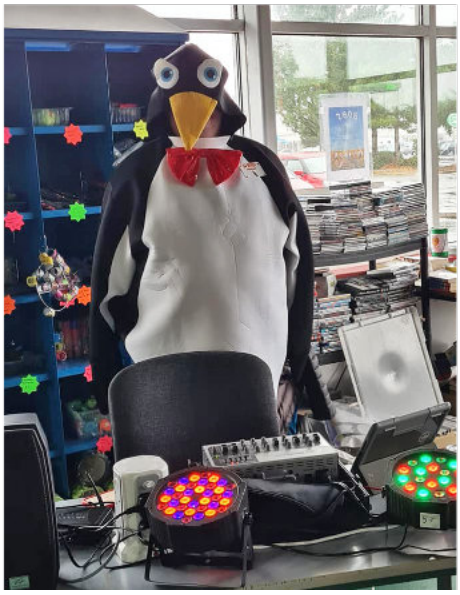
"All of us, including our public services, face rising costs from inflation, so if we want to sustain levels of neighbourhood policing in Sussex, take more offenders off the streets and protect communities, we will need to consider increasing the precept next year. I know that any increase next year will be challenging on top of other costs, but households still pay less for policing in Sussex than most counties, where the precept remains one of the lowest in the country at 31 out of 37."
Click this link to have your say at: https://sussexpolice.researchfeedback.net/s/precept2223
If you prefer, you can find more info and the survey link on the PCC's website www.sussex-pcc.gov.uk

The closing date for this survey is 9th January 2022.

Defiant Sports Christmas Event

This Christmas, you're invited to celebrate with Defiant Sports! Join them in the **Inclusion Hub at Sovereign Harbour (the previous video shop) on the 4th December 11am-1pm** for Christmas fun, including a raffle, tombola, Christmas music from DJ Mikey, cakes, sports (football and cricket), local organisations, and more!

So far, WRAS and Swoove with Jo are set to join us for this fun, festive day. The event will be free to attend, so bring along all the family for an inclusive Christmas gathering. If you have any questions, get in touch with us on info@defiantsports.org.uk or call 07887 755 856. We hope to see you there!





Christmas Services at St Richard's, Langney.

St Richard's Church, Langney, The C of E Parish Church for Sovereign Harbour & Langney, would like to extend a very warm welcome to all in the community to attend any of our Christmas services.



Saturday 4th December – 4.00pm - Community Carol Service

Sunday 19th December – 3.00pm – Christingle Service

Friday 24th December – 6.30pm – Crib & Teddy Bear Service
(Bring a favourite cuddly toy to keep you company)

11.30pm – Midnight Mass

Christmas Day – 10.00am – Family Communion Service

Boxing Day – 10.00am – Holy Communion Service

If you are coming to one of our Christmas services and can afford to do so, please bring a new, unwrapped toy, which during the year will be given as a birthday present to a child who might otherwise not receive one.

Sovereign Harbour Photoclub UK

As we move through autumn and into winter our landscapes change and the light changes with it. Always a challenge for photographers to get it right and a opportunity for something different.

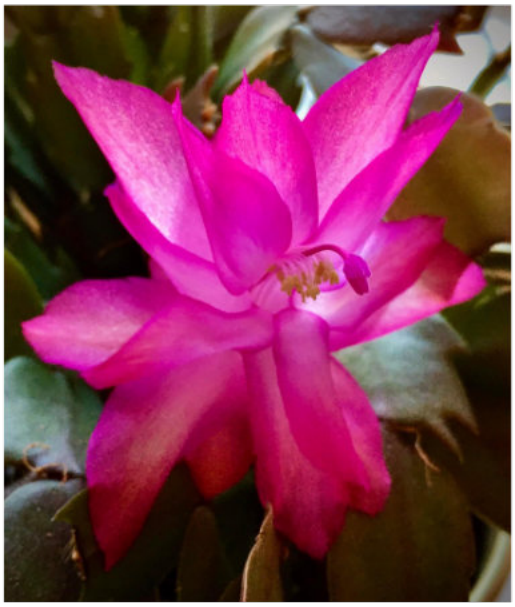
Our club has also introduced an additional challenge of using a smart phone to capture some images, which if nothing else proves just how good smart phone cameras are these days. I captured the image below off my balcony at home and the ever changing skies in that view never cease to amaze me.



Continued on page 13

Our members have been keeping themselves busy with our challenges on our facebook site. We post any pictures that we particularly like and want to share with others and the one with the most 'likes' at the end of the month gets posted at the head of our facebook page for the next month. Plenty of great shots there to view anyway, so check it out for yourself.

We have also been viewing tutorial videos on a Tuesday evening meeting at our home venue at the Sovereign Harbour yacht club. We recently viewed "5 ways to improve your photography", which recommends you have a file of your pictures that you are particularly proud of and a file of any other pictures (perhaps off the internet) which you also like. Its the very easy to compare what you are currently doing with what you just like. Its actually quite surprising how they can vary and give inspiration for your own pictures. We also had a tutorial on 'macro photography', (close ups) of anything really and the best way of achieving excellent results. Below is one of George's flower pictures, Simple but very effective.





It goes without saying that when you're asking about 'macro', the inevitable insect pictures come to the fore and our member Roger certainly excels in that field, always keeping us up to date with his latest techniques.. Above is one of his many outstanding recent contributions. Ultimately, taking pictures is about expressing yourself and what you find captures your interest. Ultimately something you want to record for either sharing with others or simply reflecting back to in the future. Our member John did just that with his autumn theme in France (below).



As a club we have some exiting news, in that our friends at the Sovereign Harbour Yacht Club, who have always been very supportive of us over the years, have offered to take our club on board as part of the Yacht club 'family'..

This means that as from 1st January, to be a member of Sovereign Harbour Photo club, you simply have to be a social member of the Yacht club, with their annual membership, giving you full use of all their facilities and functions. This equates to only £1.62 per week, which is fantastic value and now gives us the opportunity to meet up any time with club members and exchange our photography experiences. That said we will currently continue with a formal Tuesday evening meeting anyway, but does open up lots of opportunities for us.

If you are interested in joining an enthusiastic group of like minded photographers, please contact me (Bob Stanborough) (SHPC secretary) at shpcuk@outlook.com.

It doesn't matter what camera you have (even just a smart phone), and we will do our best to help you get the very best out of your photography.

Hope to see you there soon

Bob Stanborough (secretary)

Sovereign Harbour 1992



Photo from PCDL on-line presentation November 2021

HEAR LIVE MUSIC to WELCOME CHRISTMAS 2021

We invite you to enjoy the live Christmas music of

POLYPHONY VOCAL ENSEMBLE

Bring a face covering & friends!



CHURCH OF CHRIST THE KING BN23 6HT

Proceeds to "The Eastbourne Blind Society" & "The Church"
Entry is £ 8.00 per person.

ON SUNDAY 12 December 2021 12/12/21

Come between **6.30pm & 6.50pm** *our concert is* ***at 7.00pm***

Correct cash OR contactless card will be accepted.
Covid restrictions permitting we would love your support.

In the sad event of cancellation

OR huge over subscription we must be able to notify you.

Therefore phone your email to the EBS on 729511 by November 30th. Then we could get in touch with you.

OUR WISH - A PEACEFUL CHRISTMAS FOR ALL -

This short concert of traditional & modern Carols will last approx. 60 minutes

Order your fish for Christmas

Join us on Saturday 4th December between 12 and 5.00pm to order your 'Fish for Christmas' box...

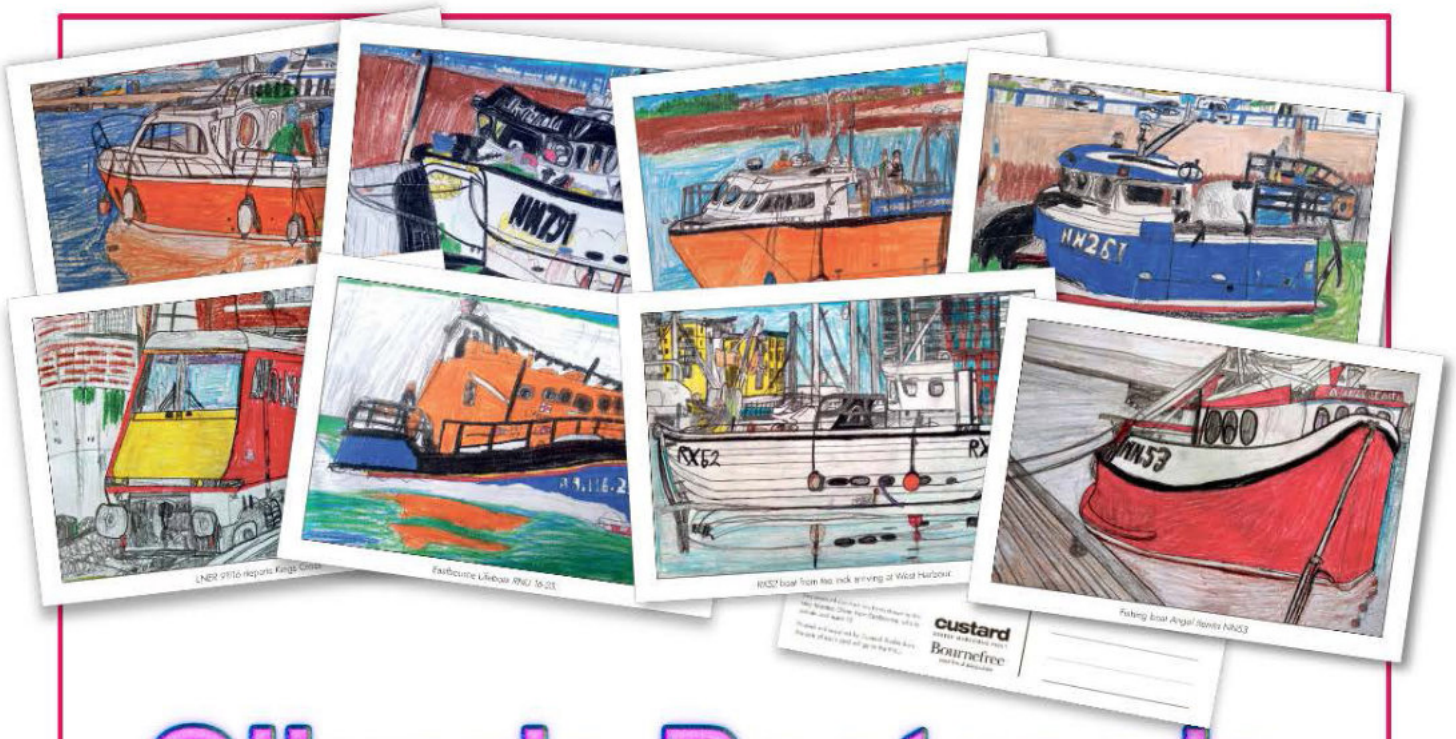


Pop along and join us for a glass of bubbly and an afternoon of fishy fun, music, competitions AND great savings!

- Order your 'Fish for Christmas' box
- 10% discount on ALL purchases
- Discover and sample our local deli and smoked items
- Mulled wine and mince pies
- Meet your local Quay Fisheries team
- Festive music and fun
- Win a hamper competition
- Ask about our in-house smokery
- Local fish and so much more
- Support the local fishing fleet

Quay Fisheries
(behind The Harvester)
The Waterfront
01323 379590
office@quayfisheries.co.uk
www.quayfisheries.co.uk

FISHMONGERS
Quay Fisheries
SMOKERY & DELI



Oliver's Postcards

A set of eight professionally printed postcards for a £10 donation to Eastbourne RNLI

The colourful images have been drawn by the very talented Oliver from Eastbourne, who is autistic and aged 12.

Available from Langney Community Library or send an email to

pete@bournefreemag.co.uk

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